

XXXIII Diada Pneumològica

17 i 18 d'abril de 2015

L'Hospitalet - Barcelona



Hospital Universitari de Bellvitge

Rol investigador: infermeria i fisioteràpia com a investigador principal (IP)

MSc Gerard Muñoz Castro
Institut d'Investigació Biomèdica Girona
Hospital Universitari Dr. Josep Trueta



Podem ser investigadores principais??



NO

SI

Què es necessita??



- RECURSOS
- EQUIP
- IDEES
- FORMACIÓ

RECURSOS



- Societats públiques
 - Instituto Carlos III
- Societats privades
 - Socap
 - Separ
 - Ers
 - La Caixa
 - ...
- Espai on realitzar la recerca
 - Hospital
 - Clínica
- Material

EQUIP

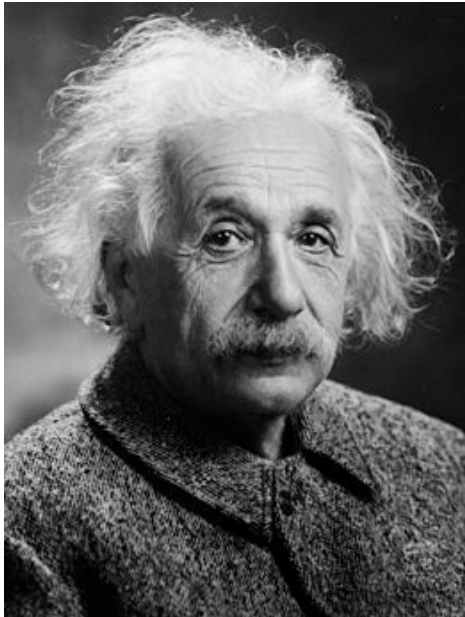


- És necessari comptar amb ajuda mèdica?
- Es treballa millor en equips interdisciplinaris?
- Estudis multicèntrics?

