

**XXXIV DIADA PNEUMOLÒGICA.
REUS 15 – 16 D'ABRIL 2016**

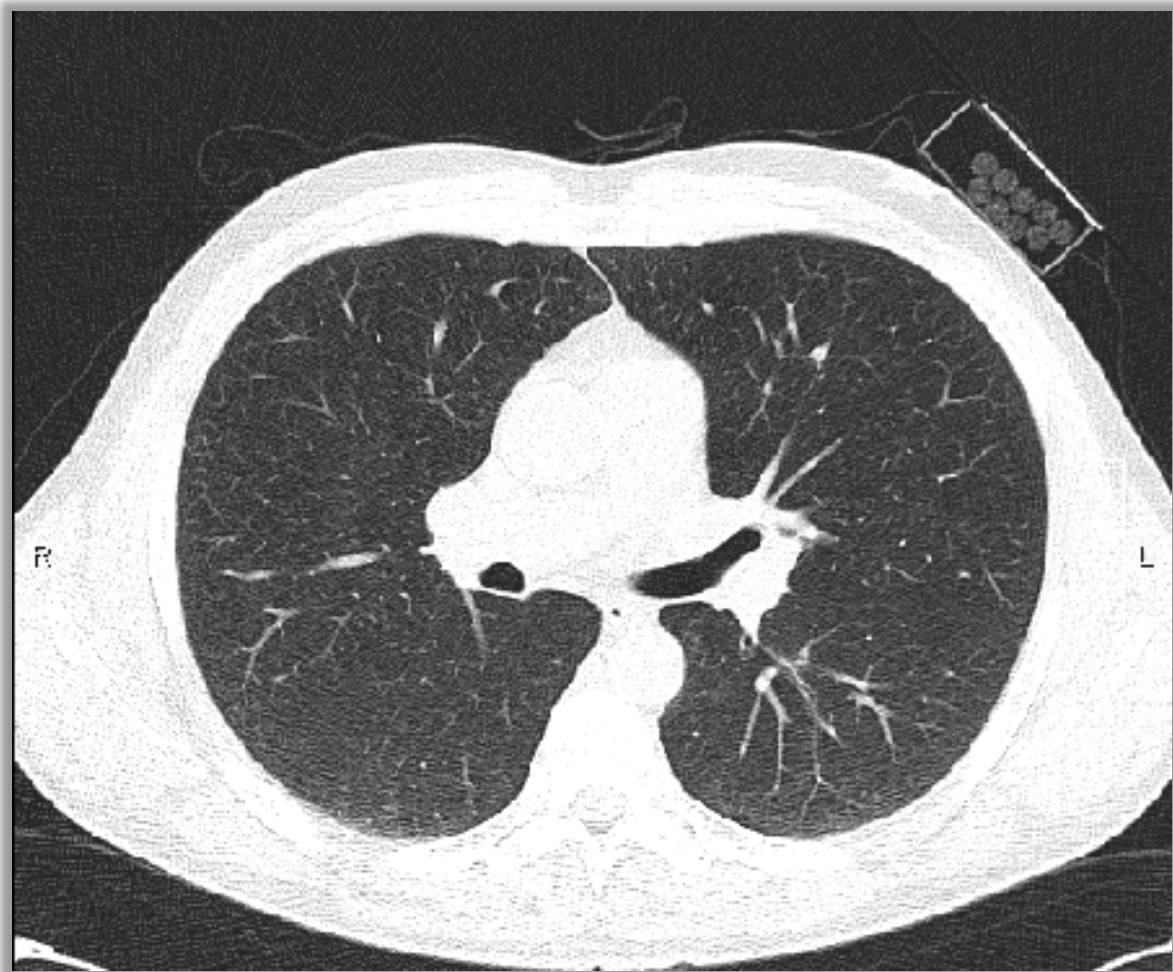
**Diagnóstico de Cáncer de Pulmón
TAC de Baja Dosis**

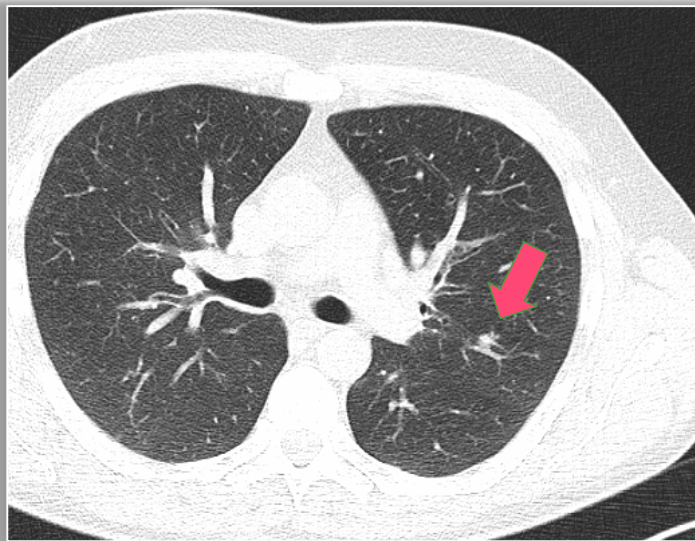
Dr. Javier J. Zulueta
Clinica Universidad de Navarra
Universidad de Navarra
Pamplona

Conflictos de interés

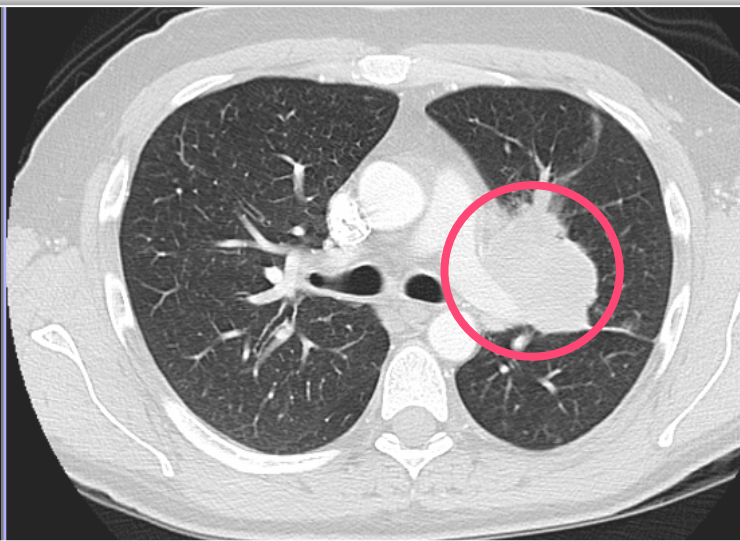
- Miembro del Medical Advisory Board y accionista de VisionGate, Inc. (EE.UU).

