

15TH ANNUAL MEETING OF THE EUROPEAN DELIRIUM ASSOCIATION

XXVI CONGRÉS DE LA
SOCIETAT CATALANA DE
GERIATRIA I GERONTOLOGIA

NOVEMBER 16-17-18-19, 2021 • VIRTUAL



THE ODYSSEY OF DELIRIUM ACROSS CLINICAL AND RESEARCH SETTINGS



EUROPEAN
DELIRIUM
ASSOCIATION



SOCIETAT CATALANA DE
GERIATRIA I GERONTOLOGIA



L'Acadèmia

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I DE LA SALUT DE CATALUNYA I DE BALEARIS



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Barcelona, April 28th, 2021

It is our pleasure to announce the **2021 edition of the European Delirium Association (EDA)** annual meeting, which will be held in **Barcelona on the 17-19 of November of 2021**. Due to the uncertainty about the pandemic situation, the conference will be virtual.

Since 2006, the EDA annual meeting has progressively grown, to become an essential meeting for the broad and cross-sectional healthcare and research sectors interested in delirium. The last editions of the meeting have brought together more than 300 professionals from Europe, North America and Australia and, increasingly, from South American and Asia. This trend will surely increase further with this new edition. The dramatic events related to the COVID-19 pandemic have stressed even more the need of providing a high quality evidence-based care to vulnerable persons. Delirium has an high incidence and prevalence in COVID-19 patients, and clearly many healthcare systems were not adequately prepared to correctly detect and manage it.

The 2021 meeting will be co-hosted and co-organized with the Catalan Society of Geriatrics and Gerontology, a historical society with 40 years of history in the region around Barcelona, dedicated to research on aging and the care of older persons. This partnership with the EDA will replace the annual meeting of this local society. Other local societies, such as the Catalan Society of Intensive and Critical care Medicine, the Catalan Society of Psychiatry and Mental Health and the Catalanobalear Society of Nursing, also support this event.

Delirium occurs across many patient populations and settings – therefore we have based the programme around a “patient journey” to allow us to highlight a broad view from public

health, primary care, acute hospitals, and recovery. Delirium in COVID-19 patients will find also a relevant spot in the program.

We will also host two important pre-conference events on November 16: A teaching day aimed predominantly at local healthcare providers and a pathophysiology symposium aimed at preclinical and clinical researchers interested in understanding the mechanisms driving delirium. These events have generated significant interest in recent years and have broadened the audience of the conference.

We are convinced that this 2021 conference will be a breakthrough event in increasing awareness, and biological understanding, of this very prevalent syndrome, which affects up to 20% of hospitalized patients. Delirium represents a significant burden for patients, for caregivers and for society, from clinical, economic and quality of life viewpoints, and we urgently need to implement effective and efficient strategies for its prevention and management.

In the coming weeks, you will receive the preliminary program and all the information related to the Congress.

Marco Inzitari

President of the EDA 2021 Organizing Committee
President of the Catalan Society of Geriatrics and
Gerontology and Gerontology

Arjen J.C. Slooter

President of the European Delirium Organization

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TEACHING DAY - Tuesday 16th (CET Time)

Chairs ▶ Neus Gual. Geriatrician
Esteban Sepúlveda. Psychiatrist

15:30-16:00 **Diagnostica delirium en los distintos entornos / Diagnosing delirium in different settings**
▶ José Franco & Esteban Sepúlveda. Psychiatrists

16:00-16:30 **Neuropsicología del delirium / Delirium neuropsychology** ▶ Ana Gaviria. Neuropsychologist

16:30-17:00 **Humanización de las unidades de curas intensivas y otras medidas terapéuticas no farmacológicas para el manejo de delirium en UCI / Humanization of Intensive Care Units and other non-pharmacological therapeutic measures for delirium in the ICU**
▶ Jesús Caballero. Intensivist