Together
WE
Achieve
More



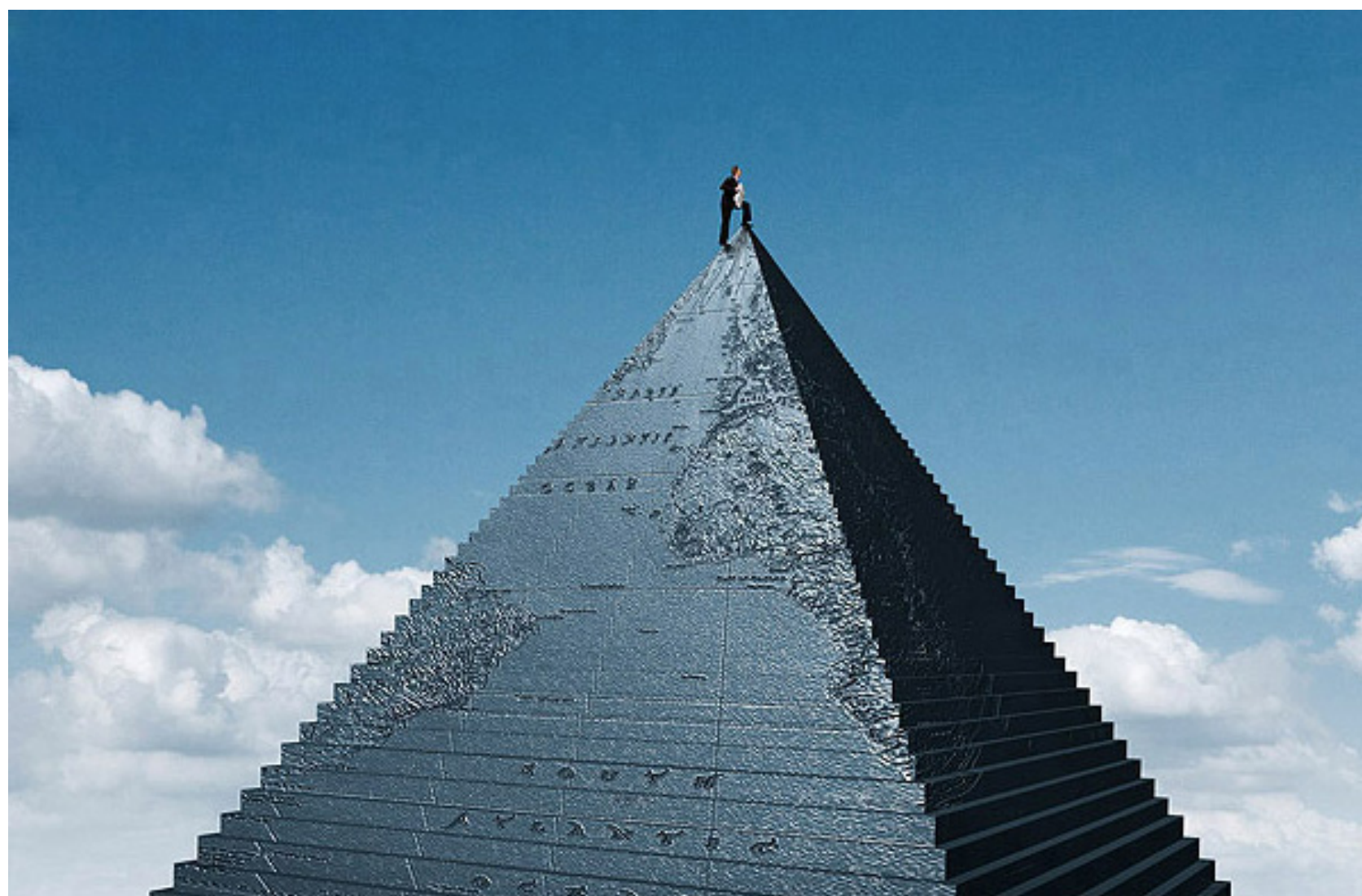
IDEES



- Hem de tenir inquietuds
- Ens hem de posar preguntes
- És necessari buscar informació
- Podem assistir a congressos

FORMACIÓ

- Formació complementaria (cursos, postgraus, màsters,...)
- Metodologia
- Estadística
- Tesi Doctoral



- “Medicina basada en l’evidència”
- Millora del coneixement sobre la professió
- Millora del maneig del malalt
- Millora de la seva qualitat de vida
- Millora personal i professional

Podem ser investigadores principais??



NO

SI

36 - Técnicas de Fisioterapia Respiratoria en cirugía abdominal: revisión.

Yolanda Sanesteban Hermida¹, Dra. Isabel Yáñez Brage², Dr. Jose Manuel Pazos Rosales³, Raquel Sebio García⁴, María Martín García⁵, ⁶

¹Complejo Hospitalario Universitario de A Coruña (SERGAS). Facultad de Fisioterapia. Universidad de A Coruña., ²Facultad de Fisioterapia. Universidad de A Coruña., ³ Facultad de Fisioterapia. Universidad de Vigo., ⁴Complejo Hospitalario Universitario de A Coruña (SERGAS). Facultad de Fisioterapia. Universidad de A Coruña. , ⁵Complejo Hospitalario Universitario de A Coruña (SERGAS)., ⁶

89 - Efectividad de un programa de Rehabilitación Pulmonar preoperatorio en pacientes operados por videocirugía

Raquel Sebio García¹, Ana Lista Paz¹, María Isabel Yáñez Brage¹, Yolanda Sanesteban Hermida², Beatriz Lopez Calviño³, ⁴

¹Universidade A Coruña, ²Complejo Hospitalario Universitario A Coruña, ³Complejo Hospitalario Universitario A Coruña, ⁴

324 - Efectos de un programa de actividad física en la mejora de la calidad de vida en pacientes con SAHS y obesidad

Luis Lores Obradors¹, Carles Parés², Susana Mena¹, Salud Vicedo¹, Elisabeth Arellano¹, Raffaele Fiorillo¹

¹Parc Sanitari Sant Joan de Déu, ²Universitat de Vic

61 - Efectividad de la estimulación nerviosa transcutánea (TENS) en la disminución del dolor postoracotomía y en la recuperación funcional del hombro. Estudio prospectivo aleatorizado.

Pedro Esteban González¹, Gonzalo Varela Simó¹, Nuria Novoa Valentín¹, Teresa Gómez Hernández¹, María Rodríguez Pérez¹

¹Complejo asistencial universitario de Salamanca

51 - PAPEL DE LA FISIOTERAPIA RESPIRATORIA EN LA VENTILACIÓN MECÁNICA NO INVASIVA EN UN HOSPITAL GENERAL.