- Evidencia
- Controversia
- Enfisema y EPOC en el cribado



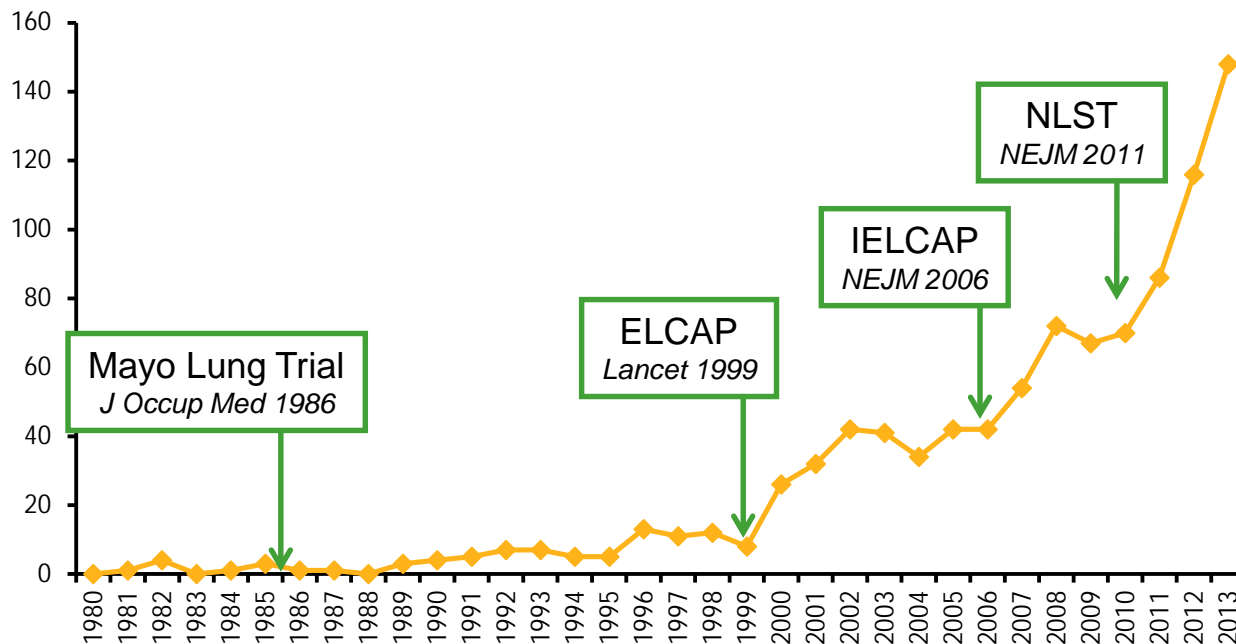


2010



2014

Número de publicaciones sobre cribado de cáncer de pulmón



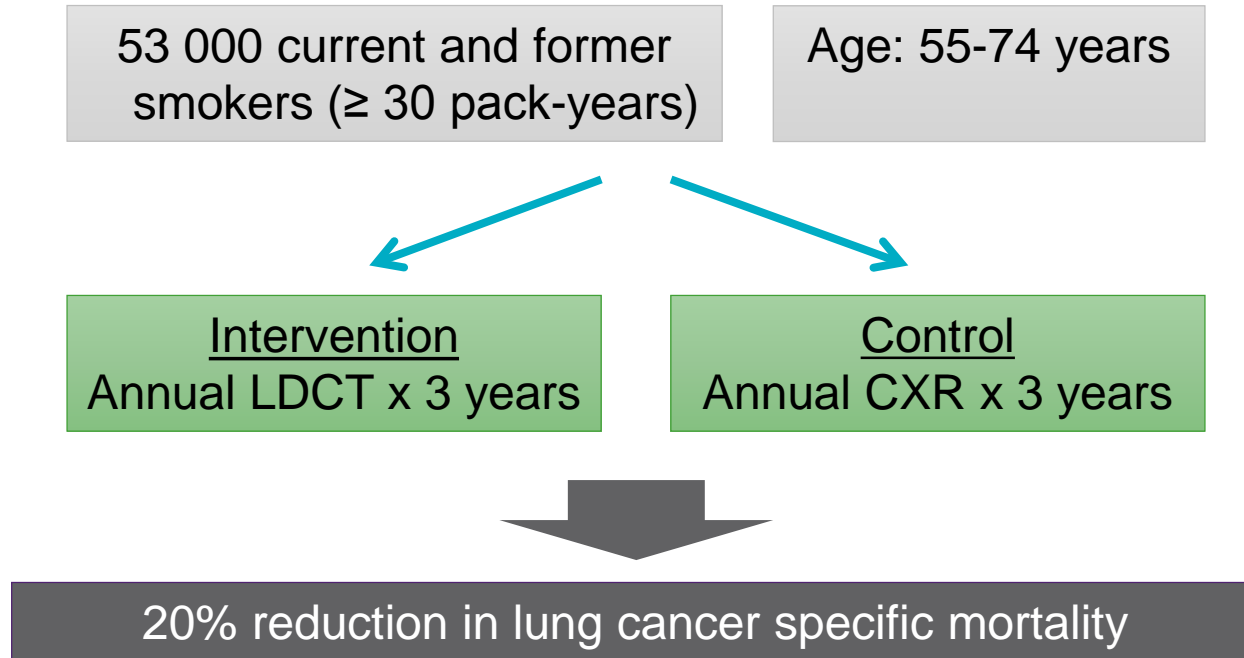
Mayo Clinic Lung Project

	Cribado	Control
n	4618	4593
Incidencia	206 (4.5%)	160 (3.5%)*
Resecabilidad	46%	32%
Supervivencia a 5-y	33%	15%
Tasa de fatalidad	59%	72%*
Mortalidad	122	115

