



Què causa les bronquièctasis a la MPOC?

Marc Miravittles

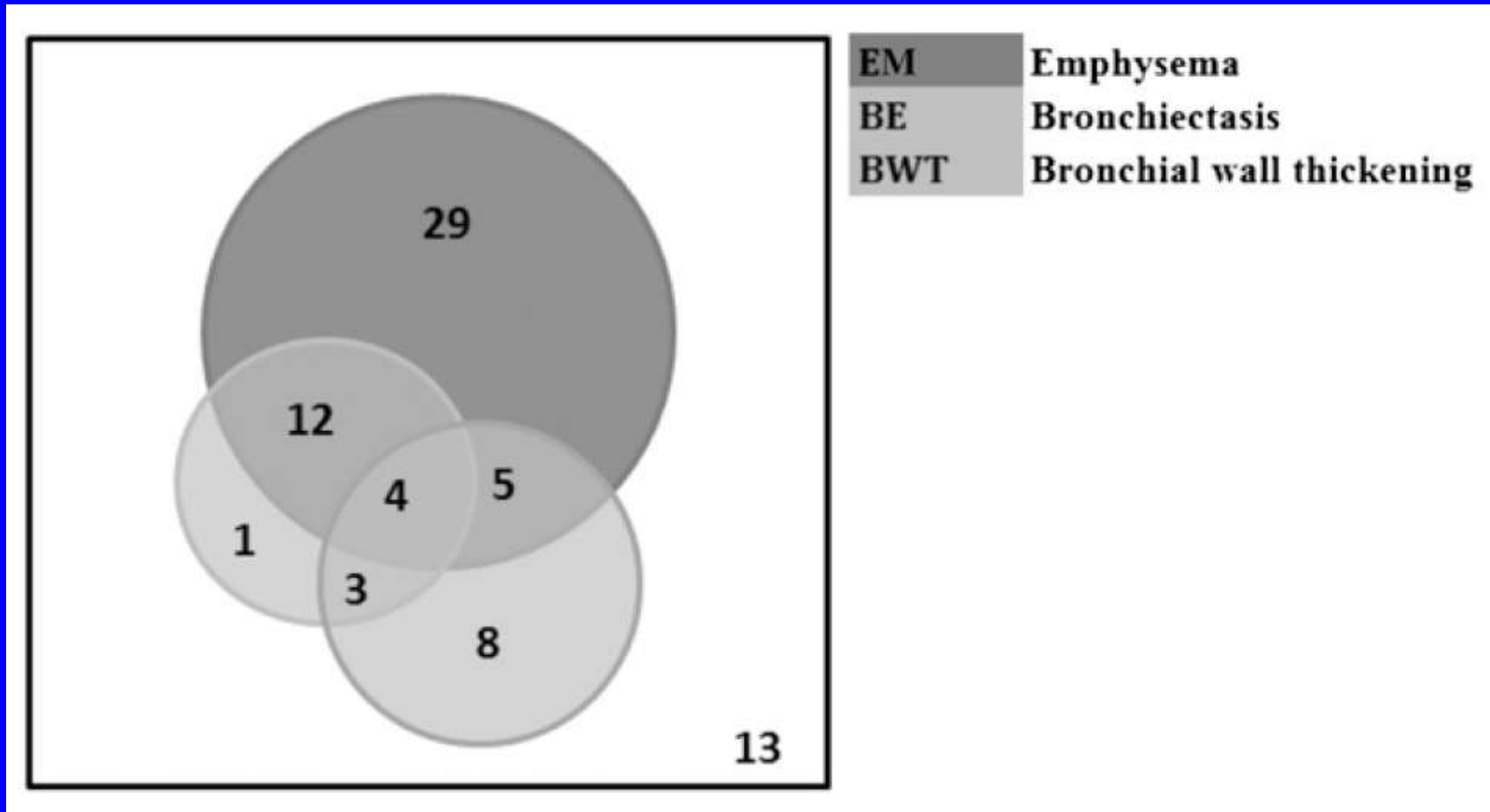
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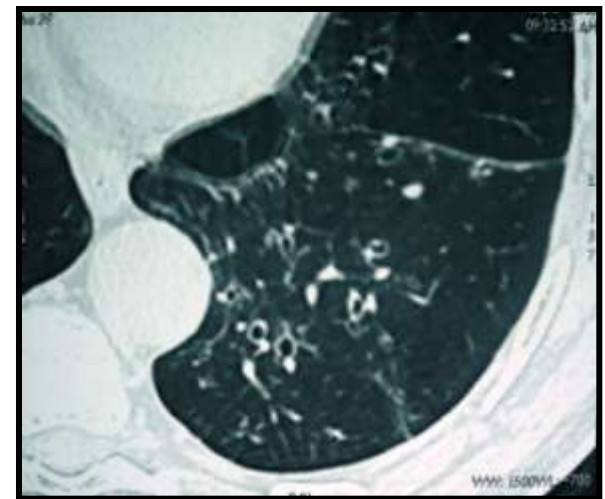
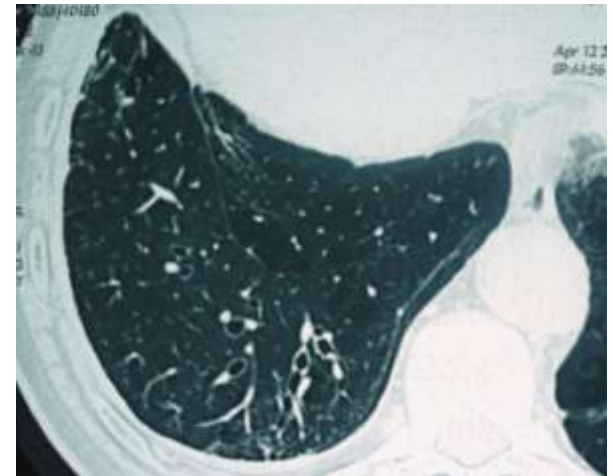