17:00-17:30 **Prevenir el delirium en urgencias / Preventing delirium in the Emergency Department**
▶ Laia Casas Llopart. ED nurse

17:30- 18:00 *Break*

18:00-18:30 **Tratamiento farmacológico de los síntomas del delirium: papel de los antipsicóticos y otras propuestas terapéuticas / Pharmacological treatment of delirium symptoms: role of antipsychotics and other treatment options** ▶ Leire Narvaiza. Psychiatrist

18:30-19:00 **Manejo del delirium mediante terapia ocupacional y fisioterapia / Managing delirium with occupational and physical therapy** ▶ M. Gracia Carpena. Occupational therapist

19:00-19:30 **Delirium y cirugía: intervenciones pre, intra y postquirúrgicas para prevenir el delirium**
Delirium and surgery: pre, intra and post-surgical approach to prevent delirium
▶ Lucía Lozano. Geriatrician

19:30-20:00 **Aspectos éticos del manejo de la persona con delirium / Ethical aspects of managing persons with delirium** ▶ Montse Esquerda. Pediatrician, psychologist, bioethicist

EDA satellite symposium - Tuesday 16th (CET Time)

14:00-15:15 **DELIRIUM PATHOPHYSIOLOGY**

Chair ▶ Colm Cunningham

14:15 *Brain dynamics, inflammation and delirium*

Speaker ▶ Dr. Robert Sanders

14:35 *Delirium & Neuroinflammation – Human in vivo neuroimaging*

Speaker ▶ Dr. Nienke Peters van Ton

14:55 *Neurological and Neuropsychiatric complications of COVID-19 Q&A*

Speaker ▶ Dr Benedict Michael

15:15- 15:30 *Break*

15:30- 17:00 **DELIRIUM PATHOPHYSIOLOGY (continue)**

15:35 *Synaptic loss in a trauma-induced delirium-like syndrome*

Speaker ▶ Dr. Tobias Boeckers

15:55 *Overlapping CSF pattern in synaptic function-related proteins in patients with delirium and Alzheimer's disease*

Speaker ▶ Dr. Wilson F. Abdo

16:15 *Hypersensitivity of multiple cell types in the Amyloidogenic brain leads to disproportionate responses to acute inflammatory insults*

Speaker ▶ Dr. Colm Cunningham

16:40 *Panel Discussion*
Q&A with all speakers

17:00 *Close*

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AUDITORIUM - Wednesday 17th (CET Time)

15:30-15:40 **Welcome**

- ▶ **Professor Arjen Slooter**, President of the EDA
- ▶ **Marco Inzitari**, Chair of the Local Organizing Committee.

15:40-16:30 **Session 1. Impact of delirium on the society and on healthcare services**

Chair ▶ **Alasdair M J MacLulich**

Edinburgh Delirium Research Group, University of Edinburgh

15:40 **Impact and costs of delirium on the society**

Speaker ▶ **Gideon Caplan**, *Sydney, New South Wales Australia*

16:05 **Potential impact of delirium on lower and middle income countries**

Speaker ▶ **Barbara Kamholz**, *Department of Psychiatry, University of California, San Francisco, USA*

16:30-17:00 **Session 2. Co-production and implementation in the community:**

Lessons from the Greater Manchester community delirium toolkit

Speakers ▶ **Emma Vardy**, *Consultant Geriatrician Northern Care Alliance NHS Foundation trust and Honorary Senior lecturer University of Manchester, United Kingdom*

Helen Pratt, *Project Manager/registered mental health nurse, Dementia United, Greater Manchester Health and Social Care Partnership, United Kingdom*

17:00- 17:30 Break & Poster Viewing

ROOM 1 - Wednesday 17th (CET Time)

15:40-16:50 **Oral presentations from submitted abstracts**

Chair ▶ **Sarah Richardson**

Clinical: Complex needs

15:40 **The relationship between pain and delirium in older hospital inpatients. Systematic review and meta-analysis of the impact of analgesics**