Inmaculada Castillo Sánchez¹, Julia Tárrega Camarasa¹, Enric Barbeta Sánchez¹

¹Hospital General de Granollers

31 - Efecto de la rehabilitación pulmonar preoperatoria en los pacientes con cáncer de pulmón

Raquel Sebio García¹, Ana Lista Paz¹, María Isabel Yáñez Brage¹, Yolanda Sanesteban Hermida^{2, 3}

¹Universidade A Coruña, ²Complejo Hospitalario Universitario A Coruña, ³

40 - Efectividad de un protocolo de fisioterapia en la prevención de complicaciones respiratorias asociadas a la disfagia post-extubación

Roberto Martínez Alejos¹, Laurent Petit¹, Raquel Granda Vara¹, Julie Laimay¹

¹CHU Bordeaux

45 - Validación de la versión española del cuestionario de tos "Leicester Cough Questionnaire" en pacientes adultos con bronquiectasias secundarias a fibrosis quística

Gerard Muñoz Castro¹, Casilda Oliveira Fuster², Rosa Giron Moreno³, Javier de Gracia Roldán⁴, Antonio Alvarez Fernandez⁴, Maria Buixó Pujolras⁵, Eric Rojas Calvera¹, Montserrat Vendrell Relat¹

¹Hospital Universitari Dr. Josep Trueta, ²Hospital Carlos Haya, ³Hospital Universitario La Princesa, ⁴Hospital Universitario Vall Hebron, ⁵Institut d'Investigació Biomèdica Girona

365 - Ensayo clínico prospectivo, aleatorio y comparativo entre el Ciclo Activo de Técnicas Respiratorias y el Drenaje Autógeno en el postoperatorio de las lobectomías por carcinoma broncogénico.

Anna Garcia Segura¹, Noelia Carrasco Rodriguez¹, Salvador Quintana Riera¹, Ramón Rami Porta^{1, 2}

¹Hospital Universitari Mútua Terrassa, ²

342 - ¿VALORAMOS ADECUADAMENTE LA OBESIDAD EN LA EPOC?

Anna Rodo Pin¹, Guillem Pina², Ana Balañá¹, Juana M^a Martínez-Llorens³, Joaquim Gea³, Diego A Rodríguez³

¹Hospital del Mar, ²Univerisdad Pompeu Fabra, ³Hospital del Mar-Universidad Pompeu Fabra-CIBERES

473 - ¿cómo influye el tabaquismo en el paciente con artritis reumatoide?

Esther Saiz Rodrigo¹, Dolores del Puerto García¹, Mercedes Sánchez Bommatty², Pilar Cano Lucena¹, Mirian Torres González¹, Juan Antonio Riesco Miranda¹

¹Hospital San Pedro de Alcántara, ²Hospital Universitario Puerta del Mar

501 - INTERVENCIÓN EDUCATIVA ENFERMERA SOBRE TABAQUISMO EN UN INSTITUTO DE EDUCACIÓN SECUNDARIA

Emilia Abad¹, Begoña Ibáñez¹, Jacobo Sellares¹, Jesus Aibar¹, Pilar Buera¹, Nuria Seijas¹, Joana Gonzalez¹, Carme Hernández¹

¹Hospital Clinic Barcelona

603 - FACTORES PREDICTIVOS DE DESHABITUACION TABAQUICA A LARGO PLAZO, TRAS TRATAMIENTO PSICOFARMACOLÓGICO

Marta Ferrer Galván¹, Ana Ruiz Bernal¹, Auxiliadora Romero Falcón¹, Juan Francisco Medina Gallardo¹, Pilar Perez Morilla¹, Pablo Pérez Navarro¹, Francisco Javier Álvarez Gutiérrez¹

¹Hospital Universitario Virgen del Rocío

638 - RESULTADOS DE UNA CONSULTA DE ENFERMERIA DE TABAQUISMO EN UN HOSPITAL DE TERCER NIVEL.

