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SOCIETAT  
CATALANO-BALEAR  
DE MEDICINA INTERNA

L'Acadèmia  
DE MEDICINA INTERNA DE CATALUNYA I BALEARS



# HEM D'AÏLLAR ELS MALALTS AMB COLONITZACIÓ/INFECCIÓ PER MICROORGANISMES MULTIRESISTENTS?

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# ÍNDEX

- Introducció i definicions de precaucions de contacte i MOMR
- Evidències
- SARM
- Enterobacteris productos de BLEE
- Conclusions

# INTRODUCCIÓ I DEFINICIONS

# INTRODUCCIÓ



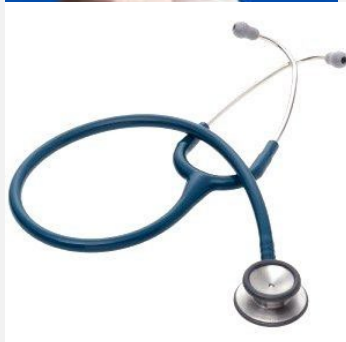
- **Simple o senzills.** Hi ha una recepta, i si la seguim, les probabilitats que surti tot bé són molt altes.
  - Exemple: preparació d'un pastís.
- **Complicats.** Es poden subdividir en sèries de problemes simples, però no hi ha una recepta com a tal. Quan sap com fer-ho, es pot repetir el procés i perfeccionar-lo.
  - Exemple: enviar un coet a la lluna.
- **Complexos.** S'assemblen a criar un nen. El desenllaç és incert, ja que cada nen és únic, i l'èxit amb un no garanteix res amb el següent.
  - Exemple: els microorganismes multiR

# INTRODUCCIÓ



- El CDC va recomanar les PC als anys 70 basades en opinions d'expert i amb 7 categories.
- Als 80 amb l'arribada del VIH es van desenvolupar les PE
- El 2007 les guies se centren en PC adreçades a MOMR
- L'evidència que recolza aquesta mesura sorgeix de brots manegats amb bundles.
- Les PC inclouen els cultius de vigilància, la identificació, decolonització i desidentificació dels pacients colonitzats/infectats

# PRECAUCIONS DE CONTACTE



**HABITACIÓ INDIVIDUAL:**  
Aïllar físicament un pacient de la resta

**BATA:**  
Protegeix el personal sanitari

**GUANTS:**  
Protegeix el personal sanitari

**MATERIAL D' ÚS EXCLUSIU**

ORIGINAL CONTRIBUTION

**Stelfox. JAMA 2003**


## Safety of Patients Isolated for Infection Control

Open access

Original research

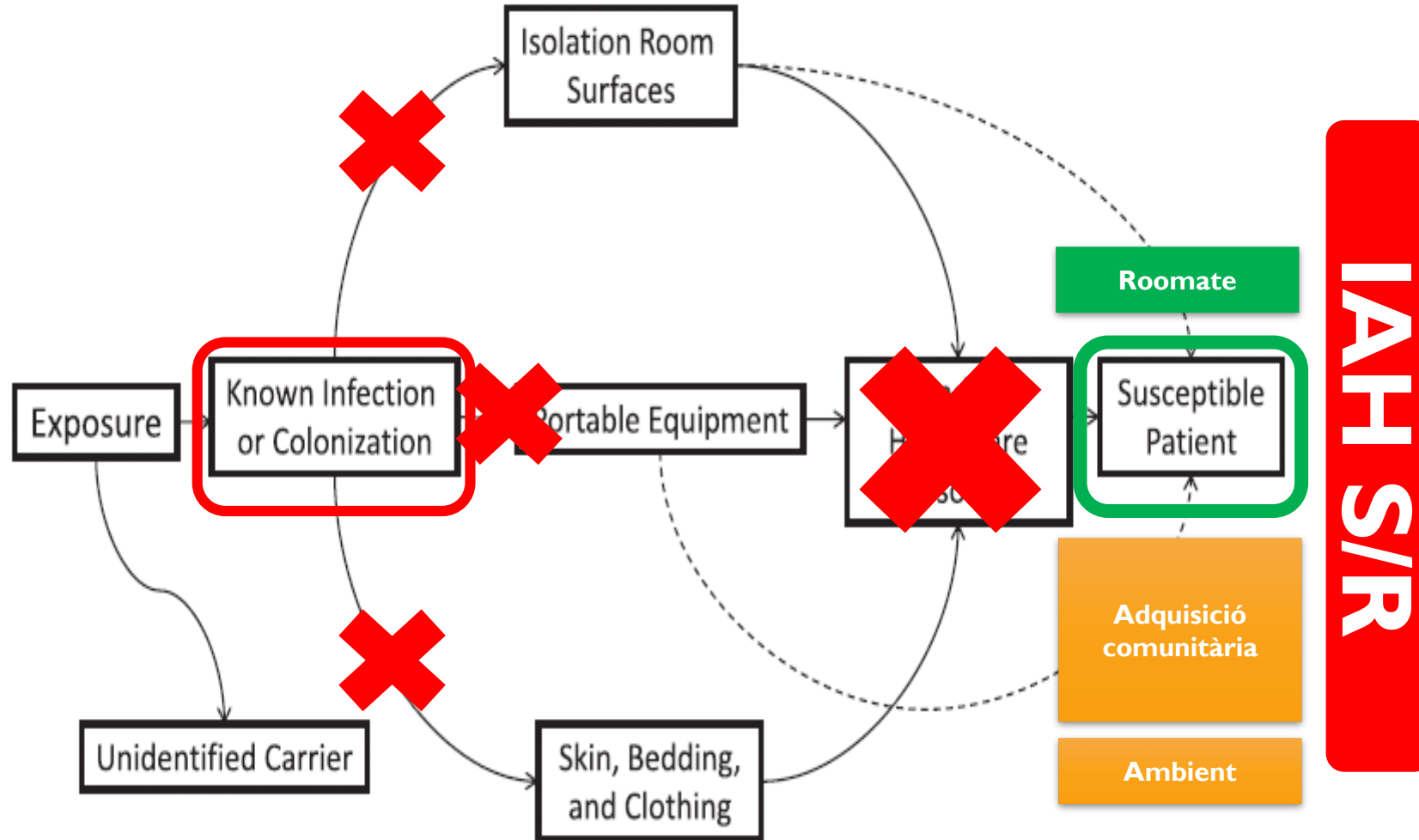
## BMJ Open Higher incidence of adverse events in isolated patients compared with non- isolated patients: a cohort study

2021

Fátima Jiménez-Pericás ,<sup>1</sup> María Teresa Gea Velázquez de Castro,<sup>1</sup>  
María Pastor-Valero,<sup>2,3</sup> Carlos Aibar Remón,<sup>4,5</sup> Juan José Miralles,<sup>2</sup>  
María del Carmen Meyer García,<sup>6</sup> Jesús María Aranaz Andrés<sup>3,7</sup>

- Major taxa d'efectes adversos (x2)
- Menor registre de constants i cursos d'infermeria i metges
- Major taxa d'EA prevenibles
- Major insatisfacció dels pacients