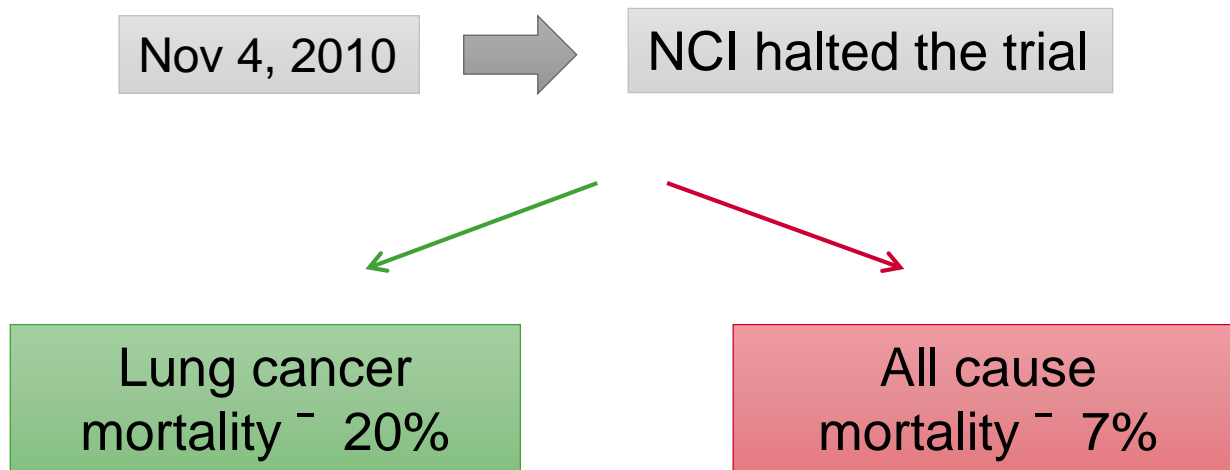
Sobrediagnóstico

**El cribado detecta tumores
'indolentes' de crecimiento lento que
no causan la muerte del individuo**

NLST – National Lung Cancer Screening Trial (2002-2010)

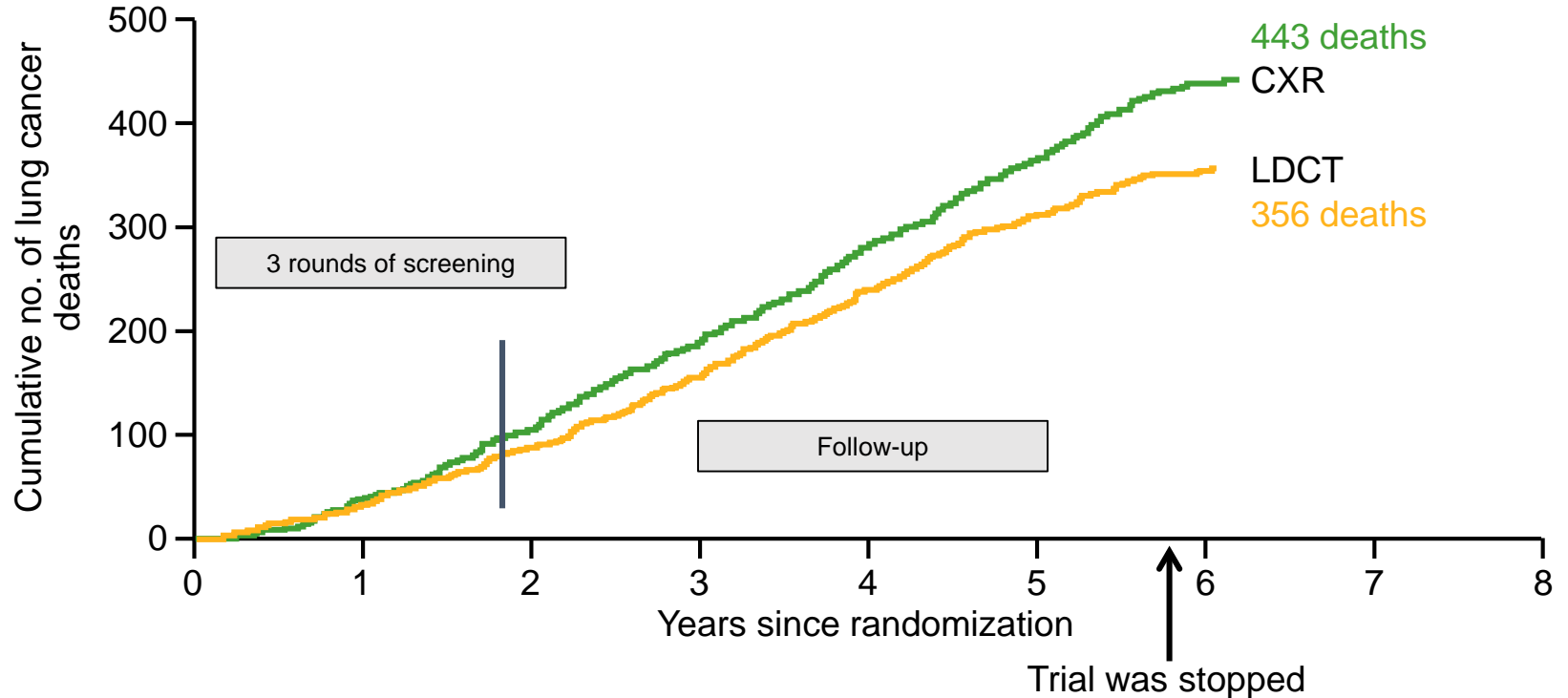


NLST – National Lung Cancer Screening Trial (2002-2010)

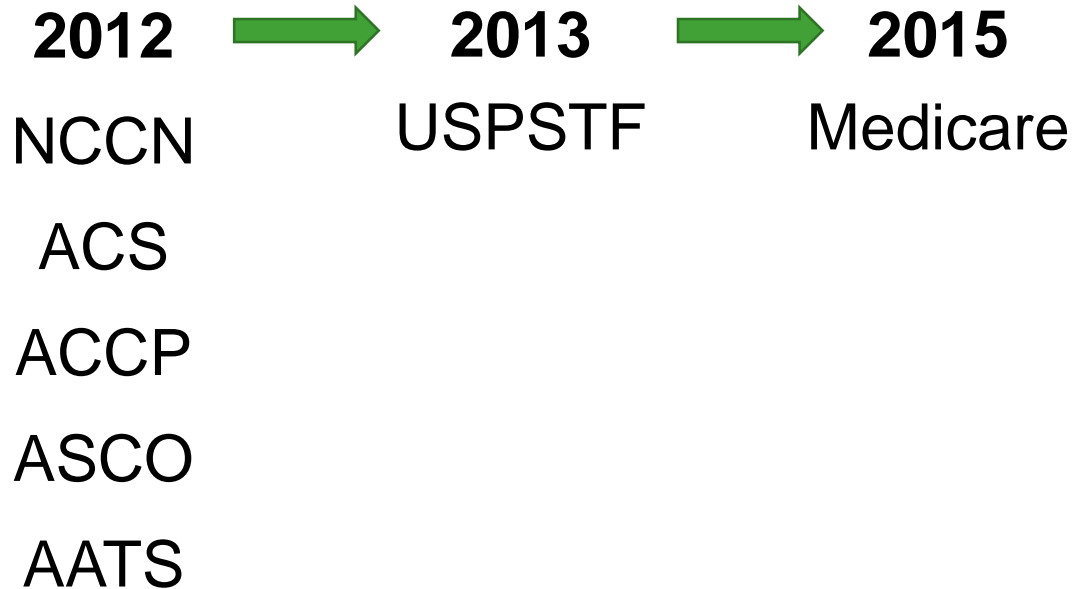


NLST showed a 20% reduction in the 6-year cumulative mortality rates for CT vs CXR

