

# ¿Desescalamiento en el tratamiento del cáncer de orofaringe VPH+?



Societat Catalano-Balear de  
Cirurgia Maxilálofacial i Oral



A Favor



Miren Taberna Sanz

Oncología Médica  
Unidad Funcional de Cáncer de Cabeza y Cuello  
Unidad de Epidemiología Molecular y Genética en  
Infecciones y Cáncer  
**Institut Català d'Oncologia-IDIBELL**

# ¿Por qué plantearnos una de-escalada de tratamiento?



Epidemiológicas  
Moleculares  
Clínicas

Elevada  
toxicidad  
tratamientos  
actuales

Evidencia  
que soporta  
la des-  
intensificación

# ¿Por qué planteárnos una de-escalada de tratamiento?



Diferencias

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# Nivel epidemiológico



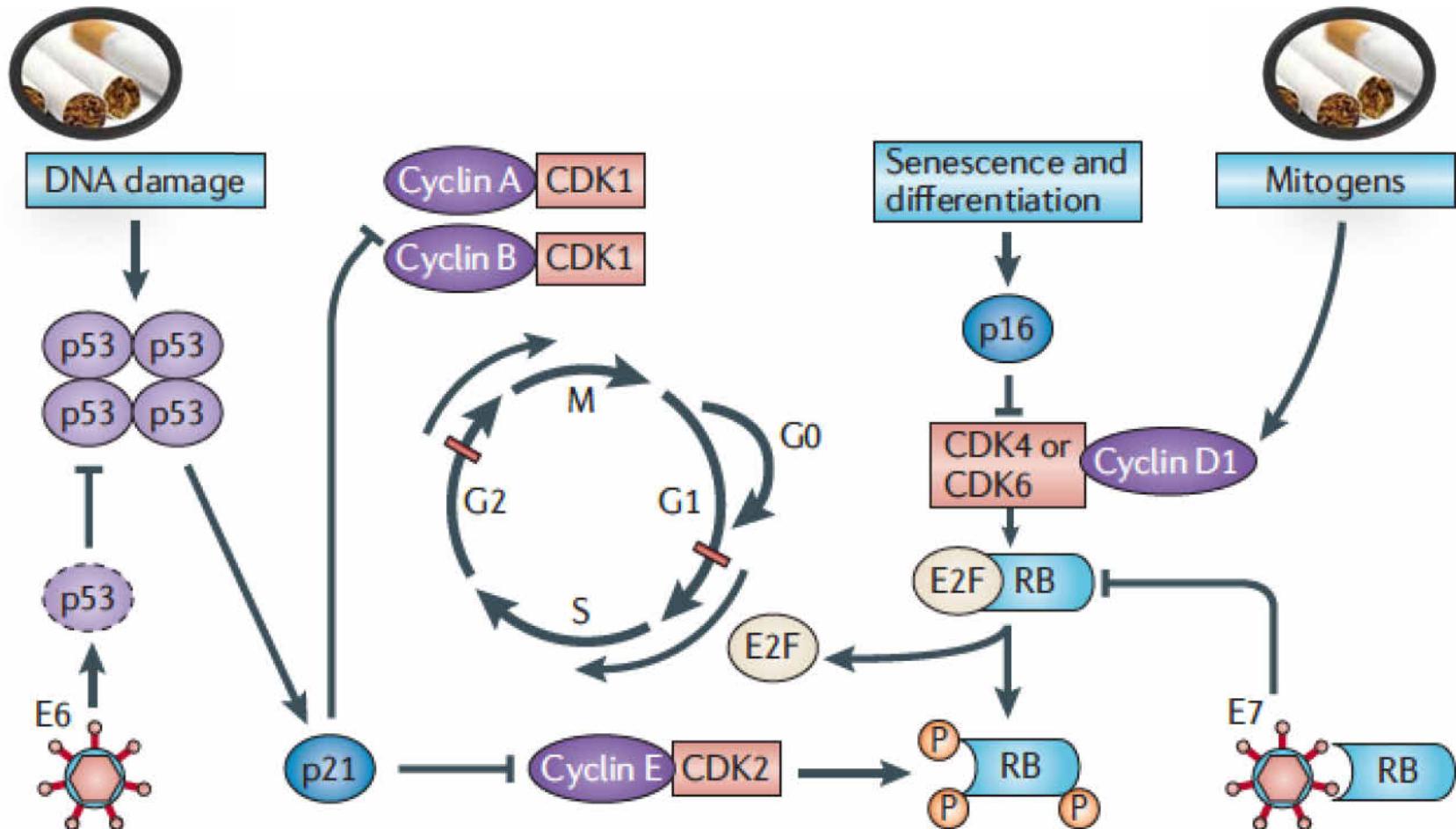
- Varón
- Edad avanzada
- Fumador
- Enol

- Varón (mujer según área geográfica)
- Jovén
- Elevado número de parejas sexuales
- No fumador/no enol (según área geográfica)
- Nivel cultural alto

A simple vista en la consulta...