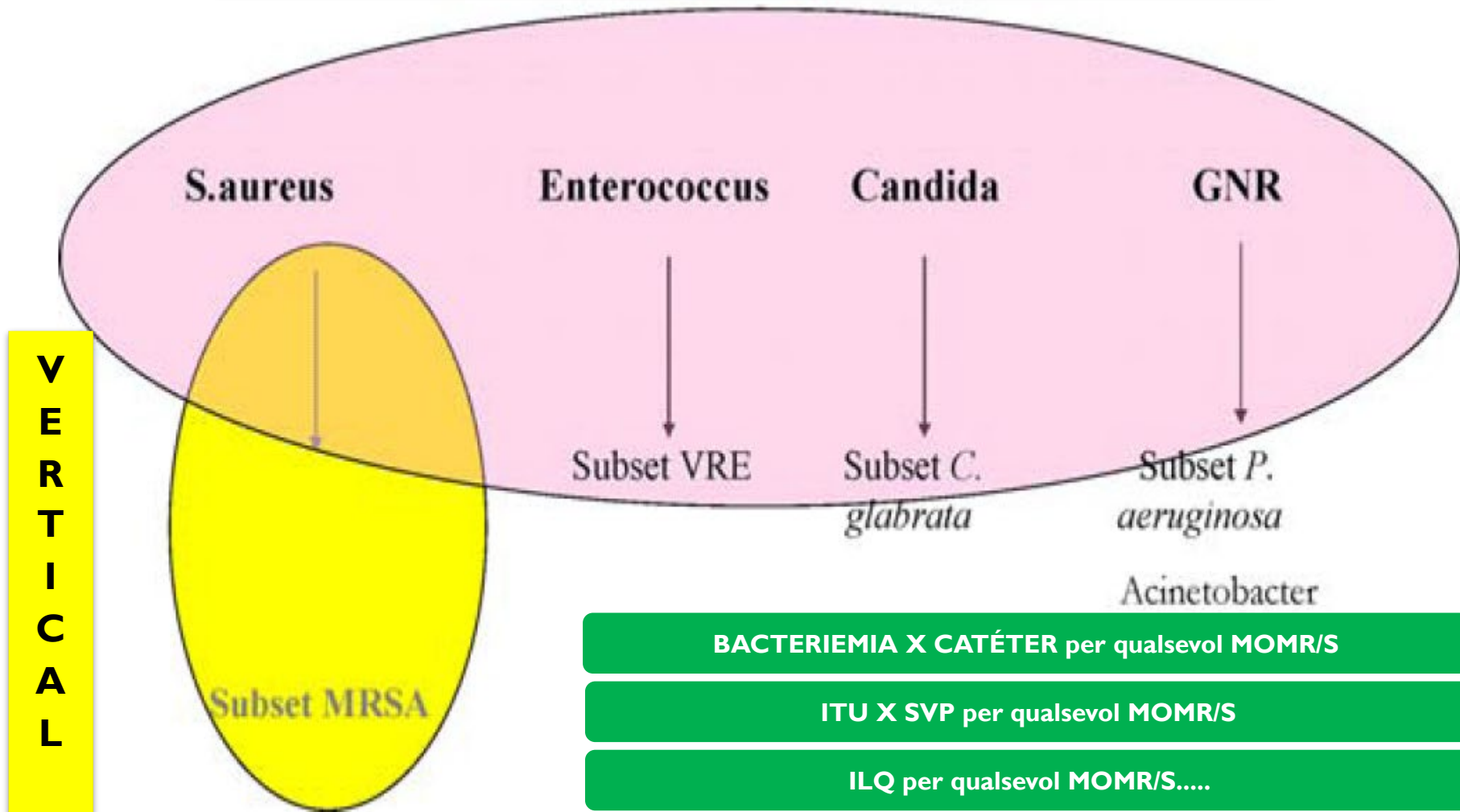
# PRECAUCIONES DE CONTACTO





# ESTRATÈGIES HORITZONALS O VERTICALS A GRAM POSITIUS (SARM I ERV)

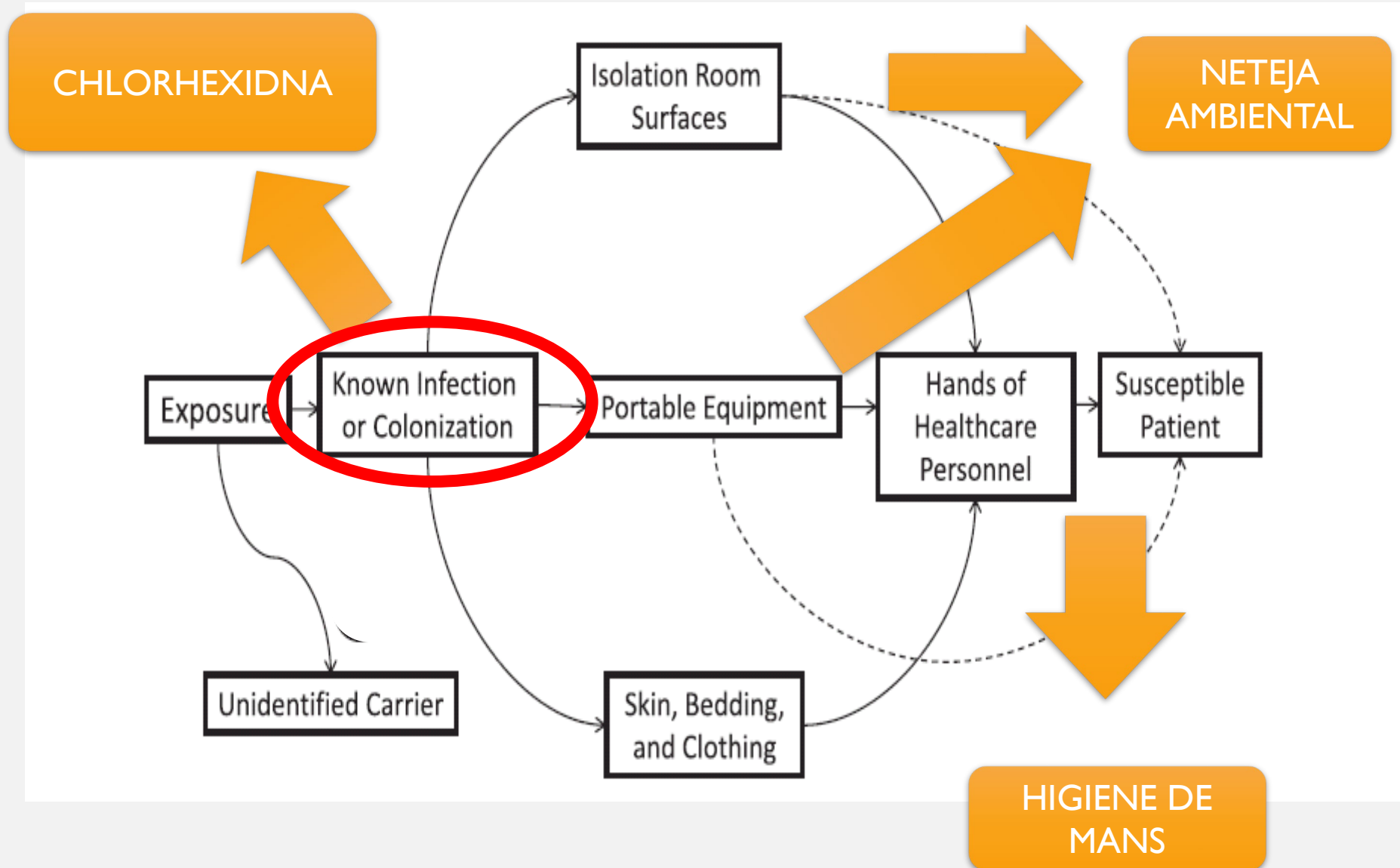
## HORITZONTAL



**BACTERIÈMIA (per CATÉTER) PER SARM**

Wenzel et al. Int J Infect Dis 2010

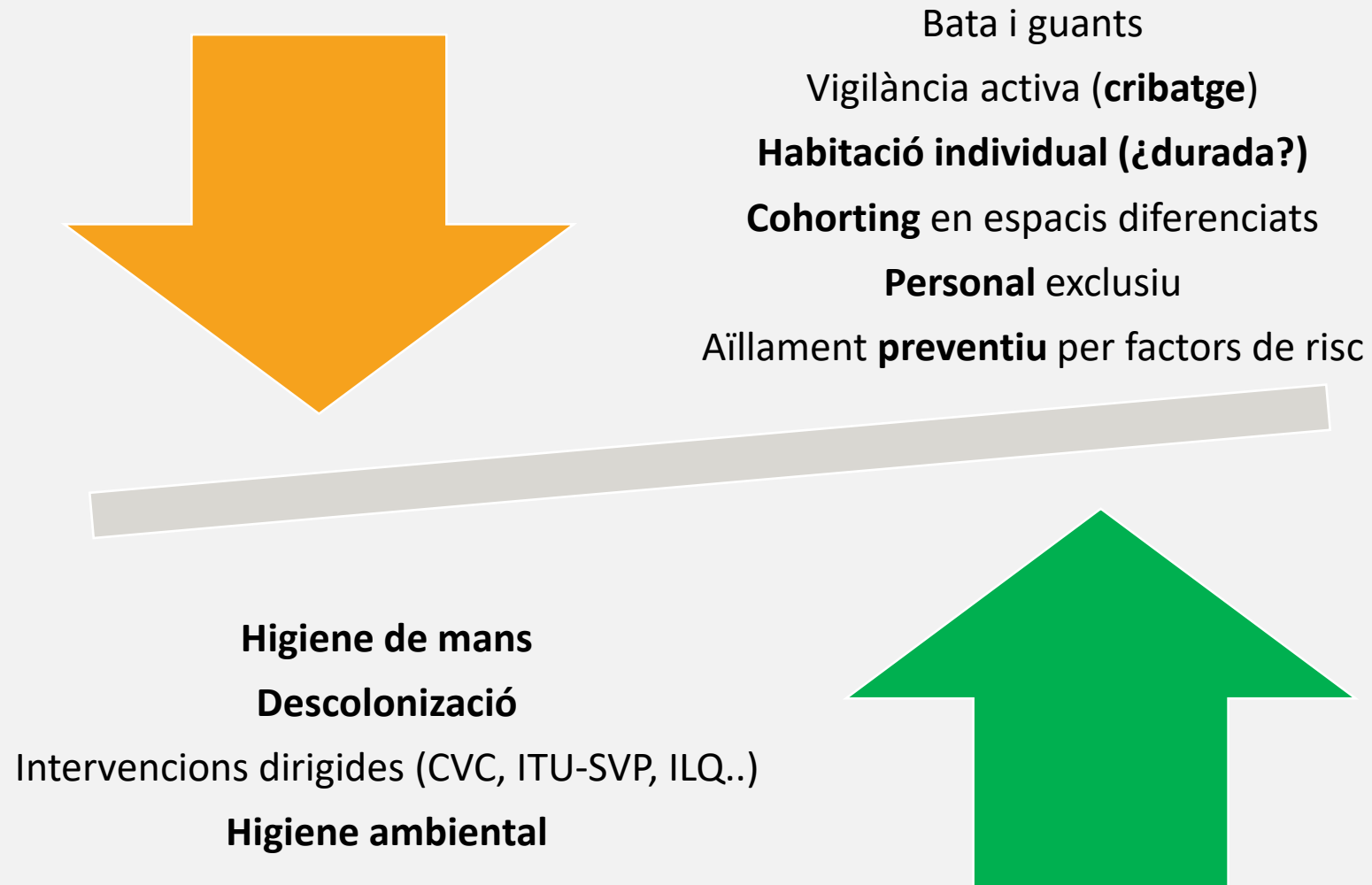
# APROXIMACIÓN HORIZONTAL

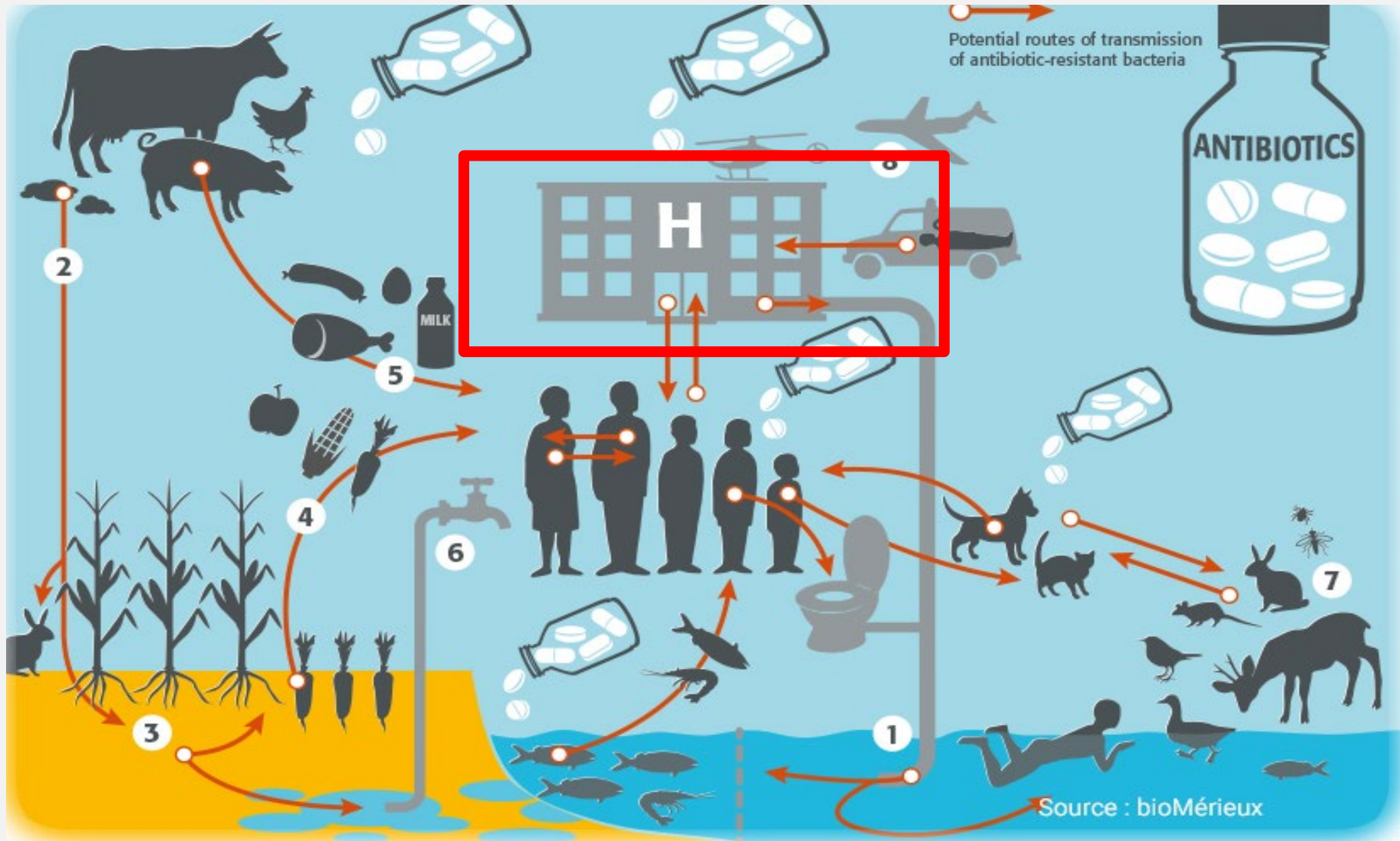


# LIMITACIONS DELS ESTUDIS PC

- La majoria s'han dut a terme en **context de brots**
- Variabilitat en la **intensitat de recerca de colonitzats** asimptomàtics
- Manquen de **grup control**
- **Unicèntrics** amb biaixos locals
- Les precaucions de contacte són valorades en el context de **paquets de mesures**
- **Lloc d'aïllament**
  - Planta especialitzada
  - Cohorting amb/sense personal propi
  - Planta general amb habitació individual sense personal propi
- **Definició** de MOMR
- **Durada** de les PC heterogènia

# DILEMA (*en endèmia*)





# PRECAUCIONS DE CONTACTE: DIFCULTATS

**SEGURETAT:** impacte sobre l'atenció al pacient

**COST:** número d' aïllat per prevenir 1 event de transmissió

**LOGÍSTICA:** capacitat de complir amb una habitació única

**COLONIZACIÓ OCULTA:** base de l'iceberg

**FUTILITAT:**

predomini de la transmissió comunitària o de reservoris ambientals

Les PC no són superiors a PE ben aplicades per controlar l'adquisició de MOMR als hospitals.