M^º Trinidad Muñoz Gómez¹, Lucia Serrano Molina¹, Piedad Ussetti Gil¹, Isabel Millán Santos¹, Miriam Aguilar Pérez¹, M^º Carmen Pérez Canosa^{1, 2}

¹Hospital Puerta de Hierro, ²

24 - PERFIL DE PACIENTES DERIVADOS A LA REALIZACIÓN DE POLISOMNOGRAFÍA HOSPITALARIA EN LA AGENCIA SANITARIA COSTA DEL SOL

Ana Mochón Doña¹, Juan Antonio Piña Fernández², Pilar Cuéllar Raya¹, Luis Fernández de Rota¹, Jose Joaquín Cebrian Gallardo¹, Ana Mochón Doña¹

¹APES Costa del Sol, ²Air Liquide Healthcare

25 - IMPORTANCIA DE REVISIONES ANUALES DE PACIENTES EN TRATAMIENTO CON CPAP EN UNA CONSULTA DE ENFERMERIA. EXPERIENCIA EN LA AGENCIA SANITARIA COSTA DEL SOL

Ana Mochón Doña¹, Juan Antonio Piña Fernández², Pilar Cuéllar Raya¹, Luis Fernández de Rota¹, Jose Joaquín Cebrian Gallardo³, Ana Mochón Doña¹

¹APES Costa del Sol, ²Air Liquide Healthcare, ³APESCosta del Sol

28 - EDUCACIÓN DEL PACIENTE ASMÁTICO EN CONSULTAS DE ATENCIÓN PRIMARIA CON APLICACIÓN INFORMÁTICA DE LA GEMA Y ENTORNO ASISTENCIAL COLABORATIVO

Itziar Arrizubieta¹, Amagoia Aldazabal¹, Cristina Hortelano¹, Andria Sarria¹, Jesús Ángel Valle², Eva María Díez², Sandra Dorado¹

¹Sº Neumología Hospital Galdakao-Usansolo (Bizkaia), ²Atención Primaria Comarca Interior Bizkaia

612 - Análisis de la implementación de un Centro de Llamadas de soporte a los pacientes con Hipertensión Pulmonar

Mariana Roman Runk¹, Núria Seijas Babot², Jesús Aibar Gallizo³, Anna Orquin Sabater³, Lourdes Llop Caus³, M^º Carme Grané Alsina³, Silvia Valls Padró³, Isabel Blanco³, Gemma Argemí³, Roberto del Pozo³, Carmen Hernandez Carcereny³, Joan Albert Barberà³

¹Hospital Clínic, ²Hospital Clínic Barcelona, ³Hospital Clínic Barcelona

604 - TABAQUISMO Y NEUMONIA ADQUIRIDA EN LA COMUNIDAD EN POBLACION JOVEN

Alexandra Gimeno Cardells¹, Beatriz Montull Veiga¹, Raul Mendez Ocaña¹, Rosaly Moreno Mendez¹, Isabel Amara Elori¹, Ana Gil Brusola¹, Rosario Menéndez Villanueva¹, Alexandra Gimeno Cardells¹

¹Hospital Universitari i Politècnic La Fe

DETAILED PROGRAMME

- P600 Functional independence, symptoms, quality of life and emotional responses after pulmonary rehabilitation in COPD**
 F. Moretti, G. Vaghegghini, S. Mazzoleni, G. Montagnani, E. Panait Vlad, P. P. Cavicchioli, G. Farru, L. Pantani, D. Berrighi, L. Buono, N. Ambrosino (Volterra, Italy)
- P601 Cardiovascular effects of exercise training in an animal model of COPD**
 E. Hassel, A. M. O. Berre, A. J. Skjulsvik, U. Wisløff, S. L. Steinshamn (Trondheim, Norway)
- P602 Effect of exercise pulmonary rehabilitation on long-term outcomes in idiopathic pulmonary fibrosis**
 B. Vainshelboim, J. Oliveira, B. Fox, M. Kramer (Petach Tikva, Israel; Porto, Portugal)
- P603 Mortality predictive factors in COPD patients after a pulmonary rehabilitation programme – a 3 years study**
 C. Saraiva, D. Neves, T. Abreu, F. Rodrigues, C. Barbara, U. Brito (Faro, Lisbon, Portugal)
- P604 Physical activity improved significantly in patients with chronic obstructive pulmonary disease non responders to an outpatient pulmonary rehabilitation program (PRP)**
 I. Malagrino, B. Vagaggini, F. Costa, G. Decusatis, C. De Simone, S. Antonelli, S. Santerini, G. Lenzini, P. Paggiaro (Pisa, Italy)
- P605 Effect of periodized aerobic training on power and autonomic modulation in COPD patients**
 M. Leite, E. M. C. Ramos, A. P. Freire, B. S. Silva, J. Nicolino, R. F. Xavier, G. N. Bertolini, P. Pestana, R. C. Cuissi, R. David, I. Burrola, M. Papoti, C. R. F. Carvalho, L. C. M. Vanderlei, D. Ramos (Presidente Prudente, Sao Paulo, Rio Claro, Brazil)
- P606 Short term outcomes of pulmonary rehabilitation: A comparison between patients immediately after hospitalization for AECOPD and stable COPD patients**
 M. Wittmann, D. Jelusic, M. Schuler, H. Alma, C. de Jong, T. van der Molen, K. Schultz (Bad Reichenhall, Würzburg, Germany; Groningen, the Netherlands)
- P607 The effect of acute exercise on the systemic inflammation in patients with moderate or severe asthma**
 F. A. R. Mendes, A. França-Pinto, R. Stelmach, A. Cukier, M. Martins, C. R. F. Carvalho (São Paulo, Sao Paulo, Brazil)
- P608 Obstructive sleep apnoea: A new indication for pulmonary rehabilitation?**
 D. J. Carrington, C. M. Nolan, P. Dickel, S. S. C. Kon, J. L. Canavan, S. E. Jones, E. W. Bone, A. L. Clark, S. A. Natanek, W. D. C. Man (Harefield, United Kingdom)
- P609 Psychological intervention (PsychInt) in pulmonary rehabilitation (PR) is effective on anxiety and depression**
 G. Balestroni, S. Seemayer, G. Omarini, P. Omarini, M. Paneroni, M. Vitacca, B. Balb (Veruno, Lumezzane, Italy)
- P610 Repeat pulmonary rehabilitation programmes: Are they beneficial in COPD?**
 K. Ingram, J. Canavan, S. Kon, C. Nolan, S. Jones, A. Clark, D. Kaliaraju, W. Man (Harefield, United Kingdom)