(356 vs 443 deaths)



Recomendaciones de cribado (EEUU)



Recomendaciones del cribado en Europa

Eur Radiol (2015) 25:2519–2531

DOI 10.1007/s00330-015-3697-0

SPECIAL REPORT

ESR/ERS white paper on lung cancer screening

Hans-Ulrich Kauczor^{1,9} • Lorenzo Bonomo² • Mina Gaga³ • Kristiaan Nackaerts⁴ • Nir Peled⁵ • Mathias Prokop⁶ • Martine Remy-Jardin⁷ • Oyunbileg von Stackelberg^{1,9} • Jean-Paul Sculier⁸ • on behalf of the European Society of Radiology (ESR) and the European Respiratory Society (ERS)

European Randomized Lung Cancer Screening Trials: Post NLST

JOHN K. FIELD, PhD, FRCPath,^{1*} ROB VAN KLAVEREN, MD, PhD,² JESPER H. PEDERSEN, MD, DrSci,³
UGO PASTORINO, MD, PhD,⁴ EUGINO PACI, MD, PhD,⁵ NIKOLAUS BECKER, MD,⁶
MAURIZIO INFANTE, MD, PhD,⁷ MATTHIJS OUDKERK, MD, PhD, FACA,⁸ HARRY J. DE KONING, MD, PhD,⁹
AND ON BEHALF OF THE EUROPEAN RANDOMIZED SCREENING TRIAL GROUP

¹*The University of Liverpool Cancer Research Centre, Liverpool, UK*

²*Department of Pulmonary Medicine Lievensberg Hospital, Belgium*

³*Department of Thoracic Surgery, University of Copenhagen, Copenhagen, Denmark*

⁴*Department of Thoracic Surgery, European Institute of Oncology, Milan, Italy*

⁵*Unit of Clinical and Descriptive Epidemiology, ISPO, Florence, Italy*

⁶*Division of Cancer Epidemiology, German Cancer Research Center, Heidelberg, Germany*

⁷*Department of Thoracic Surgery, Istituto Clinico Humanitas, Milan, Italy*

⁸*Center for Medical Imaging, University Medical Center Groningen, Netherlands*

⁹*Department of Public Health, Erasmus MC, Rotterdam, The Netherlands*

Antes de que la implementación del cribado de cáncer de pulmón pueda ser considerado, en los próximos 5 años es preciso contestar importantes preguntas de investigación.

- Verdadero efecto del cribado
- Sobrediagnóstico
- Falsos positivos
- Radiación
- Coste – perfiles de riesgo