EVIDÈNCIES

## Veterans Affairs Initiative to Prevent Methicillin-Resistant *Staphylococcus aureus* Infections

Rajiv Jain, M.D., Stephen M. Kralovic, M.D., M.P.H., Martin E. Evans, M.D., Meredith Ambrose, M.H.A., Loretta A. Simbartl, M.S., D. Scott Obrosky, M.S., Marta L. Render, M.D., Ron W. Freyberg, M.S., John A. Jernigan, M.D., Robert R. Muder, M.D., LaToya J. Miller, M.P.H., and Gary A. Roselle, M.D.

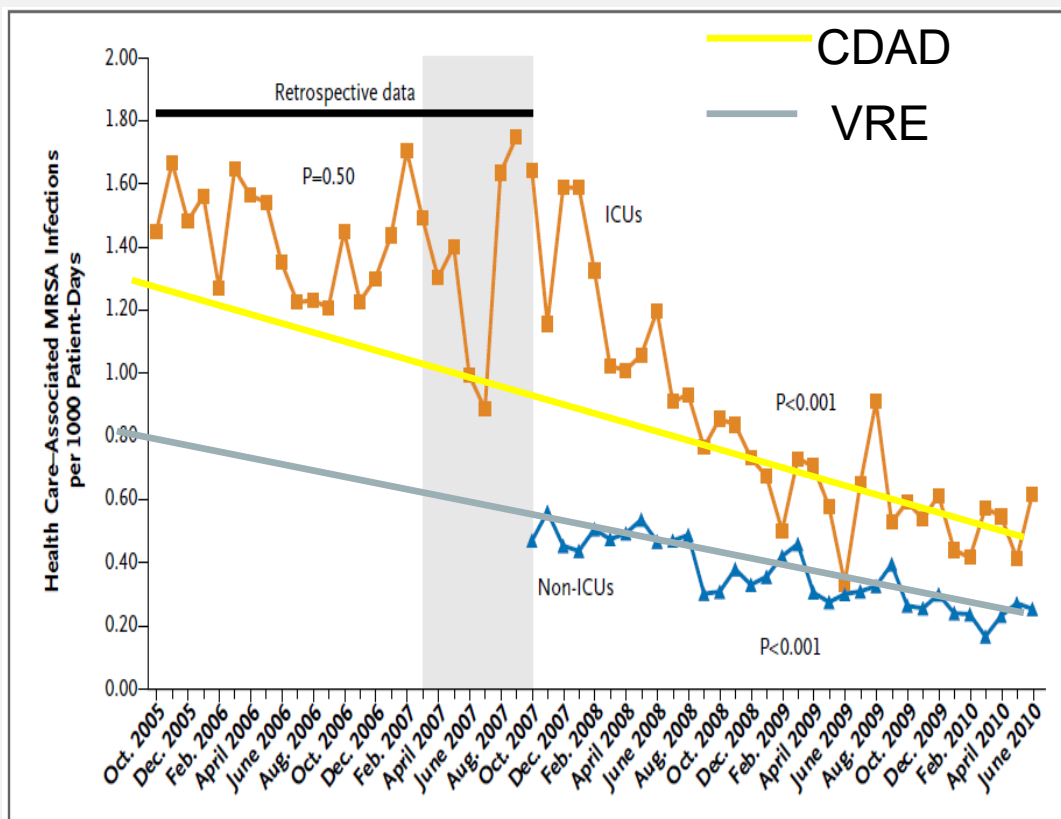


Figure 3. Nationwide Rates of Health Care-Associated Infections with Methicillin-Resistant *Staphylococcus aureus* (MRSA) in Veterans Affairs (VA) Facilities.

**1,934,598 ingresos**

- Cribatge universal nasal de SARM
- **13%** de colonizació basal a l'ingrés
- Precaucions de contacte xls colonitzats/infectats per SARM (no hi ha dades de compliment)
- **Higiene de mans**
- **Canvi en la cultura** institucional



## Universal Glove and Gown Use and Acquisition of Antibiotic resistant bacteria in the ICU: A Randomized Trial

Anthony D Harris, MD, MPH<sup>1</sup>, Lisa Pineles, MA<sup>1</sup>, Beverly Belton, RN, MSN<sup>2</sup>, J. Kristie Johnson, PhD<sup>1</sup>, Michelle Shardell, PhD<sup>1</sup>, Mark Loeb, MD, MSc<sup>3</sup>, Robin Newhouse, RN, PhD<sup>4</sup>, Louise Dembry, MD, MS, MBA<sup>2</sup>, Barbara Braun, PhD<sup>5</sup>, Eli N Perencevich, MD, MS<sup>6</sup>, Kendall K. Hall, MD, MS<sup>7</sup>, Daniel J Morgan, MD, MS<sup>1,8</sup>, and the Benefits of Universal Glove and Gown (BUGG) investigators

Rates (per 1,000 patient-days at risk) of acquisition of drug-resistant bacteria

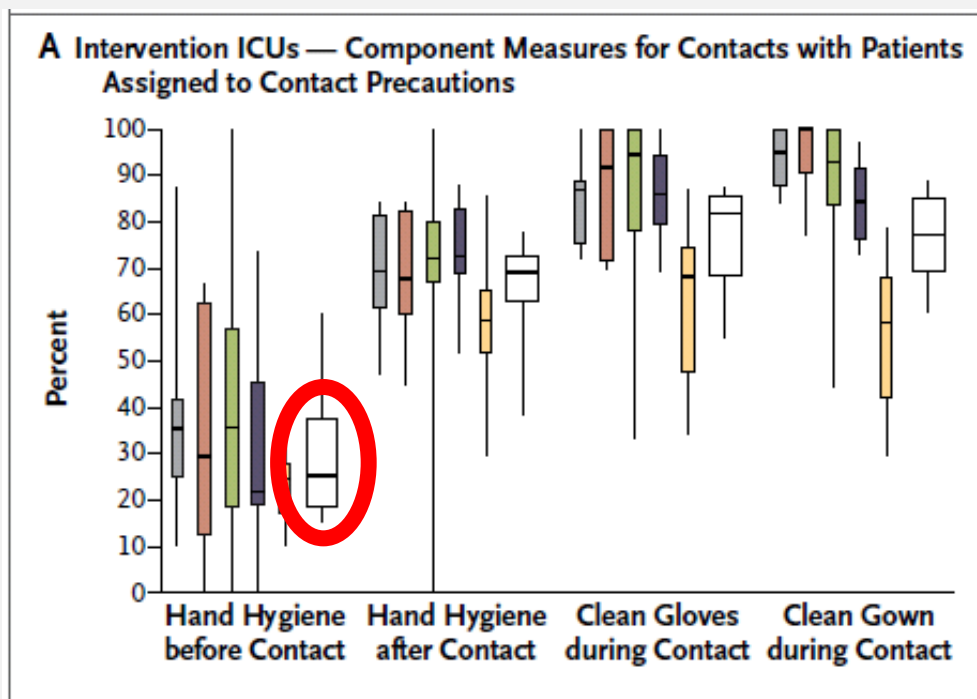
	Intervention ICUs			Control ICUs			Difference (95% CI) <sup>b</sup>	P-value <sup>c</sup>
	# acquisitions	Patient-days at risk	Mean Rate (95% CI) <sup>a</sup>	# acquisitions	Patient-days at risk	Mean Rate (95% CI) <sup>a</sup>		
<b>Drug-Resistant Bacteria</b>								
<b>VRE or MRSA</b>								
Study Period	577	32,693.0	16.91 (14.09 to 20.28)	517	31,765.0	16.29 (13.48 to 19.68)		
Baseline	178	8,684.0	21.35 (17.57 to 25.94)	176	9,804.5	19.02 (14.20 to 25.49)		
Change <sup>d</sup>			-4.47 (-9.34 to 0.45)			-2.74 (-6.98 to 1.51)	-1.71 (-6.15 to 2.73)	0.57
<b>VRE</b>								
Study Period	411	27,765.5	13.59 (10.26 to 17.99)	337	28,340.5	11.88 (8.65 to 16.33)		
Baseline	108	7,691.5	15.18 (10.50 to 21.95)	122	8,818.0	14.37 (10.31 to 20.02)		
Change <sup>d</sup>			-1.60 (-7.18 to 3.98)			-2.48 (-5.53 to 0.56)	0.89 (-4.27 to 6.04)	0.70
<b>MRSA</b>								
Study Period	199	30,454.5	6.00 (4.63 to 7.78)	191	30,024.0	5.94 (4.59 to 7.67)		
Baseline	77	7,841.0	10.03 (8.05 to 12.50)	59	9,182.0	6.98 (4.50 to 10.83)		
Change <sup>d</sup>			-4.03 (-6.50 to -1.56)			-1.04 (-3.37 to 1.28)	-2.98 (-5.58 to -0.38)	0.046

- Cluster-RCT
- Ús de guants + bata universal
- 26.000 pacients, 20 UCI
- Totes UCI (control + intervenció) van baixar les taxes
- Baixen les entrades hab, puja HM
- Ús universal de guants i bata evita
  - **1 adquisició /336 día-pacient**
- 4 entrades/h (96/día)
  - **> 300.000 trobades protegides per evitar una transmissió**
  - **>500.000 per evitar una infecció**

Ús universal de guants i bates no disminueix MOMR

ORIGINAL ARTICLE

## Intervention to Reduce Transmission of Resistant Bacteria in Intensive Care



**Baix compliment**  
**Presa de cultius 5,2 d de l'ingrés**  
**No hi ha diferències**

- RCT
- 10 UCI
- 5400 ingresos
- **Intervenció:** AS+PC si positivus+ us universal de guants per la resta de pacients
- **Control:** AS por fx de riesgo + PC si postius + PE para el resto de pacients

# Interventions to reduce colonisation and transmission of antimicrobial-resistant bacteria in intensive care units: an interrupted time series study and cluster randomised trial

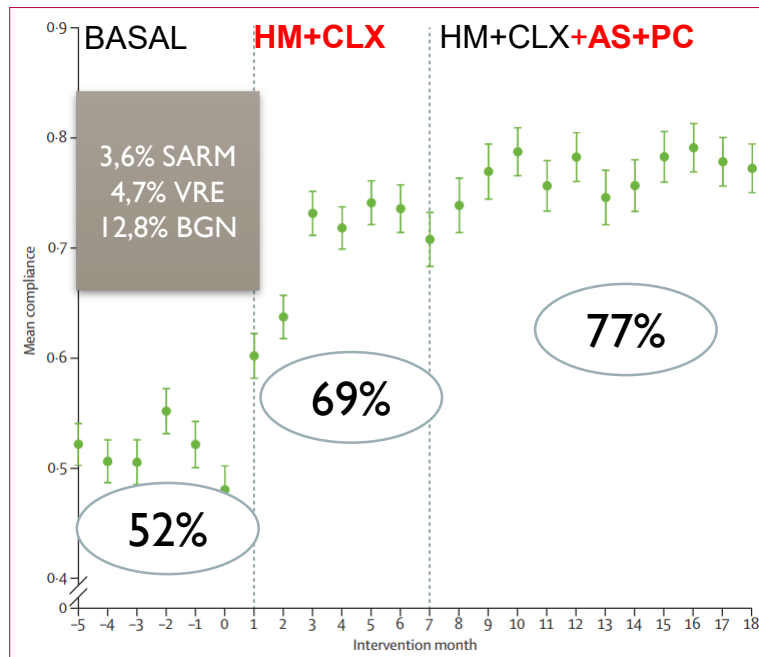


Figure 2: Mean hand hygiene compliance per month  
Hand hygiene improvement intervention introduced at month 0. Error bars are 95% CIs.