Bronquiectasias en EPOC



COPD-bronchiectasis

Patients with bronchiectasis n (%)	53 (57.6%)
Type, n (%)⁺	
-Cilindrical	48 (90.6%)
-Cystic	10 (18.9%)
Location, n (%)	
-Only upper lobes	6 (11.3%)
-Only lower lobes	32 (60.4%)
-Only lingula or middle lobule	15 (28.3%)
-Only right	7 (13.2%)
-Only left	5 (9.4%)
-Bilateral	41 (77.4%)
-Central bronchiectasis	2 (3.8%)
Extension, n (%)	
-Localized (only 1 lobule)	8 (15.1%)
-Disseminated (4 or more lobules)	10 (18.9%)
-Nº affected lobules, mean (SD)	2.1 (2.2)
-Nº affected segments, mean (SD)	3.8 (4.6)



Bronchiectasis in COPD in Primary Care

Table 4 HRCT appearances in 108 patients separated by degree of impairment of FEV₁

	Impairment of FEV ₁			
	None (n=32)	Mild (n=19)	Moderate (n=36)	Severe (n=21)
Normal	15	9	10	5
Emphysema				
Limited*	11	7	16	6
Extensive*	1	1	7	5
Bronchiectasis				
Tubular*	9	4	7	2
Cystic/varicose	2	0	1	6
Emphysema and bronchiectasis	6	2	5	3

40%

*Lung function not available for one patient.