Verdadero efecto del cribado

The **NEW ENGLAND**
JOURNAL of MEDICINE

ESTABLISHED IN 1812

OCTOBER 26, 2006

VOL. 355 NO. 17

**Survival of Patients with Stage I Lung Cancer
Detected on CT Screening**

The International Early Lung Cancer Action Program Investigators*

> 59 000
cribados



484 cánceres

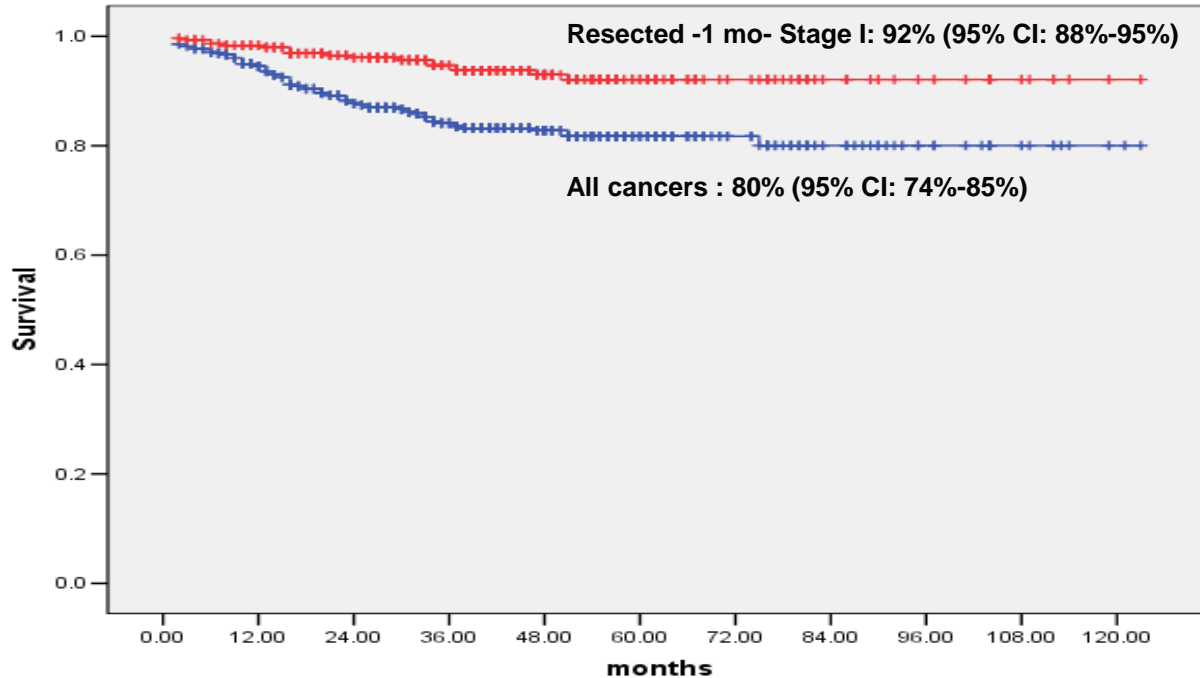


85% Estadio I



Clínica
Universidad
de Navarra

10-year survival



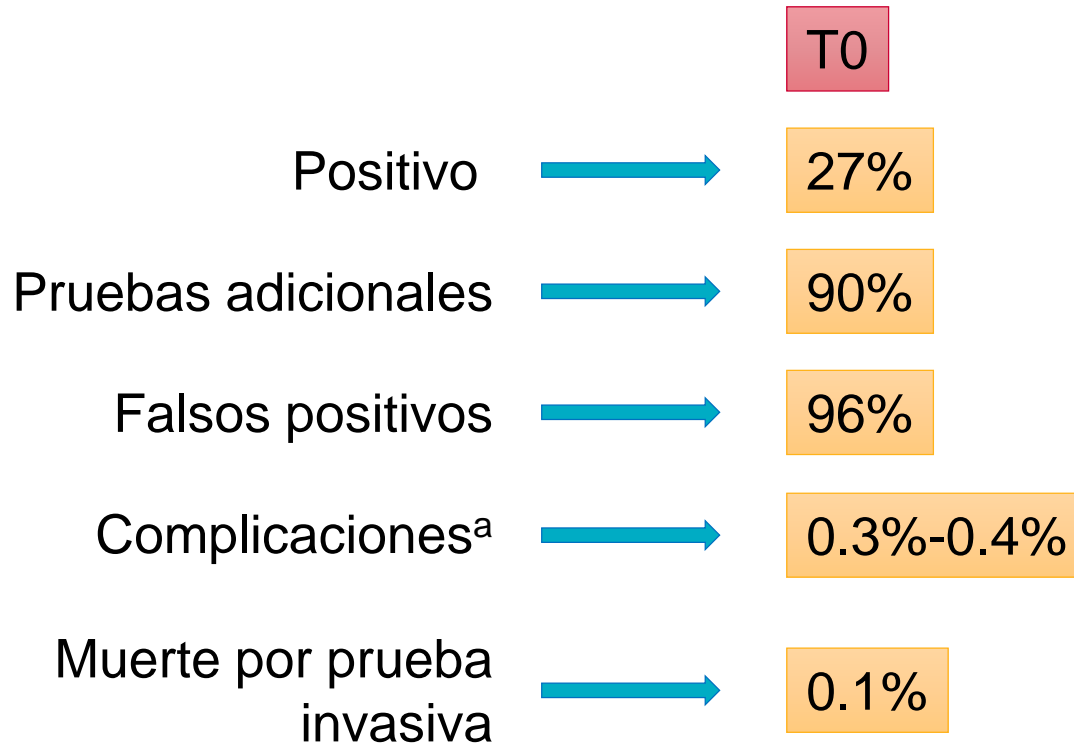
Sobrediagnóstico

Sobrediagnóstico

- I-ELCAP: Panel de patólogos (revisión de 375 tumores)
 - 356 (95%) tenían signos de invasión
 - Pleural
 - Membrana basal
 - Vascular
 - Bronquial

Falsos positivos
Biopsias/cirugías innecesarias

NLST – Resultados del TCBD



^aIndividuals without cancer

TCBD +

NLST

Nódulo sólido ≥ 4 mm



27%

I-ELCAP

Nódulo sólido ≥ 5 mm



13%

NELSON

Nódulo sólido > 9.8 mm o
4.6-9.8 mm con TD (3 m)
< 400 d



2.6%

Nódulos indeterminados – Falsos positivos



I-ELCAP
535 biopsies



92% malignant
disease

Radiación



CHEST

Special Features



Scan for podcast

Radiation Risks in Lung Cancer Screening Programs

**A Comparison With Nuclear Industry
Workers and Atomic Bomb Survivors**

Robert J. McCunney, MD, MPH; and Jessica Li, BS

Estimaciones según datos del NLST y la Fleischner Society

- $\approx 20\%$ de participantes en cribado tienen un TCBD positivo en cribado basal
- TCBD + resulta en 3 controles con LDCT durante 2 años

Dosis de radiación por CT:

TCBD: < 1 mSv

mSv

CT convencional: 8 mSv

Dosis total acumulada:

20 años de cribado: < 20 mSv

30 años de cribado: < 30 mSv

Coste:efectividad

Coste-efectividad

	Cost of QALY
Screening LDCT (NLST entry criteria)	\$81 000 \$52 000-\$186 000

(20% mortality reduction)

Cost-effectiveness

Cost of QALY	
I-ELCAP	\$28 000
NLST	\$47 000

Pyenson. PLoS One. 2013 Aug 7;8(8):e71379

Cost QALY	
UKLS RCT Pilot study	£8 466*

Field JK, et al. Thorax 2015;0:1–10. doi:10.1136/thoraxjnl-2015-207140

* Coste incremental de un TCBD con respecto a presentación sintomática.

Perfiles de riesgo



Assessing the Relationship Between Lung Cancer Risk and Emphysema Detected on Low-Dose CT of the Chest*

Juan P. de Torres, MD; Gorka Bastarrika, MD; Juan P. Wisnivesky, MD, MPH; Ana B. Alcaide, MD; Arantza Campo, MD; Luis M. Seijo, MD; Jesús C. Pueyo, MD; Alberto Villanueva, MD; María D. Lozano, MD; Usua Montes, RN; Luis Montuenga, PhD; and Javier J. Zulueta, MD, FCCP