13 UCI EU, 3 cultius setmanals.

Fase 2 de mejora medidas básicas (ciegos a los resultados de los cultivos)

Fase 3 aleatorización dx rápido vs convencional en la vigilancia.

La mejora HM y el baño con clorhexidina se asocian con una reducción en la adquisición de SARM no de BGN.

El cribado y el aislamiento de los portadores no redujeron la adquisición de bacterias multirresistentes

## BMR CRIBADO RAPIDO

## SARM CRIBADO RAPIDO

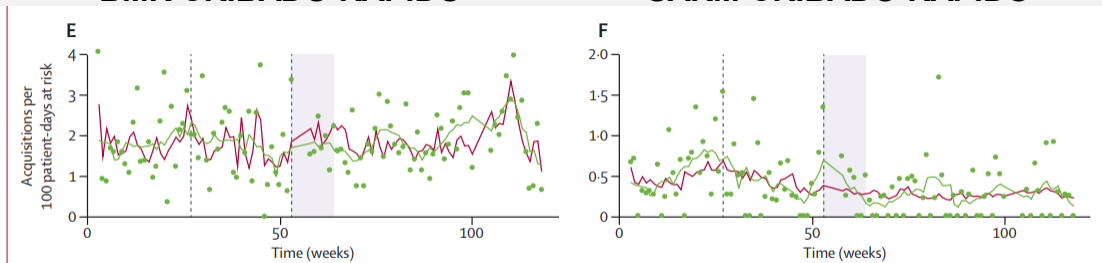


Figure 3: Acquisition of antimicrobial-resistant bacteria and methicillin-resistant *Staphylococcus aureus* per 100 patient-days at risk

# Effect of Daily Chlorhexidine Bathing on Hospital-Acquired Infection

**Table 2. Incidence of Hospital-Acquired Bloodstream Infections and Acquisition of Multidrug Resistant Organisms (MDROs), MRSA, and VRE.\***

Variable	Intervention Period	Control Period	P Value
No. of admissions	3970	3842	0.32
Total days of care	24,902	24,983	0.85
Central-catheter use (days)	13,425	13,049	0.14
Mean length of stay (days)	6.4	6.4	0.53
MRSA prevalence (%)	13.8	12.8	0.14
VRE prevalence (%)	16.3	15.1	0.24
<b>MDRO acquisition</b>			
No. of infections	127	165	0.03
Incidence rate (no./1000 patient-days)	5.10	6.60	
<b>VRE acquisition</b>			
No. of infections	80	107	0.05
Incidence rate (no./1000 patient-days)	3.21	4.28	
<b>MRSA acquisition</b>			
No. of infections	47	58	0.29
Incidence rate (no./1000 patient-days)	1.89	2.32	
<b>Hospital-acquired bloodstream infection</b>			
No. of infections	119	165	0.007
Incidence rate (no./1000 patient-days)	4.78	6.60	
<b>Primary bloodstream infection</b>			
No. of infections	90	131	0.006
Incidence rate (no./1000 patient-days)	3.61	5.24	
<b>Central-catheter-associated bloodstream infection</b>			
No. of infections	21	43	0.004
Incidence rate (no./1000 catheter-days)	1.55	3.30	
<b>Secondary bloodstream infection</b>			
No. of infections	29	34	0.45
Incidence rate (no./1000 patient-days)	1.20	1.40	

•9 UCI i TMO

•Higiene diària amb clorhexidina.

•Es mantenen les precaucions de contacte

Disminueix la colonització i les bacterièmies

Climo et al. NEJM 2013

# NETEJA AMBIENTAL

<b>AUTHOR</b>	<b>INTERVENTION</b>	<b>OUTCOME</b>
Falk ICHE 2000	Training of housekeepers Increased cleaning hours Check list	Outbreak ended
Hayden CID 2006	Training of housekeepers Monitoring Feedback	<i>Decreased VRE acquisition</i>
Rampling JHI 2001	Increased cleaning hours	<i>Decreased MRSA acquisition</i>
Dancer BMC Med 2009	One additional cleaner for high-touch surfaces	<i>Decreased MRSA acquisition</i>
Datta Arch Intern Med 2011	Feedback using fluorescent markers	<i>Decreased VRE acquisition</i>
Grabasch JHI 2012	Training of housekeepers Monitoring Feedback	<i>Decreased VRE acquisition and VRE bactereremia</i>

SARM

## Reconsidering Contact Precautions for *Staphylococcus aureus*

Daniel J. Morgan, MD, MS;<sup>1</sup> Rekha Murthy,  
Bernard C. Camins, MD, MSc;<sup>5</sup> B. Lynn,  
Andi L. Shane, MD, MPH, MSc;<sup>9</sup> E. Patchen De

## The Impact of Discontinuing Contact Precautions for VRE and MRSA on Device-Associated Infections

Michael B....

Michael P. ...

Gonzalo Be...

## Impact of Discontinuing Contact Precautions for MRSA and ESBLE in an Intensive Care Unit: A Randomized Noninferiority Before and After Study

Laurie Renaudin, MD;<sup>1</sup> Mathieu Llorens, PharmD;<sup>1</sup> Christophe Goetz, MD;<sup>2</sup> Sébastien Gette, MD;<sup>3</sup> Vincente Citro, MN;<sup>3</sup> Sylvia Poulain, MN;<sup>1</sup> Marie-Laure Vanson, MN;<sup>1</sup> Jocelyne Sellies, MD<sup>1</sup>

ORIGINAL

ELSEVIER

Major Article

Evaluation of contact precautions for methicillin-resistant *Staphylococcus aureus* and vancomycin-resistant *Enterococcus*

Ana Cecilia Bardossy MD,<sup>a</sup> Muhammad Yasser Alsafadi MD,<sup>b</sup> Patricia Starr RN,<sup>c</sup> Eman Chami MHA,<sup>c</sup> Jennifer Pietsch RN, MSN,<sup>c</sup> Daniela Moreno BS,<sup>a</sup> Laura Johnson MD, MPH,<sup>a</sup> George Alangaden MD,<sup>a,d</sup> Marcus Zervos MD,<sup>a,d</sup> Katherine Reyes MD, MPH,<sup>a,\*</sup>



Cochrane Database of Systematic Reviews

American Journal of Infection Control  
Journal homepage: [www.ajicjournal.org](http://www.ajicjournal.org)

Contents lists available at ScienceDirect  
American Journal of Infection Control (2017)

Masks for reducing the transmission of *Staphylococcus aureus* (MRSA) in the

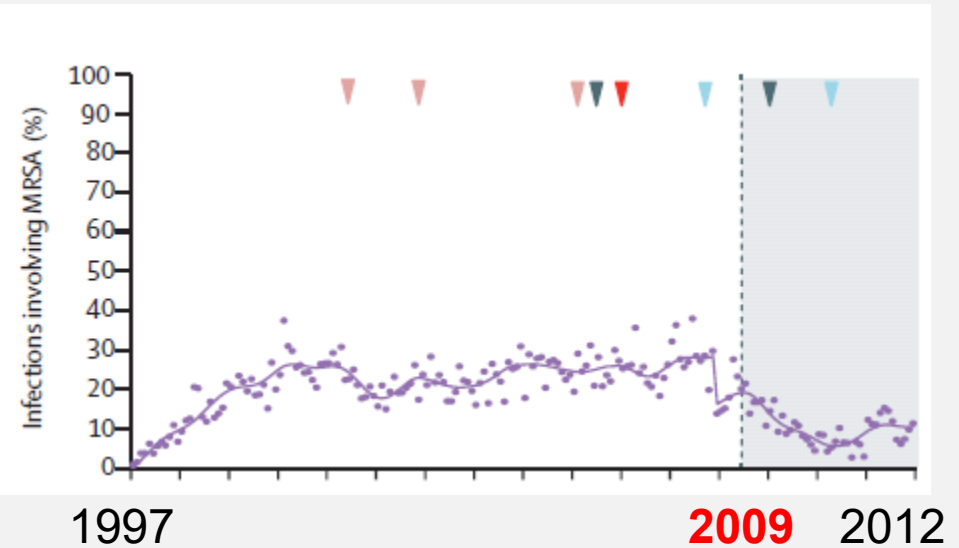
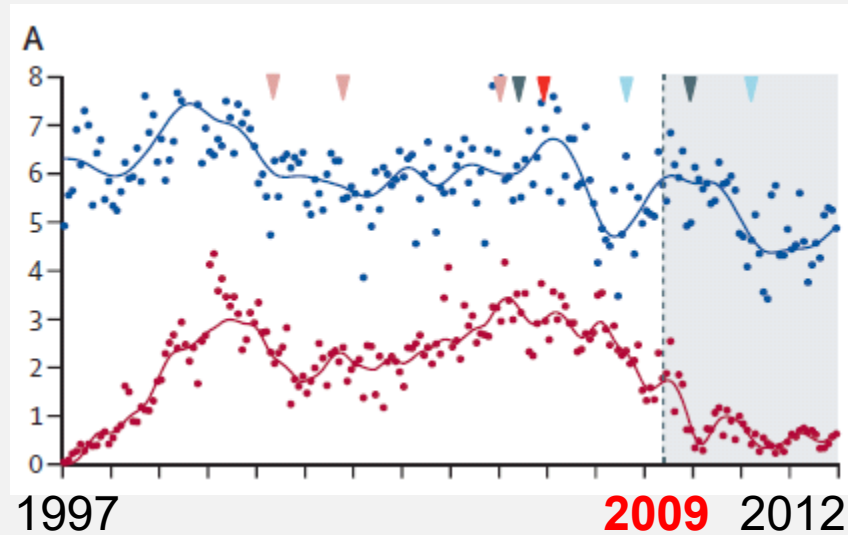
Interno LO, Solà I, Cabir Nunes S, Bonfill Cosp X

INFECTION CONTROL & HOSPITAL EPIDEMIOLOGY

ORIGINAL

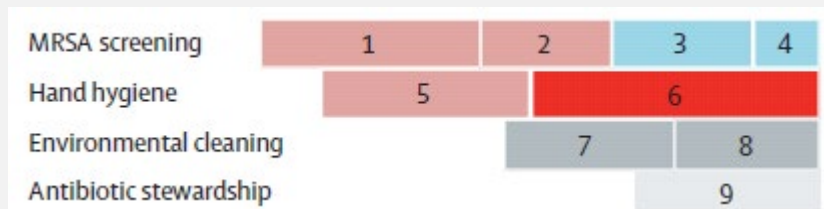


# SARM: PRECAUCIONS DE CONTACTE O PROA?



AZUL: Hospital terciari A  
ROJO: Hospital terciari B  
LILA: Hospital comunitario