- P619 Respiratory muscles trainings as a way of physical rehabilitation in patients with chronic obstructive pulmonary disease and myocardial infarction**
G. Arutyunov, A. Rylova, E. Kolesnikova, N. Rylova, V. Lobzeva (Moscow, Russian Federation)
- P620 Adherence to interdisciplinary pulmonary rehabilitation program at a public hospital in Buenos Aires, Argentina**
C. Boim, M. Storni, M. Cortiñaz, M. F. Monti, M. Khoury, S. Chiervo (Vicente Lopez, Argentina)
- P621 Home rehabilitation to improve respiratory muscles in patients recovering from a prolonged ICU stay and in-hospital rehabilitation**
M. Vitacca, L. Barbano, F. Vanoglio, A. Luisa, A. Giordano, E. Bertella, M. Paneroni (IRCCS Lumezzane, Italy)
- P622 Pulmonary rehabilitation decreases dynamic hyperinflation during activities of daily life in patients with COPD**
H. A. C. Van Helvoort, L. M. Willems, P. N. R. Dekhuijzen, Y. F. Heijdra (Nijmegen, Groesbeek, the Netherlands)
- P623 Different markers of lung mechanics in pulmonary rehabilitation**
Z. Balogh, M. Kerti, J. Varga (Budapest, Hungary)
- P624 Brazilian manual of home-based pulmonary rehabilitation: Is it a good tool to facilitate the patients to train the domiciliary exercise?**
Y. Raphael, K. Maynard da Silva, T. Bartholo, A. Noronha, R. Rufino, C. Costa (Rio de Janeiro, Brazil)
- P625 Psychosocial burden of caregivers is a hurdle for adherence to pulmonary rehabilitation program in a resource-scarce setting**
R. S. Robert, V. Bansal, A. Malik, R. Prasad (Delhi, India)
- P626 High vs low-frequency neuromuscular electrical stimulation in COPD patients: What happens when current quantity is matched?**
A. Fauge, F. Alexandre, E. Tremey, N. Oliver, A. Varray, N. Heraud (Lodeve, Montpellier, France)
- P627 Feasibility and effects of non-invasive ventilation during pulmonary rehabilitation in patients with hypercapnic interstitial lung disease**
I. Heinzelmann, R. Gloeckl, M. Dreher, E. Ekkernkamp, C. Schmoor, U. Schoenheit-Kenn, S. Winterkamp, K. Kenn (Schoenau am Koenigssee, Freiburg, Germany)
- P628 Comparison between the effects of aerobic and breathing exercises on clinical and psychosocial morbidity in asthmatic patients**
M. Saccomani, K. Evaristo, M. Rojo, D. F. Santaella, A. Cukier, R. Stelmach, M. A. Martins, C. R. F. Carvalho (Sao Paulo, Brazil)
- P629 Benefits of pulmonary rehabilitation on exercise desaturation in COPD patients**
D. Gologanu, D. Ionita, I. Daha, M. Barbu, A. Croitoru, M. Bogdan (Bucharest, Romania)