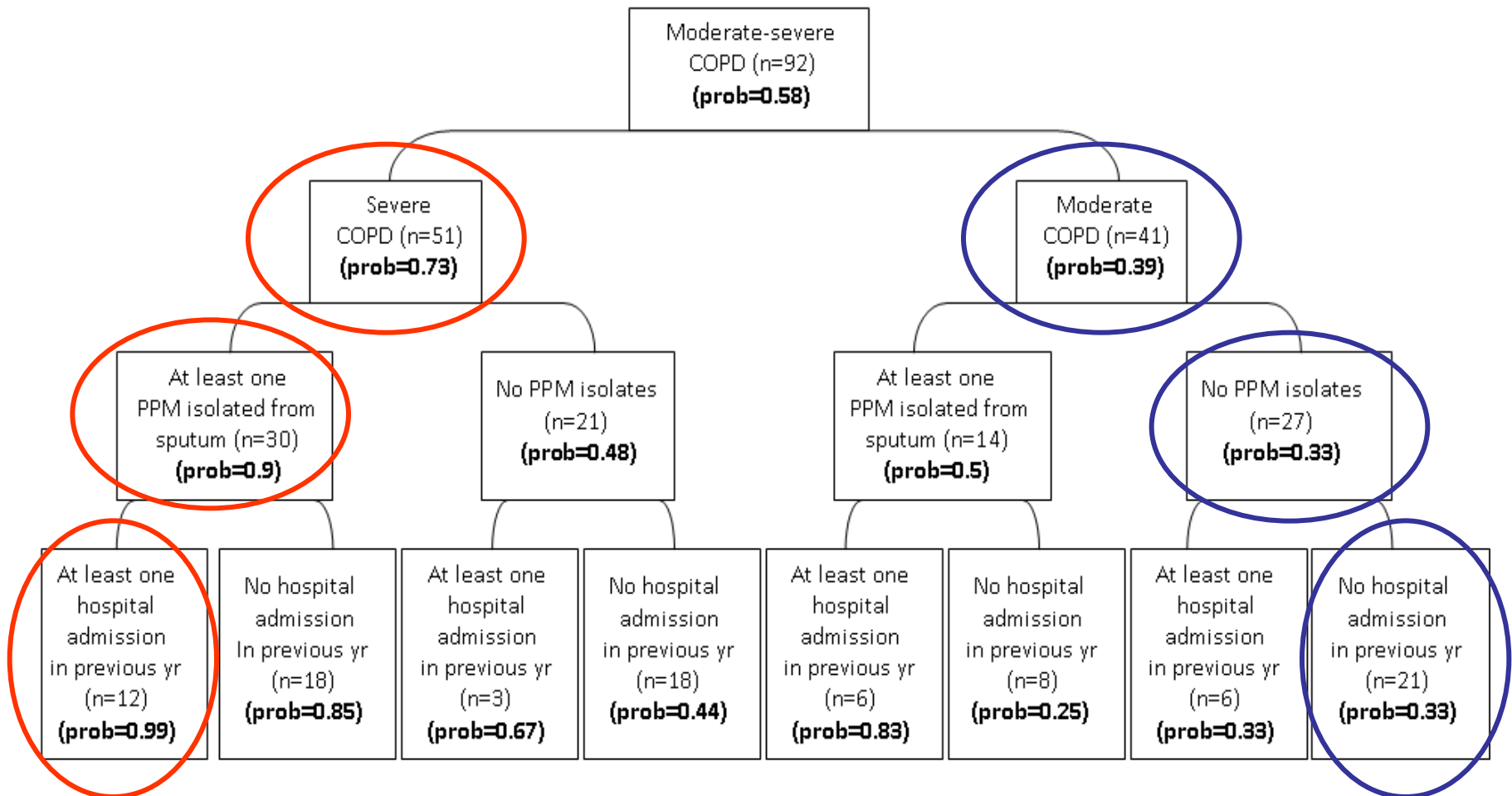
Bronchiectasis in COPD

Parameter	LL BC	LL BC	p
	No	Yes	
Sputum IL-8 stable state	3.6 (1.9-4.6)	4.6 (3.2-5.8)	0.001
Sputum IL-6 stable state	62.6 (13-178)	96.2 (19-219)	0.03
Time to recovery after exacerbation, days	10	12	0.001