*Gillison et. al, JCO 2016*

# Nivel molecular





## Diferencias en supervivencia VPH+ vs VPH-

<b>Study</b>	<b>Design</b>	<b>Site (n)</b>	<b>Treatment</b>	<b>HR HPV+ vs HPV- (Follow-up time)</b>
<i>Fakhry C, 2008</i>	Phase II	Oropx, Lx (96)	<b>CT</b>	<b>0.36 [0.15-0.85] (2y)</b>
<i>Lassen P, 2009</i>	Phase III	Px, Lx (156)	<b>RDT</b>	<b>0.44 [0.28-0.68] (5y)</b>
<i>Ang K, 2010</i>	Phase III	Oropx (323)	<b>CT</b>	<b>0.42 [0.27-0.66] (3y)</b>
<i>Rischin D, 2010</i>	Phase III	Oropx (172)	<b>CT</b>	<b>0.45 [0.21-0.96] (2y)</b>
<i>Lassen P, 2011</i>	Phase III	OC, Px, Lx (794)	<b>RDT</b>	<b>0.54 [0.42-0.68] (5y)</b>
<i>Posner MR, 2011</i>	Phase III	Oropx (111)	<b>CT</b>	<b>0.20 [0.10-0.38] (5y)</b>

“CT”: *Chemotherapy*, “RDT”: *Radiotherapy*.

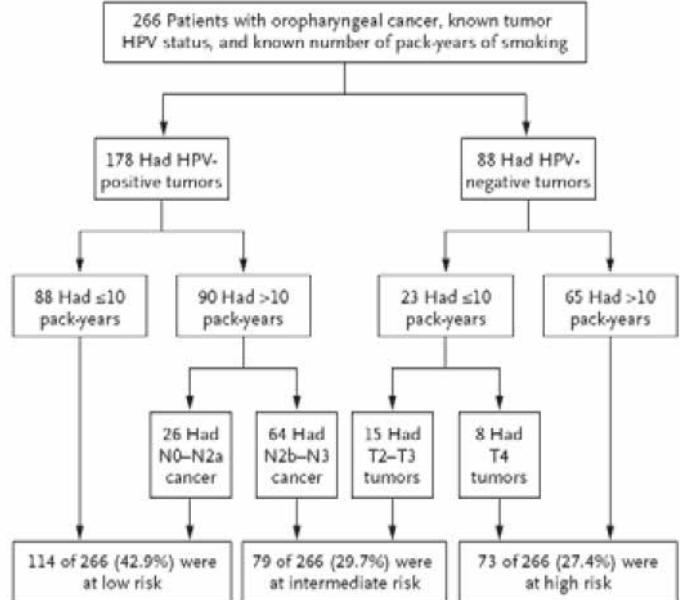
*Hazard ratio - adjusted by different information such as age, stage, ...;*

*Gillison ML et al. Vaccine. 2012.*

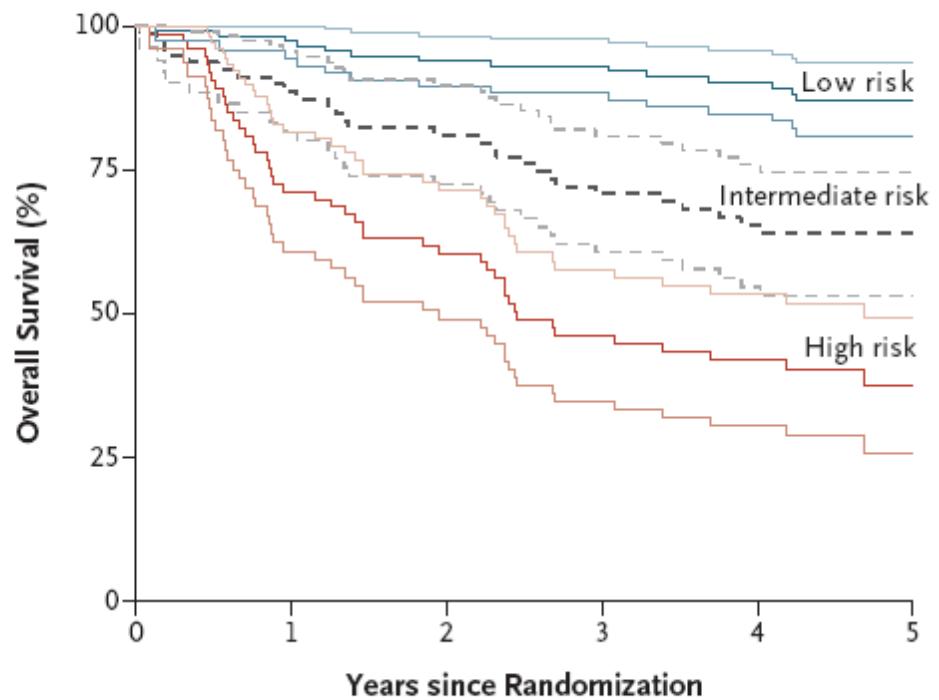
# Diferencias en supervivencia VPH+ vs VPH-