- P1297 Effects of allergic rhinitis on self-management and quality of life in adult patients with asthma**
J. Yamanaka, N. Ikeda, S. Ogino, H. Fujiwara, C. Okada, S. Minamoto (Osaka, Japan)
- P1298 Inhaler proficiency following the introduction of a new inhaler management policy for hospitalised patients**
D. Long, A. M. Lyons, T. Byrne, I. Sulaiman, R. Costello (Dublin, Ireland)
- P1299 Impact of a new inhaler management policy on the hospitalised patient**
D. Long, A. M. Lyons, T. Byrne, R. Costello (Dublin, Ireland)
- P1300 Is education about small volume nebulizer aerosol, by an expert respiratory nurse to colleagues, a guarantee for better adherence to aerosol guidelines?**
D. Schuermans, F. Snoussii, A. Schoonis, P. Oumaziz (Brussels, Belgium)
- P1301 Ready, steady, go (RSG): Addressing the needs of adolescents in transition from child to adult services**
A. Harris, J. Maddison, T. McGinnity, J. Lucas, A. Nagra (Southampton, United Kingdom)
- P1302 Recognition of respiratory nurse clinic by accreditation: Nurse clinic can make a difference**
P. K. M. Lit, K. H. Lee, P. S. Chow (Kowloon, Hong Kong)
- P1303 An integrated nursing care model for lung cancer patients**
P. K. M. Lit, K. H. Lee, P. S. Chow, W. M. J. Chan (NA, Hong Kong)
- P1304 Is palliative care feasible within respiratory disease models? A multi-site action research approach**
B. Korn, R. O'Donnell, K. Kealy, P. White, G. Tracey, M. Lynch, C. Corcoran, J. Latham (Dublin, Ireland)
- P1305 User perspectives on treatment with non-invasive ventilation to patients with COPD – Results from a participatory research project**
H. M. Christensen, I. Titlestad, L. Huniche (Odense, Denmark)
- P1306 Can pulmonary rehabilitation (PR) provide the patient's ability to better cope COPD? – A longitudinal design**
K. Aurnom (Hakadal, Norway)
- P1307 Smoking cessation: Nurses' knowledge of the disease**
G. Luque, O. Rueda, F. J. Morilla, M. Garcia, B. Gonzalez, J. L. De La Cruz (Malaga, Spain)

Thematic Poster Session: Best posters in chronic care

Chairs: S. Wilke (Horn, the Netherlands), J. Van Der Palen (Enschede, the Netherlands), J. Varga (Budapest, Hungary), K. Kenn (Schoenau Am Koenigssee, Germany)

P3661 Use of pulse oximetry to select who should be screened for long term oxygen therapy (LTOT) in interstitial lung disease (ILD) patients

B. Menezes, J. Sanchez-Martinez, L. Fletcher, S. W. Crooks (Warwick, United Kingdom)

P3662 Effects of respiratory muscle stretching on thoracoabdominal mechanics, functional capacity and dyspnea in COPD patients

J. Wada, E. Borges Santos, P. A. Silva, D. C. Porras, D. Paisani, C. M. Silva, A. Cukier, R. Stelmach, A. C. Lunardi, C. R. F. Carvalho (Sao Paulo, Brazil)

P3663 Inpatient inspiratory muscle training after upper abdominal surgery

S. Özyürek, M. Malkoç, A. Günerli, U. Koca, T. Egel (Izmir, Turkey)

P3664 Comparison of intrapulmonary percussive ventilation and high frequency chest wall oscillation in patients with severe COPD

D. Russo, C. Romaggi, B. Grecchi, A. Nicolini (Sestri Levante, Chiavari, Italy)

P3665 Pulmonary function improvement following septoplasty: How lower airways are effected?