Speaker ▶ **Elizabeth Sampson**, *University College London, UK*

15:50 **Evaluation of bedside attention and arousal measures in delirium superimposed on Lewy body disease and dementia**

Speaker ▶ **Rachael Lawson**, *Translational and Clinical Research Institute, Newcastle University, UK*

16:00 **"SENSE LLIGAMS": The consolidation of a project to reduce physical restraints in an intermediate care hospital**

Speaker ▶ **Cristina Udina**, *Parc Sanitari Pere Virgili, Barcelona, Spain*

16:10 **Early and preventive treatment decreases the incidence and duration of delirium**

Speaker ▶ **Eugenia Sopena**, *Hospital Sociosanitario Francoí, Tarragona, Spain*

16:20 **Cognitive function and psychotropic drugs at intermediate care in the covid-19 pandemic: comparison of a cohort before and during covid-19**

Speaker ▶ **Gloria Bravo**, *Corporació Sanitària Universitària Parc Taulí, Sabadell, Spain*

16:30 **The relationship between pain and delirium in older hospital inpatients. Systematic review and meta-analysis**

Speaker ▶ **Emily West**, *University College London, UK*

16:40 **Delirium in people with severe mental illness: a retrospective cohort study**

Speaker ▶ **Yehudit Bauernfreund**, *University College London, UK*

17:00- 17:30 Break & Poster Viewing



AUDITORIUM - Wednesday 17th (CET Time)

17:30-18:30 **Keynote Lecture**

- Chair ▶ **Marco Inzitari**. *Parc Sanitari Pere Virgili, Barcelona, Spain*
Frailty and delirium: new insights as keys for diagnosis, prognosis and treatment
- Speaker ▶ **Kenneth Rockwood**. *Division of Geriatric Medicine, Dalhousie University, Halifax, Canada*

18:30-19:30 **Session 3. Delirium and dementia in primary care and in the community**

- Chair ▶ **Stefan H. Krisel**. *Division of Geriatric Psychiatry Evangelisches Klinikum Bethel, Bielefeld, Germany*
- 18:30 **Epidemiology of delirium and dementia in the community**
Speaker ▶ **Daniel Davis**. *LMRC Unit for Lifelong Health and Ageing University College London, United Kingdom*
- 18:50 **Delirium and dementia: overlap and differences**
Speaker ▶ **Alessandro Morandi**. *Hospital Le Ancelle, Cremona, and Parc Sanitari Pere Virgili, Barcelona*
- 19:10 **Living labs in dementia, a new perspective to assess vulnerable persons**
Speaker ▶ **Jan PH Hamers**. *Maastricht University, The Netherlands*

19:30 **European Delirium association AGM**

ROOM 1 - Wednesday 17th (CET Time)

18:30-19:30 **Oral presentations from submitted abstracts**

- Chair ▶ **Roberta Esteves Vieira de Castro**
Delirium in acute care
- 18:30 **Positive 4AT Score Is Linked To Mortality, Length of Stay and Home Time: A Two-Centre Study of 82,770 Emergency Admissions**
Speaker ▶ **Temí Ibitoye**. *University of Edinburgh, UK*
- 18:40 **Heterogeneity in design and analysis of ICU delirium randomized trials: a systematic review**
Speaker ▶ **Elizabeth Colantuoni**. *Johns Hopkins University, USA*
- 18:50 **Impact of delirium in elderly patients hospitalized for Covid-19 and evolution at three months**
Speaker ▶ **Margarita Sanchez-Arcilla**. *Hospital Universitario Vall Hebrón, Barcelona, Spain*
- 19:00 **Atypical delirium and severe COVID-19. Uncoding unspecificity**
Speaker ▶ **Miguel Alonso**. *Hospital Universitario de La Princesa, Madrid, Spain*
- 19:10 **Follow-up of an Observational Cohort of Postoperative Delirium in an Older Elective Arthroplasty Population ? Protocol and Recruitment Update**
Speaker ▶ **Aoife Sweeney**. *Centre for Public Health, Queens University Belfast, Belfast, UK*