- NW Sctoland
- 4C ASP 2009
- Caída del 47% del 4C als hospitals
- Caída del 50% de la incidencia SARM. Coincidencia temporal





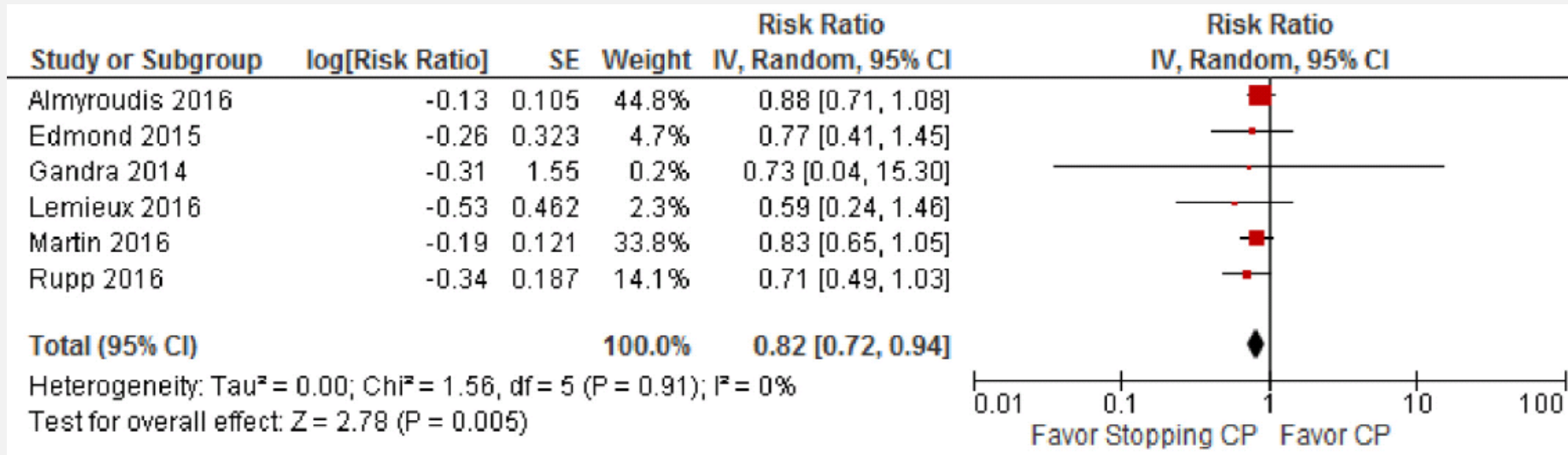
# REVISIONS SISTEMÀTIQUES

	<b>N</b>	<b>A favor</b>	<b>En contra</b>
Cohen JHI 2015	6 PC aisladas (4/6 miden cumplimiento 21-87%)	1/6 demuestra caídas en la transmisión (A. baumannii)	No se mojan: baja calidad, bajo cumplimiento
Morgan ICHE 2015	48, brotes, bundle 11 CP SARM (+AS) 5 CPVRE (+AS)	6/11 SARM resultado positivo 5/5 VRE resultado negativo	No hay evidencia suficiente en la literatura para sustentar las PC Aportan encuesta de hospitales, 30 no usan PC
Kullar AMJIC 2016	6 estudios, RCT, bundle	PC disminuyen la transmisión en brotes si hay alto cumplimiento No correlación con caída de la tasa de infecciones	No impacto en contexto de endemia Efectos adversos asociados

Major Article

Discontinuing contact precautions for multidrug-resistant organisms:  
A systematic literature review and meta-analysis

Alexandre R. Marra MD, MS <sup>a,b,\*</sup>, Michael B. Edmond MD, MPH, MPA <sup>a,c</sup>,  
Marin L. Schweizer PhD <sup>d,e</sup>, Grace W. Ryan MPH <sup>f</sup>, Daniel J. Diekema MD, MS <sup>a,c,g</sup>



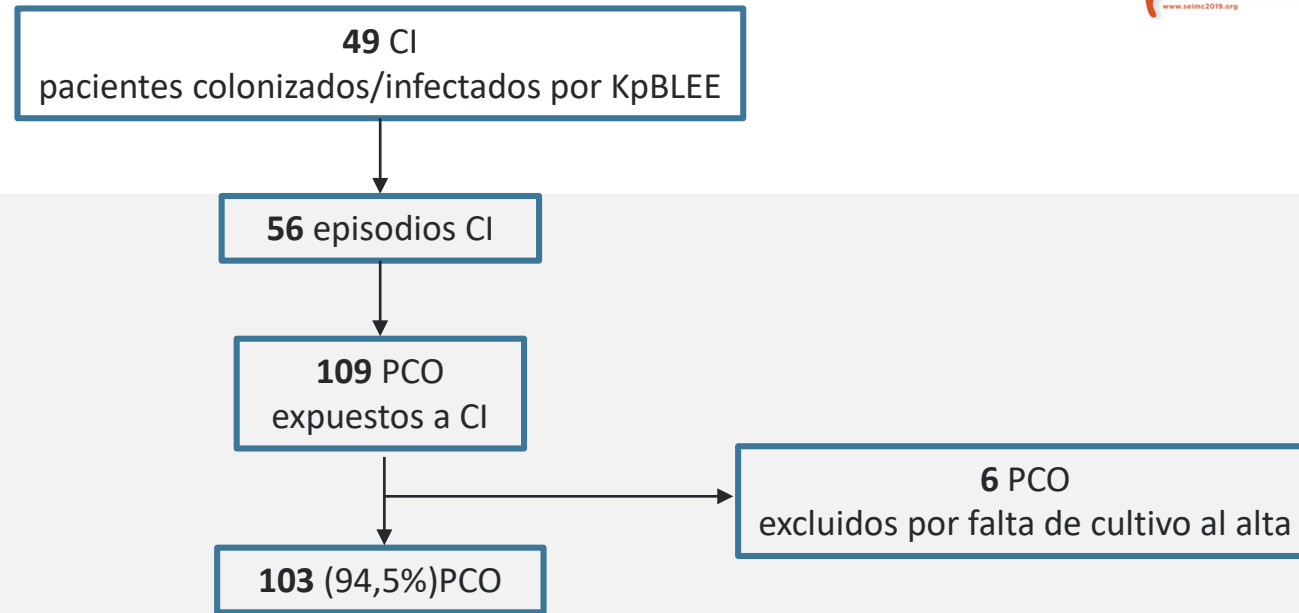
• Abandonar PC no s'ha correlacionat amb un augment de la incidència d'infecció per SARM o VRE

• Això pot ser degut a **baix compliment** o **baixa transmissibilitat**

**ENTEROBACTERIS  
PRODUCTORS BLEE**

# Resultados

554 días de exposición en PCO con una mediana de 4 (RIC 3-7).



Características	Casos Índice	PCO
Edad (años)	74,6 años (DE±15,69)	71,19 (DE±14,73)
Sexo	Mujeres 32,7% Hombres 67,3%	Mujeres 29,1% Hombres 70,9%
Días de ingreso (mediana)	15 (RIC 10-31,5)	9 (RIC 6-18)
Barthel (media)	59,11 (DE±39,01)	34,42 (DE±34,42)
Charlson (ajustado a la edad)	5,23 (DE±2,4)	4,2 (DE±2,45)
Tratamiento antibiótico	80,4%	69,9%

# Resultados

## Estudio molecular

80% NETEJA AMBIENTAL

### CASOS ÍNDICE

Se estudiaron **52/56** episodios (92,9%)

Se identificaron **43** clones diferentes

**36** clones únicos

**7** clones coincidían con 3 pacientes sin relación tiempo-espacio

70% HM

### PACIENTES CONTACTO

Se estudiaron **103/109** pacientes

Se detectó colonización por KpBLEE en **3** PCO (2,9%)

**2 PCO (1,9%)** fueron considerados caso secundario.

**29 (28,2%)** PCO estuvieron expuestos a una superficie contaminada por KpBLEE

**1** caso secundario estuvo expuesto a KpBLEE ambiental pero de distinto clon

**3,6** casos secundarios por 1000 días de exposición

# Conclusiones



- La tasa de transmisibilidad de KpBLEE tras retirar las PC en un centro de agudos **fue baja** (en el contexto de un elevado cumplimiento de HM y una política de limpieza ambiental reforzada).
- La endemia policlonal así como la colonización ambiental nos lleva a replantear el riesgo beneficio de las PC.

# ENTEROBACTERIS PRODUCTORS DE BLEE

## TRANSMISSIBILITAT SENSE PRECAUCIONS ESTÁNDAR

AUTOR	MICROORGANIMOS	TaXa de transmissió i comentaris
Hilty CID 2012	82 pacientes 92 contactos 87% <i>E coli</i> <b>12% <i>K pneumoniae</i></b>	4.5% para <i>E coli</i> 8,3% para <i>K pneumoniae</i> 22% de los familiares colonizados <i>Ec</i> 25% de los familiares colonizados <i>Kp</i> <b>4,3 /1000 días EC</b> <b>13,9/1000 días KP</b>
Tschudin CID 2012	133 casos índice 579 días exposición  73% <i>Ecoli</i> <b>23% <i>K pneumoniae</i></b>  50% CTXM	1,5% (2 pacientes) Colonizaciones, <b>NO infecciones</b> <b>3,4 /1000 días</b>  Diseminación comunitaria Bajo grado de transmisión
Tschudin EID 2016	211 casos índices 231 contactos 100% <i>E coli</i>	<b>4,8%</b> casos secundarios <b>90%</b> cumplimiento HM Estancias superiores a 5 días incrementan riesgo Bajo consumo de ATB Baja prevalencia.
López Sanchez SEIMC 2019	53 <b><i>K pneumoniae</i></b> 103 contactos	1,9% casos secundarios (2 pacientes) Colonizaciones <b>NO infecciones</b> <b>3,6 /1000 días</b> <b>70%</b> cumplimiento HM