A



B



Ang et al. NEJM 2010

	OPSCC HPV-non related	OPSCC HPV-related
Risk factor	Alcohol, tobacco	Number of oral sex partners
Age	Older	Younger
Incident trends	Mostly decreasing	Increasing
Head and neck tumor location	Anyone	Base of the tongue , tonsil
Stage	Anyone	Small T , large N involvement
Radiological image	Anyone	Cystic nodal involvement
Histopathological features	keratinizing	Basaloid Non-keratinizing
Tumor differentiation	Anyone	Undifferentiated
Biology and genetic alterations:		
CDKN2A	Common	Rare
p16 <sup>INK4a</sup> overexpression	Rare	Common
EGFR	Common (amplification)	Rare
p53	Common	Rare (p53 degradation by E6)
pRb	Rare	Rare (pRb degradation by E7)
PI3KCA	Common	Common (APOBEC)
TRAF3	Rare	Common
Outcomes	Worse OS and PFS	Better OS and PFS
Metastatic dissemination	Yes	Rarely
Comorbidity	Yes	No
Second primary tumors	Yes	No
Prevention strategies	Quitting smoking and drinking	Vaccination (in development)

Taberna M. et al, manuscript in preparation

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## Base of tongue/tonsil/posterior pharyngeal wall/soft palate

## WORKUP

- H&P<sup>a,b</sup> including a complete head and neck exam; mirror and fiberoptic examination as clinically indicated
- Biopsy of primary site or FNA of the neck
- Tumor human papillomavirus (HPV) testing recommended<sup>c</sup>
- Chest imaging as clinically indicated
- CT with contrast and/or MRI with contrast of primary and neck
- Consider FDG-PET/CT for stage III-IV disease
- Dental evaluation,<sup>d</sup> including panorex as clinically indicated
- Nutrition, speech and swallowing evaluation/therapy, and audiogram as clinically indicated<sup>e</sup>
- EUA with endoscopy as clinically indicated
- Pre-anesthesia studies

Multidisciplinary consultation as clinically indicated

## CLINICAL STAGING

-P16 expression is highly correlated with HPV status and is widely available.  
-HPV in situ hybridization or PCR-based assay is also available.  
Although not used to guide treatment, HPV testing is valuable prognostically.

-The results of HPV testing should not change management decisions except in the context of a clinical trial.

<sup>a</sup>H&P should include documentation and quantification (pack years smoked) of tobacco use history. Smoking cessation counseling as clinically indicated. All current smokers should be advised to quit smoking, and former smokers should be advised to remain abstinent from smoking. For additional cessation support and resources, smokers can be referred to the [NCCN Guidelines for Smoking Cessation](#) and [www.smokefree.gov](#).

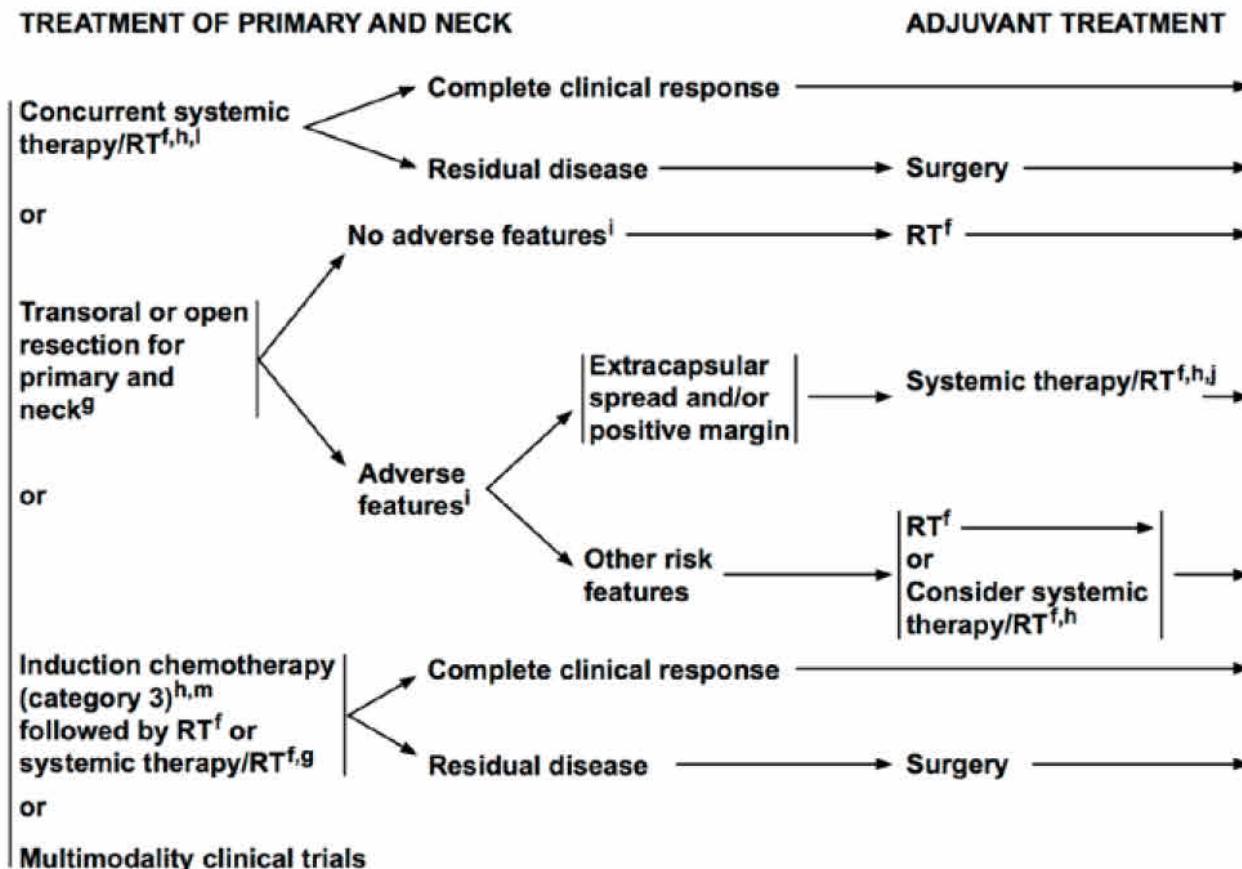
<sup>b</sup>Screen for depression ([See NCCN Guidelines for Distress Management](#)).