Chest 2007;132:1932-8

Association of Radiographic Emphysema and Airflow Obstruction with Lung Cancer

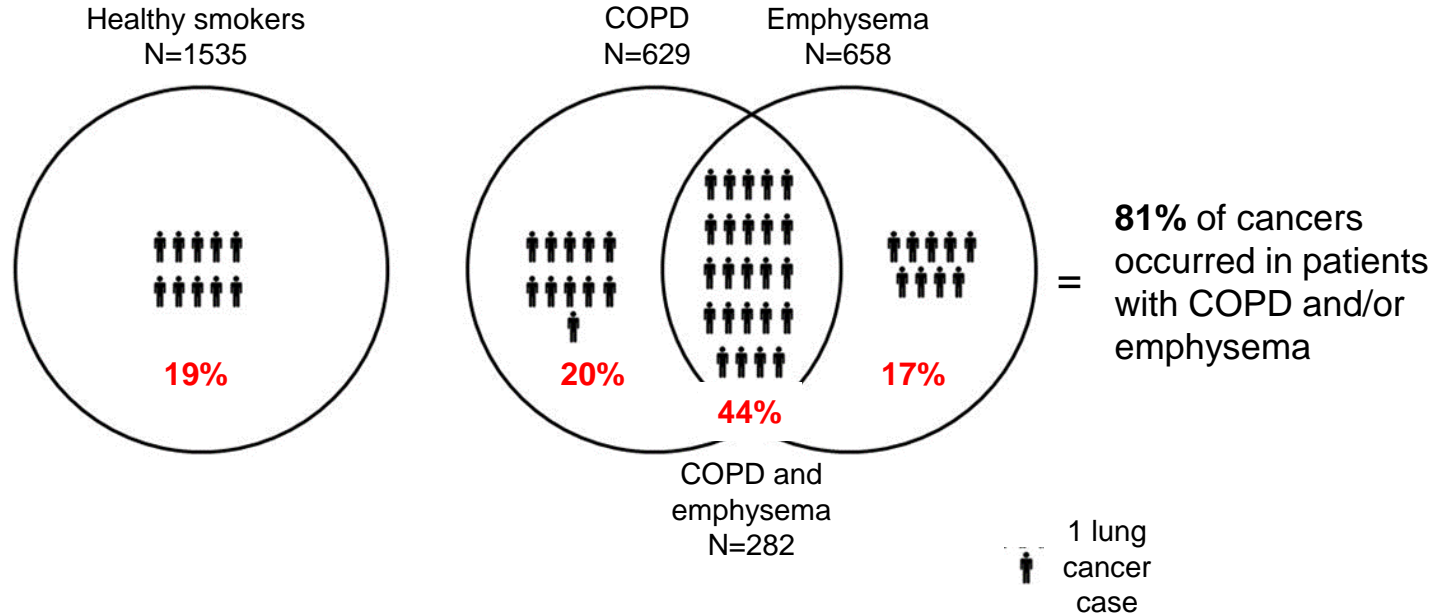
David O. Wilson¹, Joel L. Weissfeld², Arzu Balkan^{1,3}, Jeffrey G. Schragin², Carl R. Fuhrman⁴, Stephen N. Fisher⁴, Jonathan Wilson⁵, Joseph K. Leader⁴, Jill M. Siegfried⁶, Steven D. Shapiro¹, and Frank C. Scirba¹

¹Division of Pulmonary Allergy and Critical Care Medicine, Department of Medicine, and ²Department of Epidemiology, University of Pittsburgh, Pittsburgh, Pennsylvania; ³Gulhane Military Medical Academy, Department of Pulmonary Medicine, Ankara, Turkey; ⁴Department of Radiology, ⁵Heart, Lung, Esophageal Surgery Institute, and ⁶Department of Pharmacology, University of Pittsburgh, Pittsburgh, Pennsylvania

Am J Respir Crit Care Med 2008;178:738-44

Lung cancer in different subgroups of a lung cancer screening cohort

Pamplona-IELCAP (P-IELCAP)



IELCAP – U. de Navarra

Risk of lung cancer



	RR	95% CI
Emphysema	2.51	1.01, 6.23
COPD	2.10	0.79, 5.58

N=1166; adjusted for age, sex and pack-years

Pittsburgh Lung Screening Study – P LuSS

Risk of lung cancer

n= 3638

	OR	95% CI
Emphysema	3.14	1.91, 5.15
COPD	1.41	0.87, 2.29

Adjusted for age, sex and pack-years

COPD – Emphysema in screening cohorts

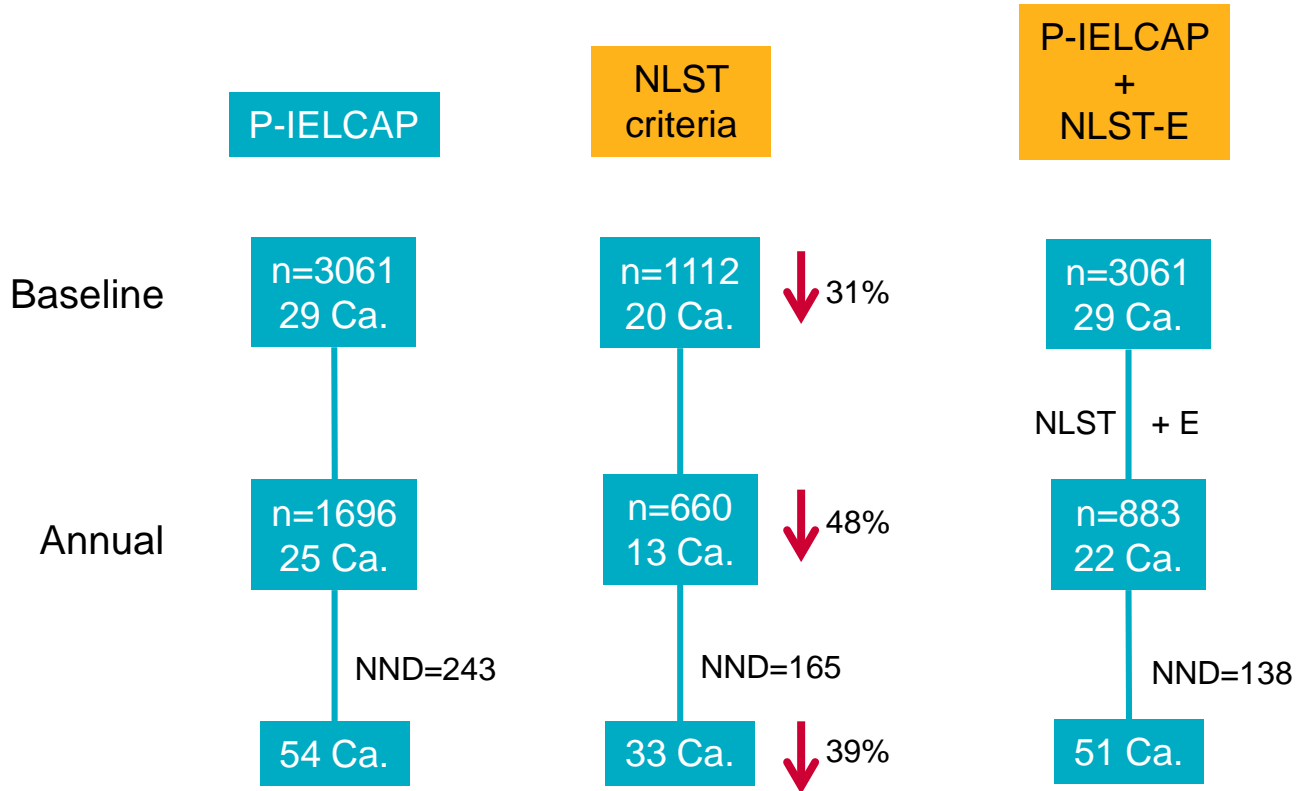
Trial	n	% COPD	% Emphysema
de Torres, IELCAP UN <i>Chest 2007</i>	1166	25%	29%
Wilson, PLuSS <i>AJRCCM 2008</i>	3638	43%	43%
Zulueta, NY-ELCAP <i>Chest 2012</i>	9047	-	29%
Maisonneuve, COSMOS <i>Cancer Prev Res 2011</i>	4596	15%	40%
IELCAP 2014 <i>ERJ 2014</i>	62 124	-	29%