2011

MAJOR ARTICLE

## Foodborne Nosocomial Outbreak of SHV1 and CTX-M-15–producing *Klebsiella pneumoniae*: Epidemiology and Control

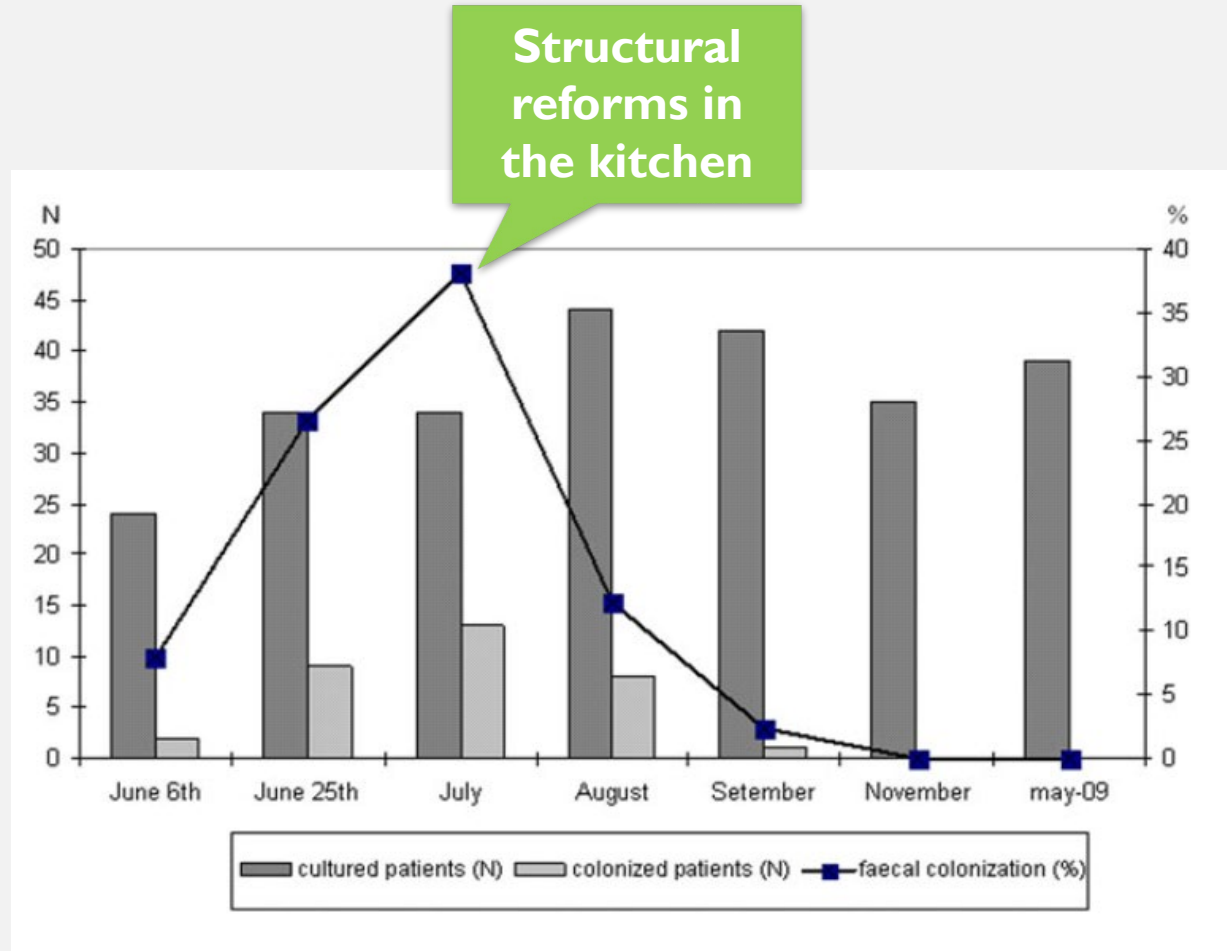
**Esther Calbo,<sup>1</sup> Núria Freixas,<sup>2</sup> Mariona Xercavins,<sup>3</sup> Montserrat Riera,<sup>2</sup> Carmen Nicolás,<sup>2</sup> Olga Monistrol,<sup>2</sup> Maria del mar Solé,<sup>4</sup> M. Rosa Sala,<sup>5</sup> Jordi Vila,<sup>4</sup> and Javier Garau<sup>1</sup>**

<sup>1</sup>Infectious Diseases Unit, Service of Internal Medicine, Hospital Universitari Mútua de Terrassa, <sup>2</sup>Infection Control Nurse, Hospital Universitari Mútua Terrassa, <sup>3</sup>Microbiology, Catlab, <sup>4</sup>Service of Microbiology, Hospital Clínic i Provincial, Barcelona, and <sup>5</sup>Unitat de Vigilància Epidemiològica Vallés Occidental i Vallés Oriental Health Department, Generalitat de Catalunya, Barcelona, Spain

Ambient com principal reservori



# Foodborne Nosocomial Outbreak of SHV1 and CTX-M-15-producing *Klebsiella pneumoniae*: Epidemiology and Control



- (1) Elevada prevalença de colonització fecal
- (2) Ràpida disseminació
- (3) Colonització precoç
- (4) 14% dels treballadors de la cuina eren portadors asimptomàtics

# FUTILITAT

ORIGINAL ARTICLE

EPIDEMIOLOGY

## Wastewater drainage system as an occult reservoir in a protracted clonal outbreak due to metallo- $\beta$ -lactamase-producing *Klebsiella oxytoca*

S. Vergara-López<sup>1</sup>, M. C. Domínguez<sup>2</sup>, M. C. Conejo<sup>3</sup>, Á. Pascual<sup>3,4</sup> and J. Rodríguez-Baño<sup>4,5</sup>

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### Abstract

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We describe the epidemiology of a protracted nosocomial clonal outbreak due to multidrug-resistant IMP-8 producing *Klebsiella oxytoca* (MDRKO) that was finally eradicated by removing an environmental reservoir. The outbreak occurred in the ICU of a Spanish hospital from March 2009 to November 2011 and evolved over four waves. Forty-two patients were affected. First basic (active surveillance, contact precautions and reinforcement of surface cleaning) and later additional control measures (nurse cohorting and establishment of a minimum patient/nurse ratio) were implemented. Screening of ICU staff was repeatedly negative. Initial environmental cultures, including dry surfaces, were also negative. The above measures temporarily controlled cross-transmission but failed to eradicate the epidemic MDRKO strain that reappeared two weeks after the last colonized patients in waves 2 and 3 had been discharged. Therefore, an occult environmental reservoir was suspected. Samples from the drainpipes and traps of a sink were positive; removal of the sink reduced the rate number but did not stop new cases that clustered in a cubicle whose horizontal drainage system was connected with the eliminated sink. The elimination of the horizontal drainage system finally eradicated the outbreak. In conclusion, damp environmental reservoirs (mainly sink drains, traps and the horizontal drainage system) could explain why standard cross-transmission control measures failed to control the outbreak; such reservoirs should be considered even when environmental cultures of surfaces are negative.

Ambient com principal reservori

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### Emerging extended-spectrum $\beta$ -lactamase-producing *Klebsiella pneumoniae* causing community-onset urinary tract infections: a case–control–control study

Lucía Boix-Palop <sup>a,b,1,\*</sup>, Mariona Xercavins <sup>c</sup>, Cristina Badía <sup>a</sup>, Meritxell Obradors <sup>a</sup>, Montserrat Riera <sup>d</sup>, Núria Freixas <sup>d</sup>, Josefa Pérez <sup>c</sup>, Mónica Rodríguez-Carballeira <sup>a</sup>, Javier Garau <sup>e</sup>, Esther Calbo <sup>a,b,1,\*</sup>

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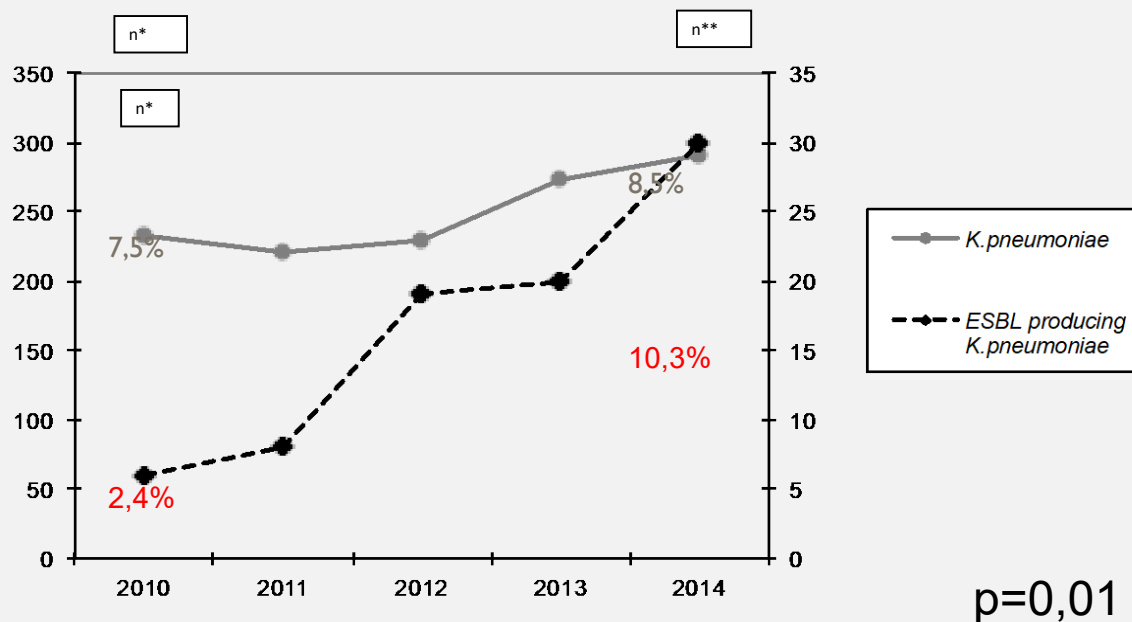
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### Casos anuales de ITU comunitarias por *K. pneumoniae*



Pacient com principal reservori

# PREVALENÇA A LA COMUNITAT

Estudi, any	País	Tipus mostra	Nombre (n)	% KpBLEE	Tipus enzim
<i>Prado et al, 2007</i>	Brasil	Aguas residuales hospitalàries	20	100	No descrit
<i>Kader et al, 2009</i>	Aràbia Saudí	Portadors fecals comunitaris	716	4,4	No descrit
<i>Randrianirina et al, 2009</i>	Madagascar	Agua grifo	40	No descrit	CTX-M-15
<i>Dolejska et al, 2011</i>	República Txeca	Aigua residuales municipals	68	5,9	CTX-M-15
<i>Calbo et al, 2011</i>	Espanya	Portadors fecals i mostres clíniques	1.100	14,2	CTX-M-15
<i>Isendhal et al, 2012</i>	Guinea-Bissau	Portadors fecals nens >5 anys a urgències	408	22,3	CTX-M-1 grup
<i>Poirel et al, 2013</i>	França	Portadors fecals animals de companyia	110	13,6	CTX-M-15
<i>Bonedahl et al, 2014</i>	Alaska	Mostres fecals gavines	55	63,6	CTX-M-15 SHV-12, SHV-102
<i>Ewers et al, 2014</i>	16 països europeus	Mostres clíniques animals de companyia i cavalls	1.519	8	CTX-M-15
<i>Arana et al, 2017</i>	Espanya	Urocultius comunitaris 2007-10 2011-14	30.778	1,6 5,5	No descrit



Original article

## Quantifying within-household transmission of extended-spectrum $\beta$ -lactamase-producing bacteria 2017

M.R. Haverkate <sup>1,\*</sup>, T.N. Platteel <sup>2,3,9</sup>, A.C. Fluit <sup>2</sup>, J.W. Cohen Stuart <sup>4</sup>,  
M.A. Leverstein-van Hall <sup>5,6</sup>, S.F.T. Thijsen <sup>7</sup>, J. Scharringa <sup>2</sup>, R.C. Kloosterman <sup>2</sup>,  
M.J.M. Bonten <sup>1,2</sup>, M.C.J. Bootsma <sup>1,8</sup>

- 30% ja colonitzats al moment de l'ingrés (Font comú)
- 20% són *K. pneumoniae*
- El 50% dels familiars estan colonitzats en algun moment
- Càlcul del risc de transmissió a domicili molt superior a l'hospital.