<sup>c</sup>P16 expression is highly correlated with HPV status and is widely available. HPV in situ hybridization or PCR-based assay is also available. Although not used to guide treatment, HPV testing is valuable prognostically. The results of HPV testing should not change management decisions except in the context of a clinical trial.

<sup>d</sup>[See Principles of Dental Evaluation and Management \(DENT-A\)](#).

<sup>e</sup>[See Principles of Nutrition: Management and Supportive Care \(NUTR-A\)](#).

## Base of tongue/tonsil/posterior pharyngeal wall/soft palate

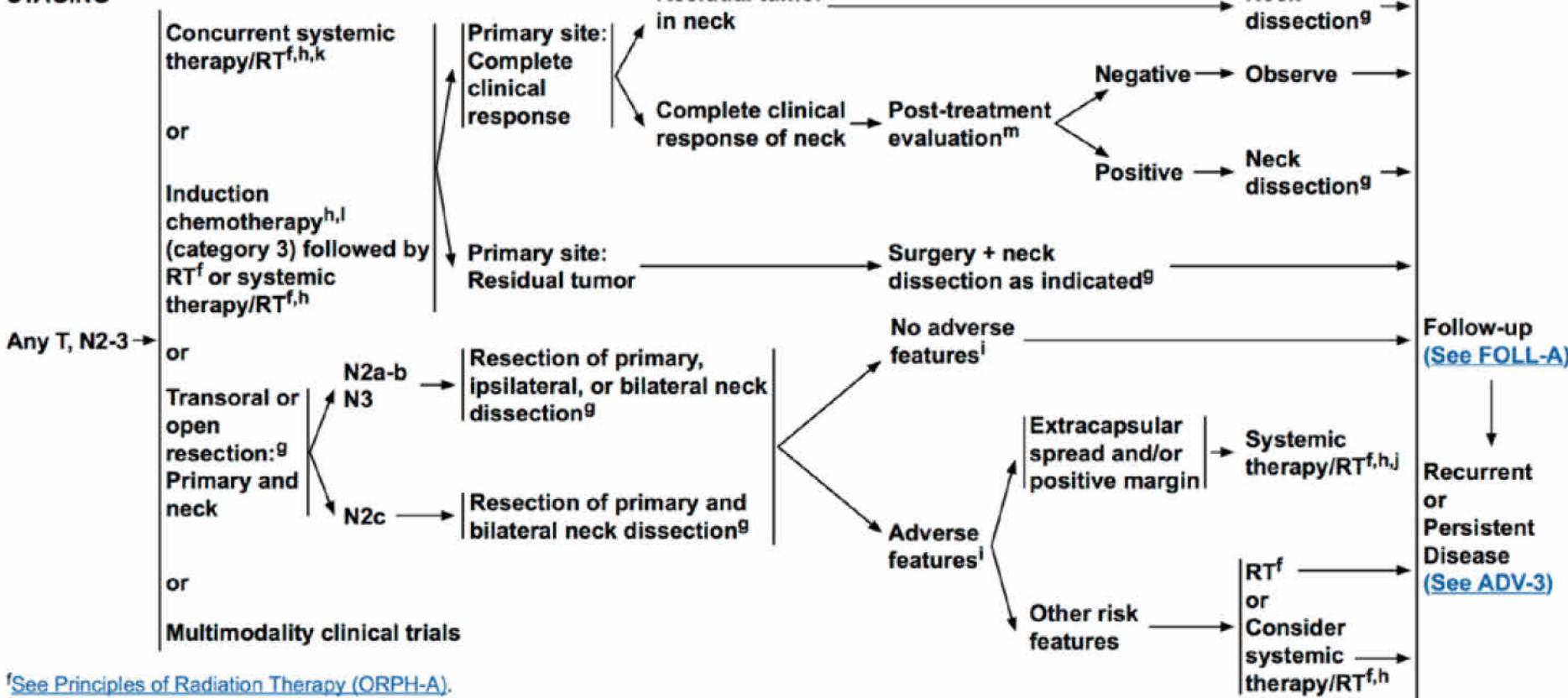
CLINICAL  
STAGING<sup>f</sup>See Principles of Radiation Therapy (ORPH-A).<sup>g</sup>See Principles of Surgery (SURG-A).<sup>h</sup>See Principles of Systemic Therapy (CHEM-A).<sup>i</sup>Adverse features: extracapsular nodal spread, positive margins, pT3 or pT4 primary, N2 or N3 nodal disease, nodal disease in levels IV or V, perineural invasion, vascular embolism (lymphovascular invasion) (See Discussion).<sup>j</sup>The recommendations for patients at high risk with extracapsular spread + positive margins are based on randomized studies involving patients for whom the HPV status of their tumors was not specified.<sup>m</sup>When using concurrent systemic therapy/RT, the preferred agent is cisplatin (category 1). See Principles of Systemic Therapy (CHEM-A).<sup>n</sup>See Discussion on induction chemotherapy.