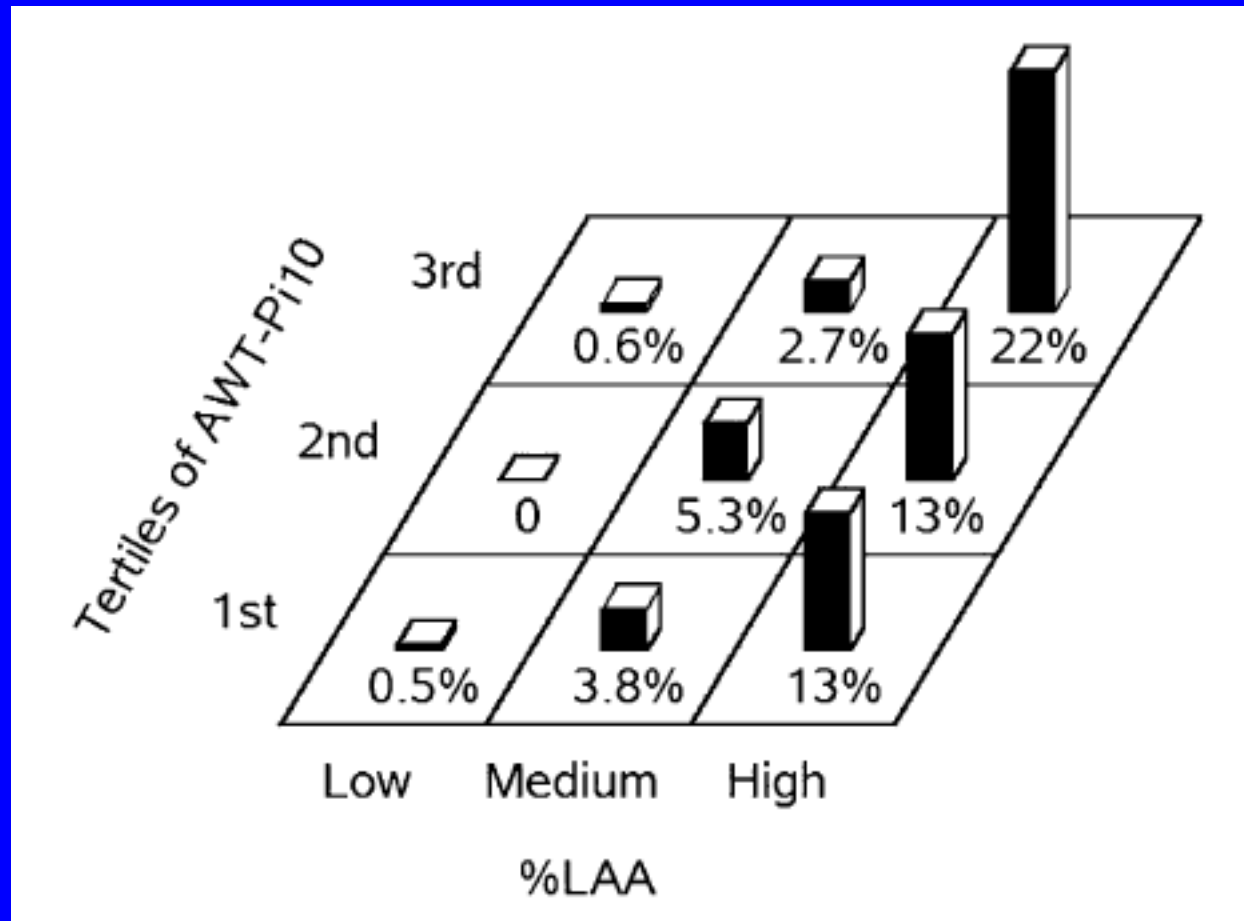
COPD (n=54), mean FEV1= 0.97 l.
Frequency of bronchiectasis 50% in LL 33%