Improving Selection Criteria for Lung Cancer Screening. The Potential Role of Emphysema

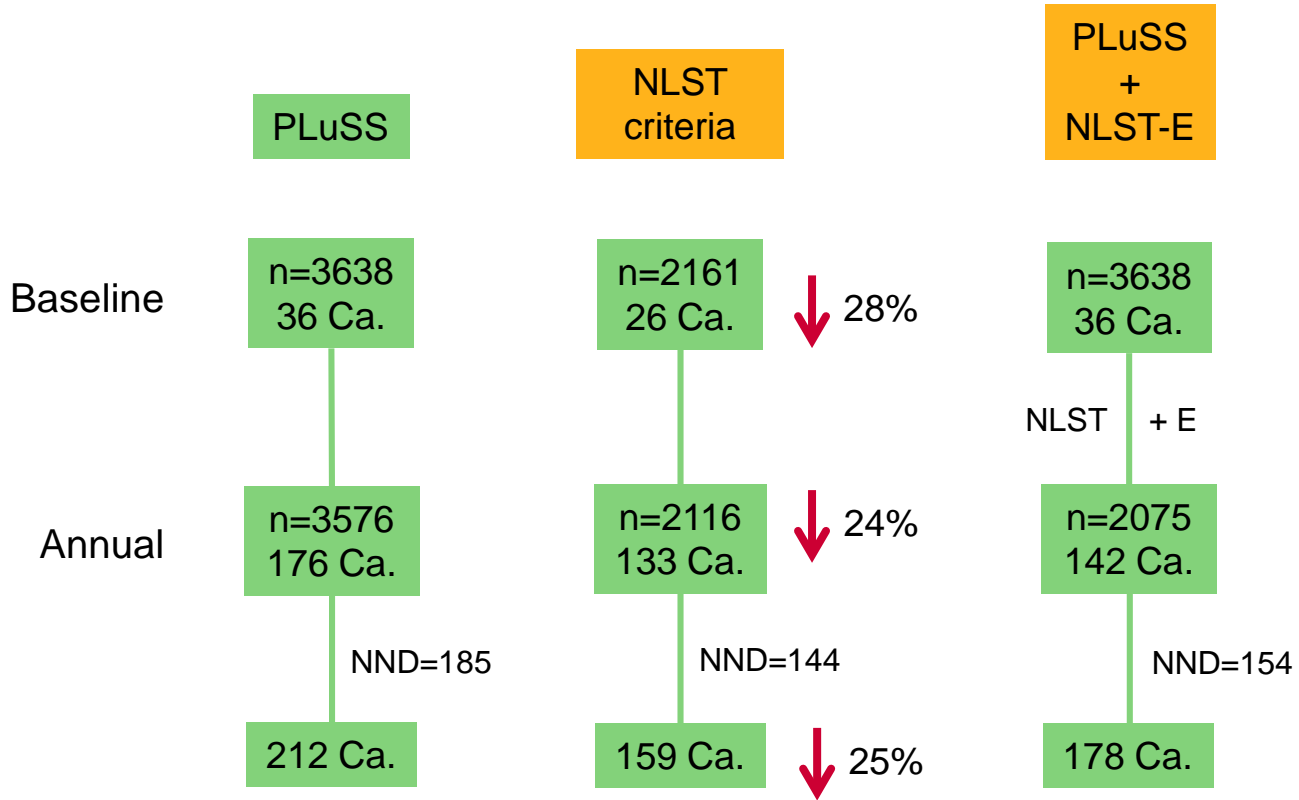
Pablo Sanchez-Salcedo¹, David O. Wilson², Juan P. de-Torres¹, Joel L. Weissfeld³, Juan Berto¹, Arantzazu Campo¹, Ana B. Alcaide¹, Jesús Pueyo⁴, Gorka Bastarrika⁴, Luis M. Seijo⁵, Maria J. Pajares^{6,7}, Ruben Pio^{6,8}, Luis M. Montuenga^{6,7}, and Javier J. Zulueta¹

P-IELCAP



Ca., cancer;
NND, the number needed to screen in a year to detect one lung cancer

PLuSS





Lung Cancer in Patients with Chronic Obstructive Pulmonary Disease. Development and Validation of the COPD Lung Cancer Screening Score

Juan P. de-Torres¹, David O. Wilson², Pablo Sanchez-Salcedo¹, Joel L. Weissfeld³, Juan Berto¹, Arantzazu Campo¹, Ana B. Alcaide¹, Marta García-Granero⁴, Bartolome R. Celli⁵, and Javier J. Zulueta¹

Lung Cancer in COPD patients: development and validation of the COPD LUng Cancer Screening Score

Panel A			
	p value	HR	95% CI
Age: > 60 vs < 60	0.001	2.5	1.6, 3.7
Sex: male vs female	0.88	0.9	0.7, 1.4
BMI: < 25 vs > 25	0.026	2.1	1.1, 4.1
Pack-years: > 60 vs < 60	0.001	1.9	1.3, 2.6
Active smoker	0.37	1.2	0.8, 1.6
Years of former smoker	0.47	1.6	0.5, 5.0
Family History LC: yes vs no	0.29	1.2	0.8, 1.8
GOLD I-II vs III-IV	0.04	1.4	1.04, 1.6
Emphysema: yes vs no	0.001	3.5	2.3, 5.2
Panel B			
	p value	HR	95% CI
Age: > 60 vs < 60	0.005	2.3	1.5, 3.5
BMI: < 25 vs > 25	0.15	1.2	0.9, 1.8
Pack-years: > 60 vs < 60	0.001	1.5	1.1, 2.2
Emphysema: yes vs no	0.001	2.7	1.7, 4.3