# NCCN Guidelines Version 2.2016

## Cancer of the Oropharynx

Base of tongue/tonsil/posterior pharyngeal wall/soft palate

**CLINICAL STAGING**      **TREATMENT OF PRIMARY AND NECK**



<sup>f</sup>See Principles of Radiation Therapy (ORPH-A).

<sup>g</sup>See Principles of Surgery (SURG-A).

<sup>h</sup>See Principles of Systemic Therapy (CHEM-A).

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<sup>k</sup>When using concurrent systemic therapy/RT, the preferred agent is cisplatin (category 1). See Principles of Systemic Therapy (CHEM-A).

<sup>l</sup>See Discussion on induction chemotherapy.

<sup>m</sup>See Post Chemoradiation or RT Neck Evaluation (FOLL-A 2 of 2).

# Tratamiento habitual para los Carcinomas de Orofaringe localmente avanzados



IQ (+/- QMT-RDT) vs QMT-RDT o BioRDT (+/- QMT Inducción (TPF))



Fibrosis

Xerostomía/  
Alt. dentarias

Problemas  
respiratorios

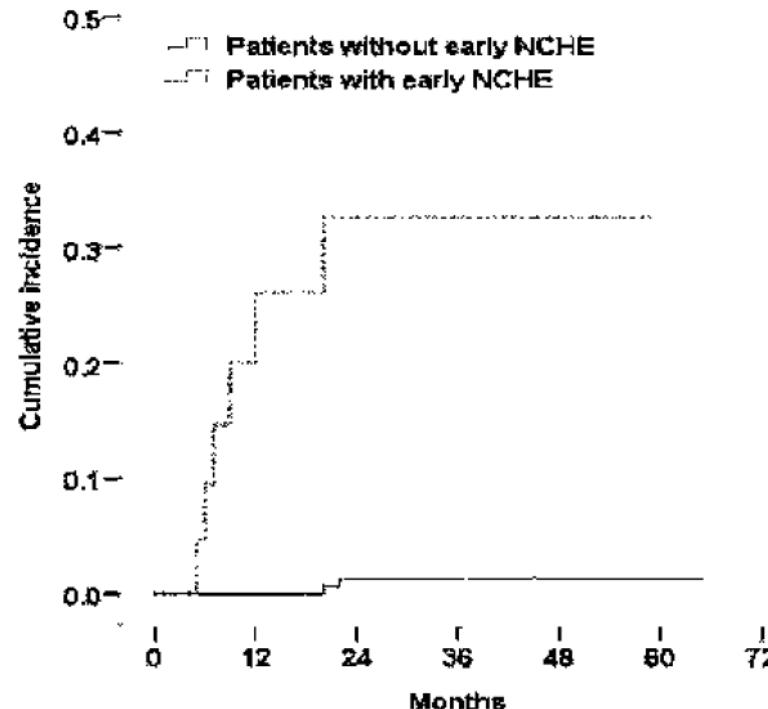
Disfagia

Disfonía

Alteraciones  
auditivas

Bentzen and Trott. JCO 2007.

# Aumento del número de muertes debido a eventos no-relacionados con cancer (Cardiovasculares, cerebrales...)



## No. at risk

	0	12	24	36	48	60	72
Without NCHE	168	164	136	85	43	9	0
With NCHE	22	16	10	7	3	0	0

NCHE: non-cancer health event

Kang et al. Medicine, 2016.