COPD-bronchiectasis

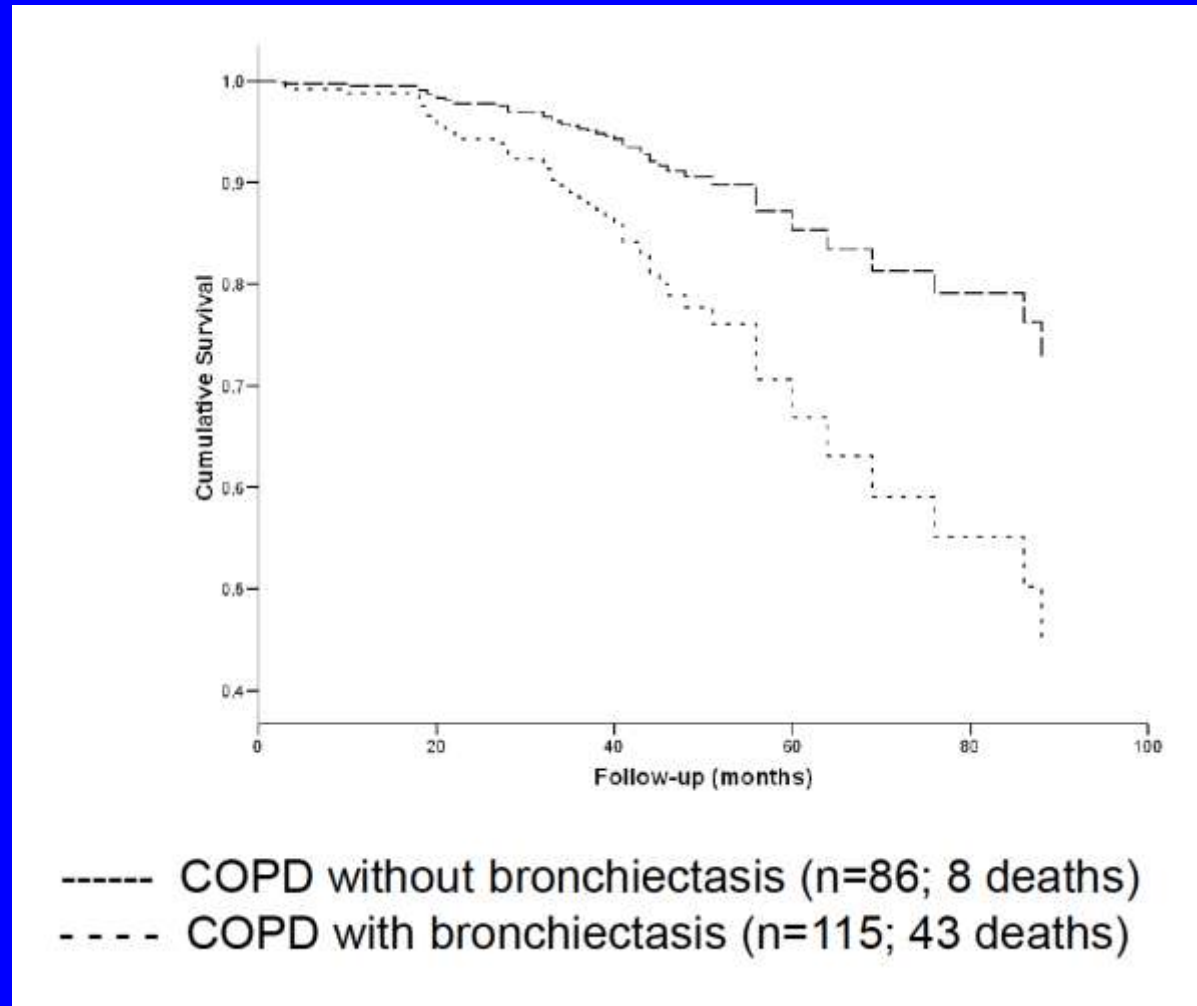
Prevalence (pretest probability) of having bronchiectasis according to the characteristics of COPD