A. Tuzuner, G. Bilgin, S. Demirci, G. Darilmaz Yuce, C. Acikgoz, E. Samim (Ankara, Turkey)

P3666 Telehealthcare for patients with COPD, effects on physical activity level, physical capacity and dyspnea: A systematic review and meta-analysis

S. Lundell, A. Holmner, B. Rehn, A. Nyberg, K. Wadell (Umeå, Sweden)

P3667 An integrated care pathway programme for COPD patients in Singapore

G. Chua, T. G. Chee, Y. M. Choo, C. Wu, R. See, L. Kwek (Singapore, Singapore)

P3668 Outcomes of patients over eighty years old in intensive care unit: Twelve month cohort study

C. Saltürk, Z. Karakurt, H. Takir, M. Balci, F. Kargin, N. Ciftaslan, E. Akkutuk, O. Mocin, G. Gungor, I. Ozmen, N. Adiguzel (Istanbul, Turkey)

P3669 Estimation of minimum clinically important difference in EQ-VAS score after pulmonary rehabilitation in COPD patients

S. Della Patrona, A. Zanini, M. Aiello, D. Adamo, S. Casale, F. Cherubino, E. Raimondi, E. Zampogna, A. Chetta, A. Spanevello (Tradate, Varese, Parma, Italy)

P3670 Italian Register of chronic hypoxemic patients needing LTOT (REGIRE)

T. Renda, A. Corrado, M. Guardamagna, A. Rossi, F. De Michele, S. Gasparini (Milan, Italy)

P3671 Polygraphic monitoring in patients on noninvasive ventilation (NIV): Epidemiology of abnormal events, prognostic and therapeutic implications

A. Vagner, C. Rabec, M. Georges, L. Griffon, F. Kabeya, A. Metchedjin, P. Camus (Dijon, France)

P4743 Outcomes of patients undergoing prolonged mechanical ventilation in a post-acute care facility

B. Herer, F. Haniez, H. Jaillet, F. Viau (Briis sous Forges, France)

P4744 Measuring improvement in dyspnoea: Absolute or relative?

M. Johnson, M. Bland, S. Oxberry, A. Abernethy, D. Currow (Hull, York, Huddersfield, United Kingdom; Durham, United States of America; Adelaide, Australia)

P4745 Depression in chronic obstructive pulmonary disease: Predictors and accuracy of the hospital anxiety and depression scale (HADS)

C. Nowak, N. Sievi, E. Schwarz, C. Clarenbach, M. Kohler (Zurich, Switzerland)

P4746 Presence of brain pathology in deceased subjects with and without COPD

E. Cleutjens, M. Spruit, J. Beckervordersandforth, F. Franssen, J. Dijkstra, R. Ponds, E. Wouters, D. Jansen (Horn, Maastricht, the Netherlands)

P4747 Asthma control and interest in participation in patient education seminars: Data from the integrated care of asthma in Switzerland (INCAS)-study

S. Dürr, K. Hersberger, D. Miedinger, P. Chhajed, A. Zeller, C. Steurer-Stey, J. D. Leuppi (Basel, Zurich, Switzerland)

P4748 Lower levels of depression, fatigue and symptoms are associated with higher levels of physical activity in lung cancer

L. Denehy, C. McDonald, L. Irving, C. Granger (Melbourne, Heidelberg, Australia)

P4749 Metabolic profile of patients with chronic obstructive pulmonary disease in rehabilitation program

D. Omersa, N. Cebon Lipovec, T. Kosten, M. Lainscak (Golnik, Slovenia)

P4750 The frequency of exacerbations in COPD patients and its influence on the effects of pulmonary rehabilitation

M. Wittmann, D. Jelusic, M. Schuler, K. Schultz (Bad Reichenhall, Würzburg, Germany)

P4751 Associations between comorbid load and baseline characteristics in COPD patients with comorbidities: Preliminary results

A. Lenferink, J. van der Palen, P. Frith, P. van der Valk, T. Effing (Enschede, the Netherlands; Adelaide, Australia)

P4752 Prevalence of extra-pulmonary comorbidities in COPD patients and its correlation with severity of disease

K. Luthra, N. Kumar Gupta, M. Kumar (Udaipur, India)

P4753 Montreal cognitive assessment in COPD

A. F. Crisan, C. Lazar, E. Tudorache, C. Oancea, O. Fira-Mladinescu, A. Crisan, V. Tudorache (Timisoara, Romania)

P4754 Clinical impact of the wireless remote management system of home oxygen therapy for elderly patients

S. Sugiyama, S. Kasagi, Y. Togashi, A. Fujiwara, M. Yanagihara, H. Nakayama, Y. Setoguchi (Tokyo, Japan)



Moltes gràcies