# Toxicidad aguda

+

# Toxicidad tardía

+

# Comorbilidad

+

# Pacientes jóvenes

Impacto social y económico

*Gillison et al. JCO 2012*

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114003||

Clinical Investigation

## Phase 2 Trial of De-intensified Chemoradiation Therapy for Favorable-Risk Human Papillomavirus–Associated Oropharyngeal Squamous Cell Carcinoma

Bhishamjit S. Chera, MD\*, †, □, □, Robert J. Amdur, MD‡, §, Joel Tepper, MD, Bahjat Qaqish, PhD†, ||, Rebecca Green, MSW\*, Shannon L. Aumer, MA#, Neil B. Jacobs, MD, MPH‡, ¶, Jared Weiss, MD†, ¶, Juneko Grilley-Olson, MD†, ¶, Adam Zanation, MD#, Trevor Hackman, MD#, William Funkhouser, MD\*\*, Nathan Sheets, MD††, Mark Weissler, MD#. William Mendenhall, MD‡, §



- Phase II study
- N=43 low volume HPV-OPSCC
- Cisplatin 30 mg/m<sup>2</sup>/week + 60 Gy IMRT → **16% reduction in RT and a 60% reduction in cisplatin dose**

-Excellent pCR rate of 86% (98% for the primary site and 84% for the cervical neck nodes)  
-Comparatively lower acute toxicities with a de-intensified CRT regimen in favorable-risk HPV-associated OPSCC.  
- Our observed pCR rate is similar to the 87% local-regional control rate after standard-dose CRT



Existen precedentes desde el año 2001 para el tto de pacientes con cáncer de orofaringe HPV+ con dosis reducidas de RDT a 60 Gy / 5 semanas

VOLUME 31 • NUMBER 5 • FEBRUARY 10 2013

JOURNAL OF CLINICAL ONCOLOGY

ORIGINAL REPORT

Deintensification Candidate Subgroups in Human Papillomavirus–Related Oropharyngeal Cancer According to Minimal Risk of Distant Metastasis

Brian O'Sullivan, Shao Hui Huang, Lillian L. Siu, John Waldron, Helen Zhao, Beyardo Perez-Orosco, Ilan Weinreb, John Kim, Jolie Ringash, Andrew Bayley, Laura A. Dawson, Andrew Hope, John Chon, Jonathan Irish, Ralph Gilbert, Patrick Gullane, Angela Hui, Fei-Fei Liu, Eric Chen, and Wei Xu

- 
- 449 OPSCC were treated with RT alone. Variety of schedules (60-70 Gy over 4-7 weeks).
  - 148 patients with p16-positive OPSCC, 41% had T3-T4 tumors and 87% were stage III-IVB.
  - Patients with p16-positive OPSCC who had ≤10 pack-years (n = 37) had 3-year OS, cause-specific survival, local control, and regional control rates of 86%, 92%, 95% and 97%, with distant control rates of 92%**
  - Additional analyses indicated high volume disease (T4 or N3) to have a high-risk of disease progression, even if tobacco exposure is <10 pack-years

# Estrategias principales para la des-intensificación del tratamiento:



- Utilización de **terapias anti-EGFR** (Cetuximab) como una alternativa al tratamiento con Cisplatino en la concomitancia con Radioterapia.
- **Reducción de la dosis de Radioterapia** en el tratamiento concomitante radical tras haber obtenido una buena respuesta a la quimioterapia de inducción.
- **Reducción de la quimioterapia adyuvante** o de la **dosis de radioterapia** tras un primer tratamiento quirúrgico.
- Utilización de **inmunoterapia** como una alternativa al tratamiento con Cisplatino en la concomitancia con Radioterapia.

# Estrategias principales para la des-intensificación del tratamiento



Strategy	Country	Trial	Phase	N	Comments
Cetuximab with IMRT radiation  (in comparison with IMRT-cisplatin)	US	RTOG 1016 NCT01302834	Phase III	706	
	US	NCT01663259	Phase III	36	Smoking history <10 pack-year
	Australia	TROG 1201 NCT01855451	Phase III	200	
	UK	De-ESCALaTE NCT01874171	Phase III	304	
Reduction dose of IMRT when given in combination with CT, after iCT	US	ECOG 1308 NCT01084083	Phase II	90	2-years PFS of 80% reported for patients with cCR
	US	NCT01133678	Phase II	80	Everolimus in combination with iCT
	US	Quarterback trail NCT01706939	Phase III	365	Non-smokers
	US	OPTIMA NCT02258659	Phase II	61	iCT with Nab-paclitaxel and carboplatin
Reduced-dose of IMRT with or without CT	US	NRG-HN002 NCT02254278	Phase II	296	Low risk HPV-related OPSCC*
	US	NCT01932697	Phase II	80	Hyperfractionated IMRT and Docetaxel Smoking history <10 pack-year
Surgery followed by reduction of adjuvant CT or low dose of IMRT	US	ADEPT NCT01687413	Phase III	496	No margins affected but extracapsular spread in lymph nodes
	US	ECOG 3311 NCT01898494	Phase II	377	Transoral surgery
	UK	PATHOS NCT02215265	Phase II	88	Transoral surgery Stage T1-T3, N0-N2b
	US	SIRS TRIAL NCT02072148	Phase II	200	Robotic surgery
	US	NCT02159703	Phase II	60	Transoral robotic surgery