**Table 2**

Culture results of index patients and household contacts


	During hospitalization of index patient (T0)	T3	T6	T12	T18
Included families	32	32	30	22	18
ESBL-positive index patients	32 (100%)	21 <sup>a</sup> (67.7%)	18 <sup>b</sup> (64.3%)	11 (50.0%)	7 (38.9%)
Included household contacts	53	53	48	36	32
ESBL-positive household contacts	16 <sup>b</sup> (31.4%)	16 <sup>c</sup> (32.0%)	10 <sup>a</sup> (21.3%)	7 <sup>c</sup> (21.2%)	6 <sup>d</sup> (21.4%)
ESBLs related to index patient	13	13	8	5	6
Acquisitions of ESBLs related to index patient	0	5	4	1	1

RESEARCH

Open Access

# High clonal diversity of ESBL-producing *Klebsiella pneumoniae* isolates from clinical samples in a non-outbreak situation. A cohort study

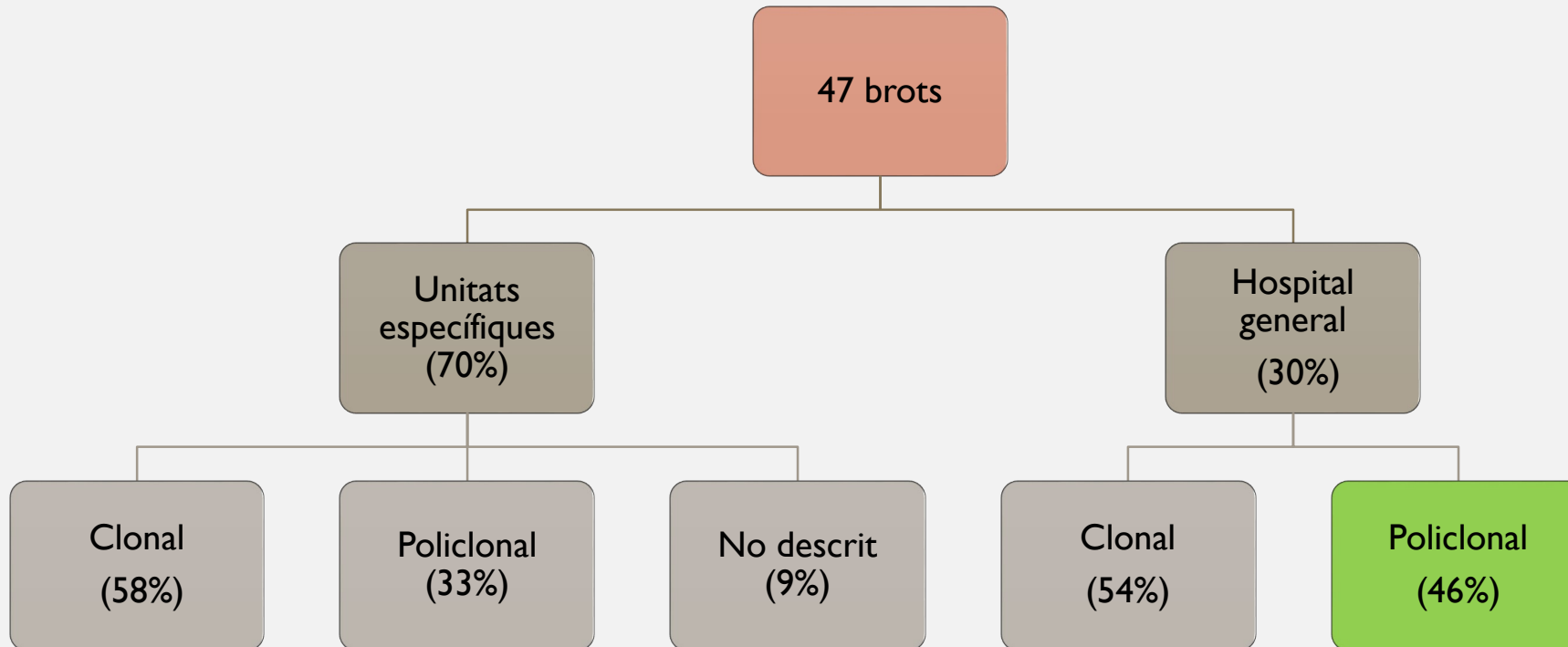


Mariona Xercavins<sup>1,2</sup> , Elena Jiménez<sup>1</sup>, Emma Padilla<sup>1</sup>, Montserrat Riera<sup>3</sup>, Núria Freixas<sup>3</sup>, Lucia Boix-Palop<sup>2,3</sup>, Josefa Pérez<sup>1</sup> and Esther Calbo<sup>2,3\*</sup>

Plantas Hospit.	Gener	Febrer	Març	Abril	Maig	Juny	Juliol	Agost	Setembr	Octub	Novemb	decemb
15							■ 6	▲ 6 ■ 38				
12					■ 54 ■ 52		■ 37					
11			■ 56		▲ 39					■ 37		
10					■ 23	■ 39		■ 2				
9									▲ 52			
8									■ 52 ■ 41			
UFI/5												
semi					■ 23			■ 41 ▲ 6				
UCI					▲ 57				■ 39			
UCIES Nosocomial per ingrés anterior 4 setmanes								■ pte	■ 36 ■ 50	■ 51 ■ 50 ■ 37		



# PREVALENÇA A LA COMUNITAT



Sense transmissió horitzontal



ELSEVIER



Major Article

Incidence of health care–associated extended-spectrum  $\beta$ -lactamase-positive patients before and after discontinuation of contact precautions



Peggy Thompson RN, BSN, CIC, FAPIC\*, Jonathan Teter MS, CIC, NREMT, Kimberly Atrubin MPH, CIC, CPHQ

- Pre post
- 26% *E. coli*, 23% *K. Pneumoniae*
- Sin cambios en las prácticas de control de infección
- 43% habitaciones semiprivadas.

**Table 1**  
Rates of extended-spectrum  $\beta$ -lactamase organisms preintervention and postintervention period

	Preintervention			Postintervention			P value
	Number	Denom	Rate	Number	Denom	Rate	
Community prevalence rate	370	282145	13.114	516	299983	17.201	.001
HAI incidence rate (all organisms)	221	595336	3.712	166	553748	2.998	<.001
<b>Incidence by organism</b>							
<i>Escherichia coli</i>	124	595336	2.083	94	553748	1.698	.13
<i>Klebsiella pneumoniae</i>	51	595336	0.857	45	553748	0.813	.80
<i>Enterobacter</i> spp	31	595336	0.521	19	553748	0.343	.15
Other	15	595336	0.252	8	553748	0.144	.21
<b>Incidence by infection type</b>							
Colonization	106	595336	1.781	101	553748	1.824	.86
BSI	6	595336	0.101	3	553748	0.054	.40
UTI	50	595336	0.840	27	553748	0.488	.21
SST	14	595336	0.235	5	553748	0.090	.06
PNEU/LRI	27	595336	0.454	18	553748	0.325	.28

Community prevalence rate = community cases per 10,000 patient encounters (admissions and emergency department visits); HAI incidence rate = healthcare-associated extended-spectrum  $\beta$ -lactamase infections per 10,000 patient days.

BSI, bloodstream infection; Denom, denominator; HAI, health care–associated infection; LRI, lower respiratory infection; PNEU, pneumonia; SST, skin and soft tissue; UTI, urinary tract infection.

CONCLUSIONS

# CONCLUSIONS

- Sembla segur abandonar PC per a MOMR determinats en situacions de:
  - **endèmia estable,**
  - MOMR amb:
    - baixa taxa de transmissió
    - i/o **elevada taxa de transmissió comunitaria**
    - **o quan el pes reservori ambiental és elevat**
  - amb condicions estructurals adequades,
  - bon **compliment de la HM i de neteja ambiental,**
  - i **UN EQUIP CONTROL INFECCIÓ** expert i atent
- Focalitzar els esforços de l'ECl cap a **estratègies preventives horitzontals** (adreçades a síndromes) pot ser més eficaç.
- Estratègia **“vestit a mida”** tenint en compte l'epidemiologia local i atents als canvis vs **estratègia “cafè per a tothom”**. PROPRECO (programa d'optimització de les precaucions de contacte)



SOCIETAT  
CATALANOBALEAR  
MEDICINA INTERNA



*L'Acadèmia*  
FUNDACIÓ ACADEMIA DE CIÈNCIES MÈDIQUES  
I DE LA SALUT DE CATALUNYA I DE BALEARS

# GRÀCIES

uic  
bcn



**Hospital Universitari**  
**Mútua Terrassa**

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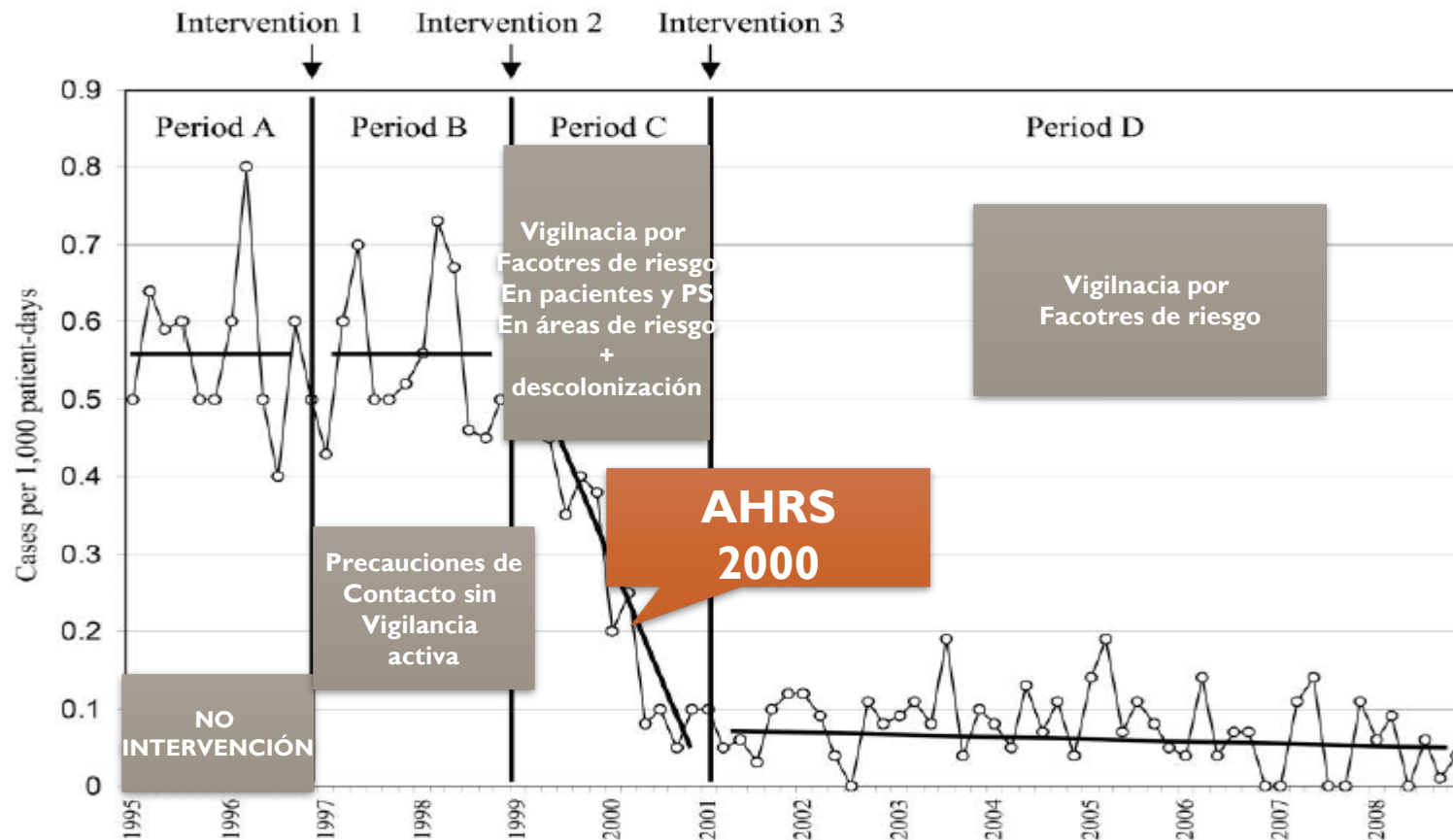
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We describe the epidemiology of a protracted nosocomial clonal outbreak due to multidrug-resistant IMP-8 producing *Klebsiella oxytoca* (MDRKO) that was finally eradicated by removing an environmental reservoir. The outbreak occurred in the ICU of a Spanish hospital from March 2009 to November 2011 and evolved over four waves. Forty-two patients were affected. First basic (active surveillance, contact precautions and reinforcement of surface cleaning) and later additional control measures (nurse cohorting and establishment of a minimum patient/nurse ratio) were implemented. Screening of ICU staff was repeatedly negative. Initial environmental cultures, including dry surfaces, were also negative. The above measures temporarily controlled cross-transmission but failed to eradicate the epidemic MDRKO strain that reappeared two weeks after the last colonized patients in waves 2 and 3 had been discharged. Therefore, an occult environmental reservoir was suspected. Samples from the drainpipes and traps of a sink were positive; removal of the sink reduced the rate number but did not stop new cases that clustered in a cubicle whose horizontal drainage system was connected with the eliminated sink. The elimination of the horizontal drainage system finally eradicated the outbreak. In conclusion, damp environmental reservoirs (mainly sink drains, traps and the horizontal drainage system) could explain why standard cross-transmission control measures failed to control the outbreak; such reservoirs should be considered even when environmental cultures of surfaces are negative.