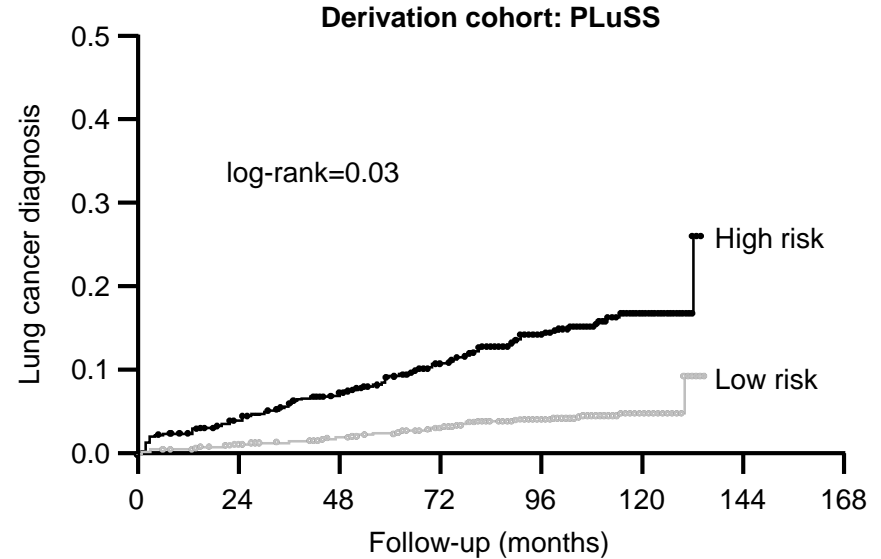
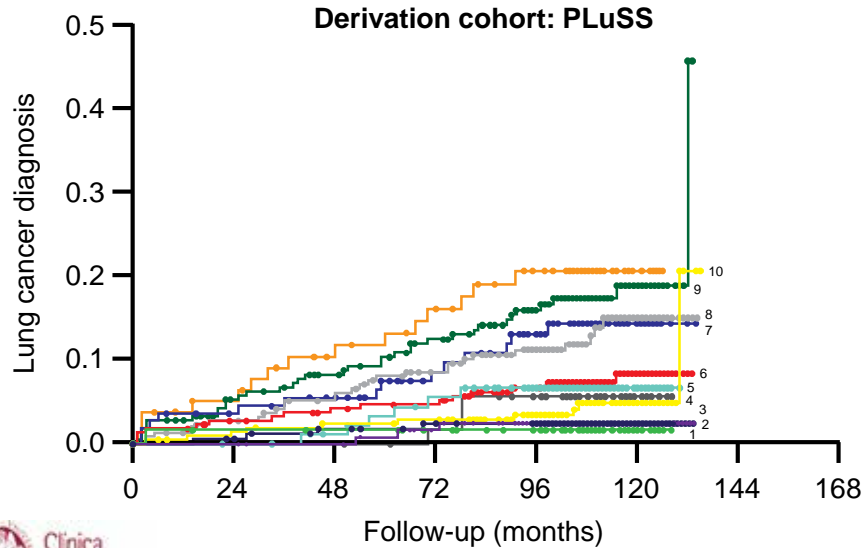
Lung cancer in COPD patients: development and validation of the COPD Lung Cancer Screening Score

COPD lung cancer screening score (COPD-LUCSS)

BMI: < 25	1 point
Pack-years history: > 60	2 points
Age: > 60	3 points
Radiological emphysema: yes	4 points
Total	10 points

COPD lung cancer screening score (COPD-LUCSS) categories



Low-risk category:	0-6 points
High-risk category:	7-10 points





Original Research: COPD

Identification of COPD Patients at High Risk for Lung Cancer Mortality Using the COPD-LUCSS-DLCO

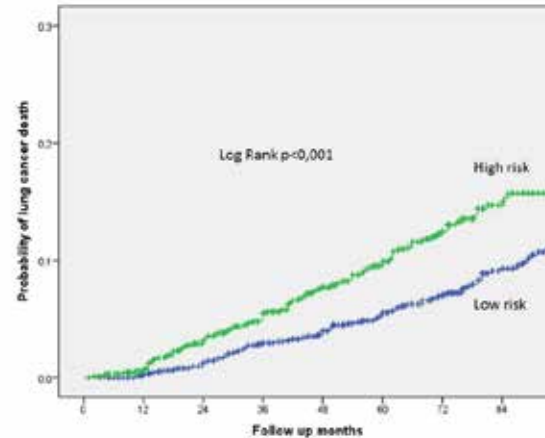
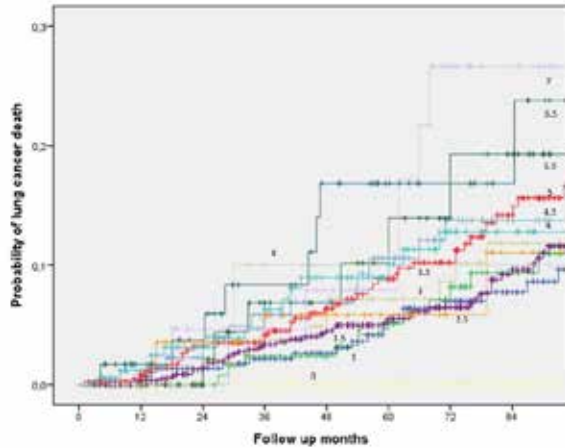
Juan P. de-Torres, MD^a,  , Jose M. Marín, MD^b, Ciro Casanova, MD^{c, d}, Victor Pinto-Plata, MD^f, Miguel Divo, MD^f, Claudia Cote, MD^{e, †}, Bartolome R. Celli, MD^f, Javier J. Zulueta, MD^a

Prediction of lung cancer mortality in COPD patients using the new COPD-LUng Cancer Screening Score DLCO

COPD lung cancer screening score (COPD-LUCSS) categories

Low risk Category: 0 – 3 points

High risk Category: 3.5 -8 points



	p value	HR	95% CI
Low-risk vs high-risk category	0.001	2.4	2.0, 2.7

Resumen

- El cribado con TCBD reduce la mortalidad por cáncer de pulmón **al menos** un 20%
- El sobrediagnóstico no tiene el peso suficiente para anular la reducción de mortalidad
- Los falsos positivos se pueden manejar sin pruebas diagnósticas invasivas
- El cribado de cáncer de pulmón es coste-efectivo

Resumen

- El enfisema es quizás el biomarcador que mejor predice el riesgo de cáncer de pulmón
- COPD LUCSS puede ser útil en la selección de pacientes con EPOC con el mayor riesgo