Taberna M. et al, manuscript in preparation

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Taberna M. et al, manuscript in preparation

CT: chemotherapy; IMRT: intensity modulated radiation therapy,

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iCT: induction chemotherapy, cCR: clinical Complete Response.

Institut Català d'Oncologia



## E1308: Phase II Trial of Induction Chemotherapy Followed by Reduced-Dose Radiation and Weekly Cetuximab in Patients With HPV-Associated Resectable Squamous Cell Carcinoma of the Oropharynx—ECOG-ACRIN Cancer Research Group

Shanthy Marur, Shuli Li, Anthony J. Cmelak, Maura L. Gillison, Weiqiang J. Zhao, Robert L. Ferris, William H. Westra, Jill Gilbert, Julie E. Bauman, Lynne I. Wagner, David R. Trevarthen, Jahagirdar Balkrishna, Barbara A. Murphy, Nishant Agrawal, A. Dimitrios Colevas, Christine H. Chung, and Barbara Burtness

### Purpose

Human papillomavirus (HPV)-associated oropharyngeal squamous cell carcinoma (OPSCC) is treatment-responsive. Definitive chemoradiation results in high cure rates but causes long-term toxicity and may represent overtreatment of some patients. This phase II trial evaluated whether complete clinical response (cCR) to induction chemotherapy (IC) could select patients with HPV-associated OPSCC for reduced radiation dose as a means of sparing late sequelae.

### Methods

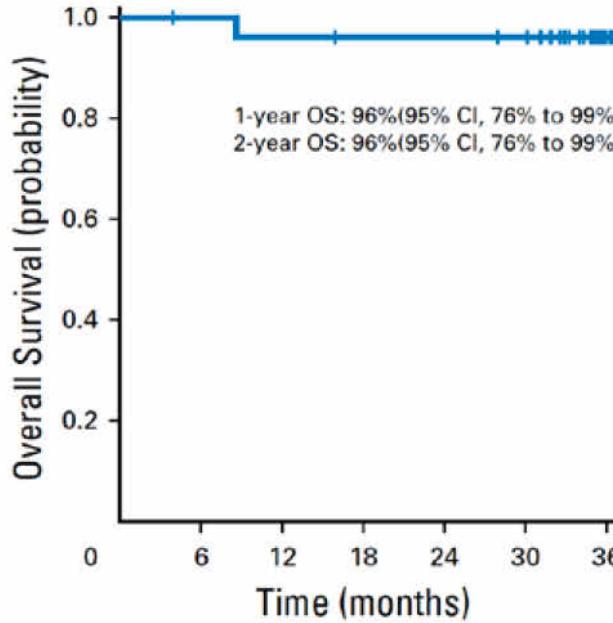
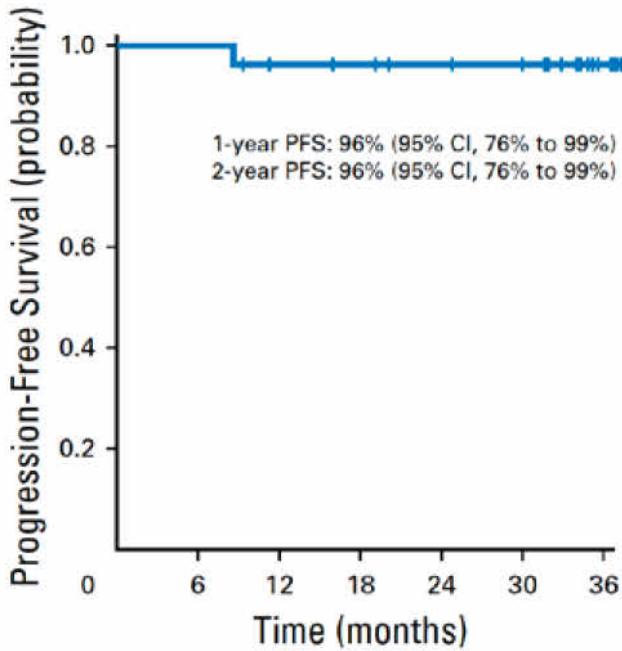
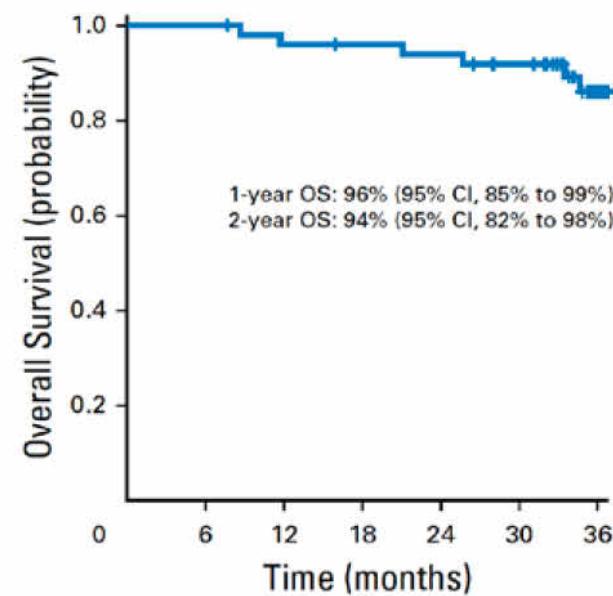
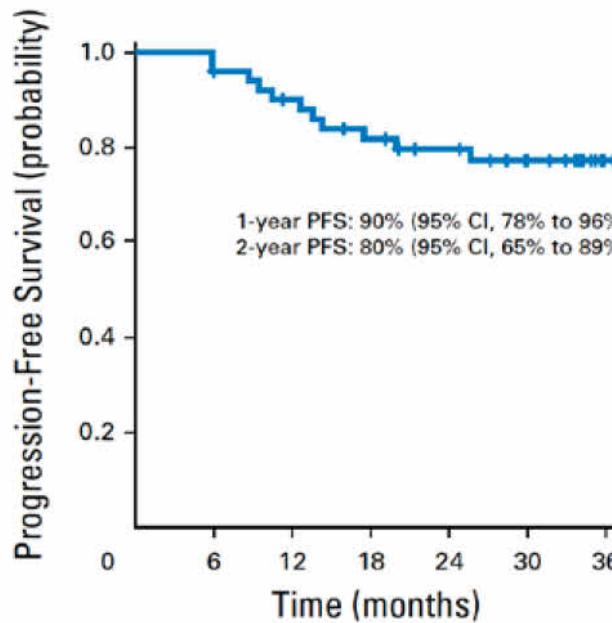
Patients with HPV16 and/or p16-positive, stage III-IV OPSCC received three cycles of IC with cisplatin, paclitaxel, and cetuximab. Patients with primary-site cCR to IC received intensity-modulated radiation therapy (IMRT) 54 Gy with weekly cetuximab; those with less than cCR to IC at the primary site or nodes received 69.3 Gy and cetuximab to those regions. The primary end point was 2-year progression-free survival.