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# VERTICAL INTERVENTIONS IN ENDEMIC SETTINGS



Tasas de infección por SARM

Hospital de 950 camas

Incidenca calculada a partir de muestras clínicas

Sin cambios en la política atb.

No variaciones en otros MMR

# Factors Leading to Transmission Risk of *Acinetobacter baumannii*

Kerri A. Thom, MD, MS<sup>1</sup>; Clare Rock, MD, MS<sup>2</sup>; Sarah S. Jackson, MPH<sup>1</sup>; J. Kristie Johnson, PhD<sup>1</sup>; Arjun Srinivasan, MD<sup>3</sup>; Laurence S. Magder, PhD<sup>1</sup>; Mary-Claire Roghmann, MD, MS<sup>1,4</sup>; Robert A. Bonomo, MD<sup>5</sup>; Anthony D. Harris, MD, MPH<sup>1</sup>

Observations of HCW-patient interactions				
Variable	Transmission risk identified: <i>Acinetobacter baumannii</i> positive HCW cultures (n = 77; n [%])	No Transmission risk identified: <i>A. baumannii</i> negative HCW cultures (n = 177; n [%])	OR (95% CI)	p
HCW interaction with environment (interactions with nonsignificant sites not shown [sink, bedside table, vital sign monitor, door handle, IV medication pump, ventilator, and floor]) <sup>a</sup>				
Bedrail	39 (51)	62 (35)	2.83 (1.36–5.88)	< 0.01
Supply cart	34 (44)	44 (25)	2.57 (0.40–3.28)	< 0.01
HCW interaction with patient (interactions that were nonsignificant are not shown [obtaining vital signs, urinary catheter drainage, administering parenteral medications, IV medication pump]) <sup>a</sup>				
Physical examination	32 (42)	53 (30)	1.89 (0.97, 3.67)	0.061
Wound dressing	13 (17)	6 (3)	8.81 (2.50, 31.05)	< 0.01
Bathing hygiene	9 (12)	10 (6)	3.78 (1.12, 12.78)	0.032
Endotracheal tube or tracheotomy site	25 (32)	24 (14)	4.40 (1.92, 10.08)	< 0.01



# Contact precautions in single-bed or multiple-bed rooms for patients with extended-spectrum $\beta$ -lactamase-producing Enterobacteriaceae in Dutch hospitals: a cluster-randomised, crossover, non-inferiority study



Marjolein F Q Kluytmans-van den Bergh, Patricia C J Bruijning-Verhagen, Christina M J E Vandenbroucke-Grauls, Els I G B de Brauwler, Anton G M Buiting, Bram M Diederer, Erika P M van Elzaker, Alex W Friedrich, Joost Hopman, Nashwan al Naiemi, John W A Rossen, Gijs J H M Ruijs, Paul H M Savelkoul, Carlo Verhulst, Margreet C Vos, Andreas Voss, Marc J M Bonten, Jan A J W Kluytmans, on behalf of the SoM Study Group\*

- 13 hospitales
- No UCI, NO hematologicos
- Cluster randomized
- 75% *E coli*, 90% CTXM
- **Comparten baño**
- 616 casos índices, 12.800 wardmates
- Sin diferencias entre especies, ni entre habitación **o planta**
- **El 95%** de los colonizados NO sufrieron infección

	Contact precautions in a single-bed room	Contact precautions in a multiple-bed room	Risk difference (90% CI)	Risk difference (95% CI)	Relative risk (95% CI)
<b>Transmission of ESBL-producing Enterobacteriaceae to wardmates</b>					
All index patients: per-protocol population, crude	11/275 (4%)	14/188 (7%)	3.4% (-0.3 to 7.1)	3.4% (-1.0 to 7.9)	1.86 (0.86 to 4.01)
All index patients: per-protocol population, adjusted*	..	..	3.4% (-0.2 to 6.9)	3.4% (-0.8 to 7.6)	1.95 (0.91 to 4.18)
All index patients: intention-to-treat population, crude	15/312 (5%)	18/304 (6%)	1.1% (-1.9 to 4.1)	1.1% (-2.4 to 4.7)	1.23 (0.63 to 2.40)
All index patients: intention-to-treat population, adjusted*	..	..	1.6% (-1.1 to 4.3)	1.6% (-1.7 to 4.8)	1.33 (0.69 to 2.56)
Index patients without unprotected ward stay: per-protocol population	2/96 (2%)	3/78 (4%)	1.8% (-2.5 to 6.1)	1.8% (-3.4 to 6.9)	1.85 (0.32 to 10.77)
Index patients without unprotected ward stay: intention-to-treat population	3/109 (3%)	5/134 (4%)	1.0% (-2.7 to 4.7)	1.0% (-3.5 to 5.4)	1.36 (0.33 to 5.55)

Canvis a l'epidemiologia de *Klebsiella pneumoniae* productora de  $\beta$ -lactamasa d' espectre estès

High clonal diversity of ESBL-producing *Klebsiella pneumoniae* isolates from clinical samples in a non-outbreak situation. A cohort study.

## METODOLOGIA

### ▪ Mostres ambientals:



### ▪ Mètodes microbiològics:

- Identificacions i estudi de sensibilitat: sistema Vitek2® (bioMérieux).
- Detecció de BLEE: sinèrgia amb doble disc.
- Punts de tall CMIs: EUCAST
- Caracterització BLEEs: Check-MDR CT103XL, Check-Points).
- Relació genètica:
  - rep-PCR (Diversilab System, bioMérieux)
  - MLST

# PRECAUCIONS DE CONTACTE

**Table 1** Core elements of contact precautions (CP) recommended by recent ESCMID and HICPAC/CDC guidelines

	ESCMID 2014 (3)	HICPAC/CDC 2007 (2)
Indication for CP	Colonization or infection with MDRO	Colonization or infection with MDRO
Donning and wearing of gloves and gowns	Gown and gloves are donned upon entry to a room	Gown and gloves are donned upon room entry Gown and gloves are indicated for all interactions that may involve contact with the patient or potentially contaminated areas in the patient's environment.
Disposal of gowns and gloves	Not stated	Gown and gloves are discarded before exiting the patient room
Additional requirements & recommendations	Use of disposable single-use or patient-dedicated non-critical care equipment (e.g. blood pressure cuffs and stethoscopes).	Use of patient-dedicated or single-use disposable noncritical equipment
Placement of patients	Special isolation wards Nursing cohort with separate rooms on general wards Single room or cohort in same room without dedicated personnel Placement in a room with patients unaffected by MDROs but maintaining CP by use of gowns and gloves based on the patient's extent of MDRO carriage	Single patient room preferred Cohort patients with same MDRO Multi-bed rooms with non-infected/non-colonized patients: at least 3 ft spatial separation between beds

CDC centers for disease control and prevention, CP contact precaution, ESCMID european society of clinical microbiology and infectious diseases, HICPAC healthcare infection control practices advisory committee, MDRO multidrug resistant organism

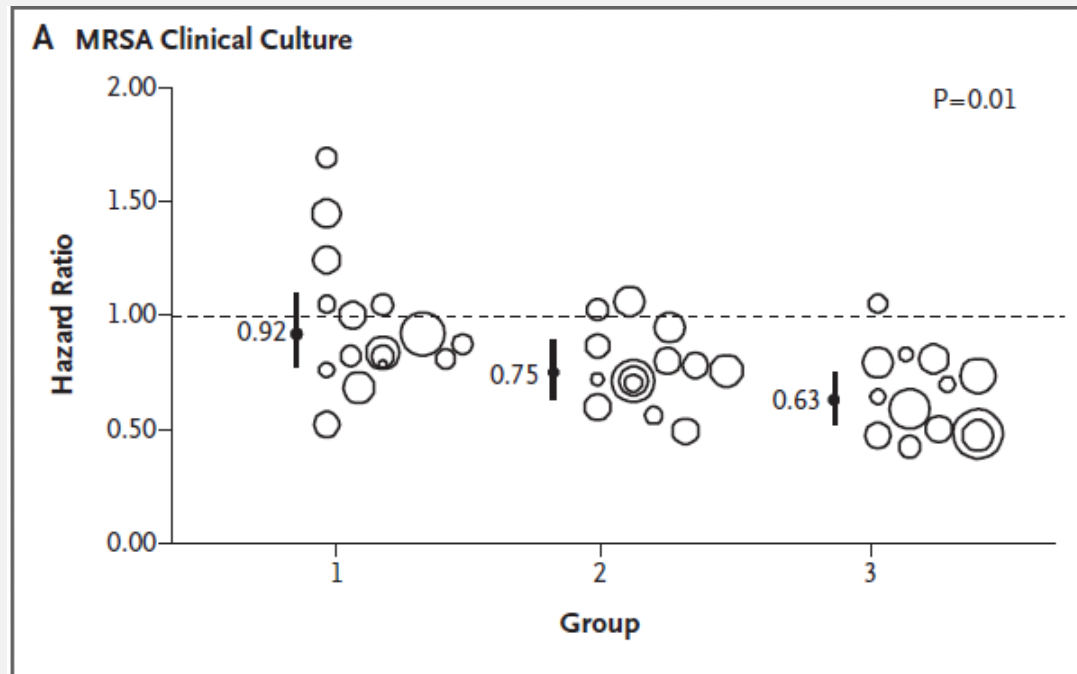
# The NEW ENGLAND JOURNAL of MEDICINE

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JUNE 13, 2013

VOL. 368 NO. 24

## Targeted versus Universal Decolonization to Prevent ICU Infection



- 74 UCI
- 74.000 pacientes
- 10%** tenían h<sup>a</sup> de SARM previ

- G1** screening + isolation
- G2:** G1+decolinzación
- G3** decolonización universal+ **PC**

• Redeixen el risc de bacteriemia per qualsevol MO, no per SARM

•Redueixen el risc de mostra clínica per SARM

Decolonitzar es més eficaç que aïllar selectivament