19:30 **European Delirium association AGM**

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AUDITORIUM - Thursday 18th (CET Time)

15:30-17:00 **Parallel Session 1. Delirium in the ER**

Chair ▶ **Emma Cunningham**. *Academic geriatrician. Queen's University Belfast & Belfast Health and Social Care Trust. Ireland*

15:30 **How nurses and other professionals could recognize delirium**
Speaker ▶ **Wolfgang Hasemann**. *Department of Practice Development Universitätsspital Basel Switzerland*

16:00 **Delirium outcomes**
Speaker ▶ **Jin Ho Han**. *Vanderbilt University Medical Center, Tennessee, USA*

16:30 **Is there a role for an occupational therapy intervention?**
Speaker ▶ **Ide O'Shaughnessy**. *University College Cork, Ireland*

17:00- 17:30 Break & Poster Viewing

ROOM 1 - Thursday 18th (CET Time)

15:30-17:00 **Parallel Session 1. Delirium in the hospital**

Chair ▶ **Ester Risco**. *Head of Research, Innovation and Education of the Nursing Department, Parc Taulí Hospital, Sabadell, Catalonia, Spain*

15:30 **Results of the delirium day Italian-Catalan initiative**
Speaker ▶ **Giuseppe Bellelli**. *Head of the Acute Geriatric Unit, San Gerardo Hospital, Monza, Italy*

16:00 **Delirium in COVID-19 patients**
Speaker ▶ **Neus Gual**. *Geriatrician, REFIT Research group, Parc Sanitari Pere Virgili and Vall d'Hebrón Research Institute (VHIR), Barcelona, Spain*

16:30 **Delirium pathophysiology in acute medical wards**
Speaker ▶ **Thomas Jackson**. *Clinician Scientist and Visiting Consultant in Geriatric Medicine, Institute of Inflammation and Ageing, University of Birmingham, United Kingdom*

17:00- 17:30 Break & Poster Viewing

17:30-19:00 **Parallel Session 2. Delirium in orthogeriatrics**

Chair ▶ **Maria Krogseth**. *Oslo Delirium Research Group, University of Oslo, Norway*

17:30 **Delirium in the elderly, hip fracture?**
Speaker ▶ **Esther Oh**. *John Hopkins University, USA*

18:00 **Pathophysiology /CSF-studies in hip-fracture patients**
Speaker ▶ **Leiv Otto Watne**. *Oslo Delirium Research Group, University of Oslo, Norway*

18:30 **Delirium associated with surgical procedures and anesthesia**
Speaker ▶ **Katarzyna Kotfis**. *Poland*

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AUDITORIUM - Thursday 18th (CET Time)

17:30-19:00 **Parallel Session 2. Delirium in ICU**

Chair ▶ **Anachiara Marra**. *Department of Neurosciences, Reproductive and Odontostomatological sciences. University of Naples Federico II, Italy*

17:30 **Strategies to reduce delirium when optimizing ICU comfort and safety**

Speaker ▶ **John Devlin**. *Bouve College of Health Sciences, Northeastern University, Brigham & Women's Hospital, Boston, USA*

18:00 **Non-pharmacological interventions to prevent ICU delirium; a multicenter stepped wedge cluster randomized controlled trial**

Speaker ▶ **Paul Rood**. *Department of Intensive Care Medicine, Radboud University Medical Center, Nijmegen, the Netherlands*

18:30 **Frailty and Delirium in ICU patients with and without COVID-19**

Speaker ▶ **Rakesh Arora**. *University of Manitoba, Winnipeg, Manitoba, Canada*

19:00-20:00 **Parallel Session 3. Workshop session. QI 'clinic', helping people progress and ask questions about their local projects**