### Results

Of the 90 patients enrolled, 80 were evaluable. Their median age was 57 years (range, 35 to 73 years), with the majority having stage T1-3N0-N2b OPSCC and a history of < 10 pack-years of cigarette smoking. Three cycles of IC were delivered to 77 of the 80 patients. Fifty-six patients (70%) achieved a primary-site cCR to IC and 51 patients continued to cetuximab with IMRT 54 Gy. After median follow-up of 35.4 months, 2-year progression-free survival and overall survival rates were 80% and 94%, respectively, for patients with primary-site cCR treated with 54 Gy of radiation ( $n = 51$ ); 96% and 96%, respectively, for patients with < T4, < N2c, and < 10 pack-year smoking history who were treated with  $\leq 54$  Gy of radiation ( $n = 27$ ). At 12 months, significantly fewer patients treated with a radiation dose  $\leq 54$  Gy had difficulty swallowing solids (40% v 89%;  $P = .011$ ) or had impaired nutrition (10% v 44%;  $P = .025$ ).

### Conclusion

For IC responders, reduced-dose IMRT with concurrent cetuximab is worthy of further study in favorable-risk patients with HPV-associated OPSCC. Radiation dose reduction resulted in significantly improved swallowing and nutritional status.



# Conclusiones



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?



**Si, a favor de las terapias de des-intensificación**

- Técnica diagnóstica de un carcinoma orofaringe HPV-positivo
  - HPV-alto riesgo: T4/N3 , fumadores> 10 paquetes/año

# Muchas gracias



**mtaberna@iconcologia.net**

**<http://ico.gencat.cat>**



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## Institut Català d'Oncologia

### **ICO l'Hospitalet**

Hospital Duran i Reynals  
Av. Granvia de l'Hospitalet, 199-203  
08908 L'Hospitalet de Llobregat

### **ICO Badalona**

Hospital Germans Trias i Pujol  
Ctra. del Canyet s/n  
08916 Badalona

### **ICO Girona**

Hospital Doctor Trueta  
Av. França s/n  
17007 Girona

### **ICO Camp de Tarragona i Terres de l'Ebre**

Hospital Joan XXIII  
C. Dr. Mallafré Guasch, 4 43005 Tarragona  
Hospital Verge de la Cinta  
C. de les Esplanetes, 14 43500 Tortosa