Speakers and moderators ▶ **Susanne Timmons, Jim Rudolph**. *Centre for Gerontology and Rehabilitation, School of Medicine @ St. Finbarr's Hospital, Cork City, Ireland*

▶ **Jim Rudolph**. *Brown University, USA*

20:00-20:30 Social event (quiz, interaction etc)

ROOM 1 - Thursday 18th (CET Time)

19:00-20:00 **Oral presentations from submitted abstracts**

Chair ▶ **Colm Cunningham**. *Institute of Neuroscience, Trinity College Dublin, Ireland*

Professionals & education

19:00 **ICD-coding of delirium in medical records among hospitalized older adults. A longitudinal follow-up study of the Hordaland Health Studies**

Speaker ▶ **Irit Titlestad**. *University of Bergen, Norway*

19:10 **The 4AT test as a teaching tool for delirium in medical students**

Speaker ▶ **Sergio del Fresno**. *Unitat Docent Sant Pau, Universitat Autònoma Barcelona, Spain*

19:20 **Assessing recovery from delirium: an international survey of 199 healthcare professionals involved in delirium care**

Speaker ▶ **Haruno McCartney & Erin Noble**. *Usher Institute, University of Edinburgh, Edinburgh, Scotland, UK*

19:30 **Doctor**

Speaker ▶ **Claire Pryor**. *Northumbria University, Newcastle upon Tyne, UK*

19:40 **Knowledge on delirium of an interprofessional team in a nursing home setting**

Speaker ▶ **Christian Pozzi**. *University of Applied Sciences and Arts of Southern Switzerland*

19:50 **Family caregivers' knowledge of delirium in a Psychogeriatric Unit: a cross-sectional study**

Speaker ▶ **Irene Carrillo Arnal**. *CSS Sant Jaume - Hospital de Mataró, Consorci Sanitari del Maresme, Mataró, Barcelona, Spain*

20:00-20:30 Social event (quiz, interaction etc)



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AUDITORIUM - Friday 19th (CET Time)

15:00-16:00

Session 4. Delirium in stroke patients and advanced diseases

Chair ▶ **Sylvie De Raedt**. *Department of Neurology, Vrije Universiteit, Brussels, Belgium*

15:00 **Clinical screening and risk factors**

Speaker ▶ **Terry Quinn**. *Institute of Cardiovascular & Medical Sciences, University of Glasgow, United Kingdom*

15:30 **Advances in the management of delirium at the end of the life**

Speaker ▶ **Meera Agar**. *University of Technology Sydney, New South Wales, Australia*

16:00-17:00

KEYNOTE LECTURE

Chair ▶ **Arjen Sooter**. *President of the EDA*

What anaesthesia can teach us about delirium

Speaker ▶ **Michael Avidan**. *Professor of Anesthesiology, Psychiatry, and Surgery, Washington University in St. Louis School of Medicine, USA*

17:00-17:30

Break & Poster Viewing

ROOM 1 - Friday 19th (CET Time)

15:00-16:00

Oral presentations from submitted abstracts (5 for 10' each)

Chair ▶ **Emma Cunningham**. *Academic geriatrician, Queen's University Belfast & Belfast Health and Social Care Trust, Ireland*

Interventions & follow-up

15:00 **Overview and Strategy Analysis of Technology-Based Nonpharmacological Interventions for In-Hospital Delirium Prevention and Reduction: Systematic Scoping Review**

Speaker ▶ **Chan Mi Kim**. *University of Twente, Enschede, The Netherlands*

15:10 **A standardised, bundled approach for the detection and management of delirium in patients admitted to elderly care wards**

Speaker ▶ **Marie Lawrence**. *University Hospital Coventry Warwickshire, UK*

15:20 **Implementation and Evaluation of a Palliative Care Inpatient Unit's Delirium Guidelines: A Service Improvement Project**

Speaker ▶ **Catrina Jackson**. *Leeds Teaching Hospitals NHS Foundation Trust, UK*

15:30 **The Delirium Follow Up Service**

Speaker ▶ **Victoria Macrae**. *NHS Ayrshire and Arran, UK*

15:40 **Delirium in patients of an intermediate geriatric care unit. A retrospective transversal study**

Speaker ▶ **Maria Eugenia Campollo**. *Consorci Hospitalari de Vic, Barcelona, Spain*



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AUDITORIUM - Friday 19th (CET Time)

17:30-18:00

Session 5. Delirium from a management perspective

Chair ▶ **Oriol Fuertes**. *Leader of Integrated Care at the La Unió Catalana d'Hospitals (UCH) and CEO of QIDA*

Debate with local policy-makers and managers

Speaker ▶ **Adela Zabalegui**. *Nursing Research Director, Hospital Clinic, Barcelona*

Speaker ▶ **Mònica Botta**. *Medical Director, Granollers Hospital Foundation*

Speaker ▶ **Jordi Varela**. *Professor, ESADE Business School and Catalan Society of Healthcare Management*

18:00-19:30

Parallel Session 4. Geriatric care

Chair ▶ **Alessandro Morandi**. *Hospital Le Ancelle, Cremona, and Parc Sanitari Pere Virgili, Barcelona*

18:00 **Delirium epidemiology and outcomes in the nursing home**

Speaker ▶ **Maria Krogseth**. *Norway*

18:30 **Occupation therapy and delirium**

Speaker ▶ **Evelyn Alvarez**. *Occupational therapist, Chile*

19:00 **Delirium & other geriatric syndromes at home**

Speaker ▶ **Enrico Mossello**. *Geriatric Department, Careggi University Hospital, Florence, Italy*

ROOM 1 - Friday 19th (CET Time)

17:30-18:00

Oral presentations from submitted abstracts (3 for 10' each)

Chair ▶ **Giuseppe Bellelli**. *Head of the Acute Geriatric Unit, San Gerardo Hospital, Monza, Italy*

Pathophysiology & technology

17:30 **Plasma neurofilament light chain protein as a predictor of days in delirium and deep sedation, mortality and length of stay in critically ill patients**

Speaker ▶ **Valerie Page**. *Watford General Hospital, Watford, UK*

17:40 **Wave shape analysis to detect acute encephalopathy presenting as postoperative delirium using single-channel EEG**

Speaker ▶ **Fienke Ditzel**. *Utrecht Brain Center University, The Netherlands*

17:50 **To evaluate the use of wearable technology to identify activity and sleep patterns in inpatients with delirium and Parkinson's disease**

Speaker ▶ **Gemma Bate**. *Newcastle University, UK*

18:00-19:30

Parallel Session 4. Post-discharge sequelae and education

Chair ▶ **Marco Inzitari**. *Parc Sanitari Pere Virgili, Barcelona, Spain*

18:00 **Transitions of care and delirium**

Speaker ▶ **Bianca Buurman**. *RN, PhD, Amsterdam AMC*

18:30 **PLong-term cognitive impairment after delirium in the pre and post-COVID-19 era**

Speaker ▶ **Pratik Pandharipande**. *Vanderbilt University Medical Center, Tennessee, USA*

19:00 **Education**

Speaker ▶ **Margaret Pisani**. *Vice Chief for Mentoring and Career Development, Pulmonary, Critical Care, Sleep Medicine, Yale University School of Medicine*

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AUDITORIUM - Friday 19th (CET Time)

19:30-20:00 **Announcement of EDA 2022, ads 2022, ADA 2022; Maeve Leonard Award and Farewell**
SCGIG price for best Oral presentation

20:00 **Close and farewell**

ROOM 1 - Friday 19th (CET Time)

19:30-20:00 **Announcement of EDA 2022, ads 2022, ADA 2022; Maeve Leonard Award and Farewell**

20:00 **Close and farewell**

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