Mortalidad respiratoria



Bronquiectasias y EPOC

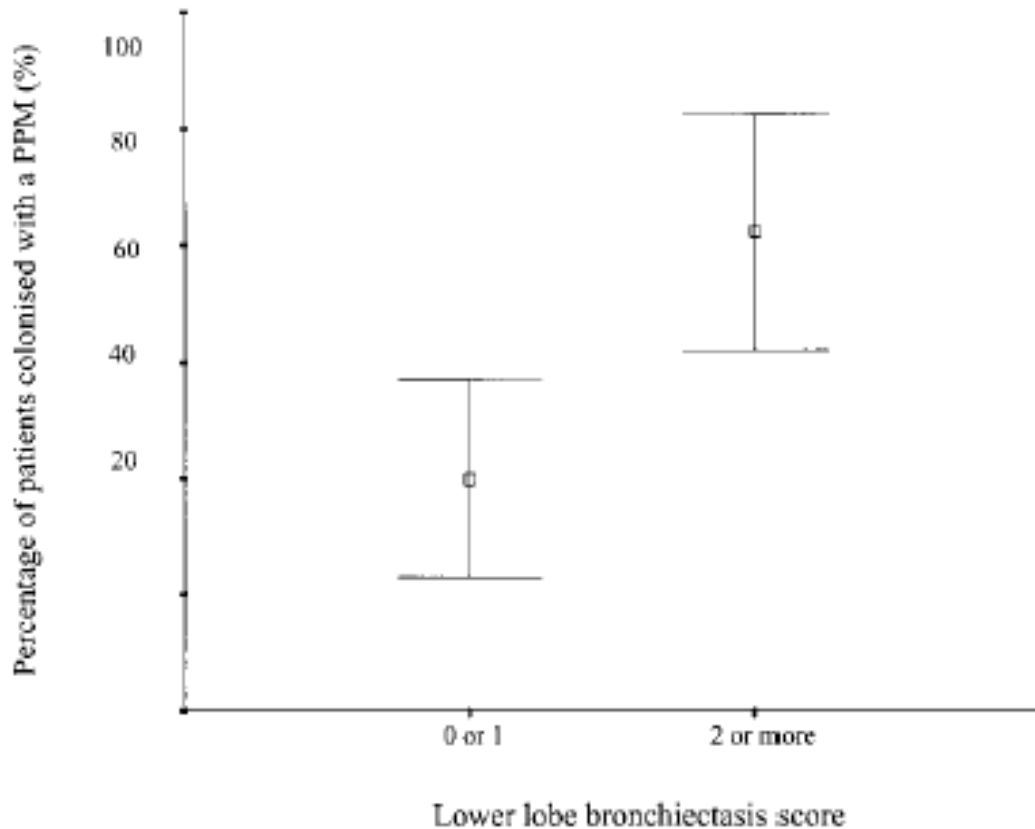


Bronquiectasias y EPOC

TABLE 5. VARIABLES ASSOCIATED WITH DEATH IN MODERATE-TO-SEVERE COPD, USING THE PRESENCE OF BRONCHIECTASIS AS A DICHOTOMIC VARIABLE

Variables	Unadjusted		Fully Adjusted	
	HR (95% CI)	<i>P</i>	HR (95% CI)	<i>P</i>
Age	1.13 (1.08–1.18)	0.0001	1.10 (1.05–1.15)	0.0001
FEV ₁ ppb %	0.97 (0.95–0.99)	0.002	0.97 (0.95–0.99)	0.023
Charlson Index	1.31 (1.11–1.56)	0.002	1.22 (1.02–1.46)	0.033
Bronchiectasis	4.07 (1.91–8.67)	0.0001	2.54 (1.16–5.56)	0.02

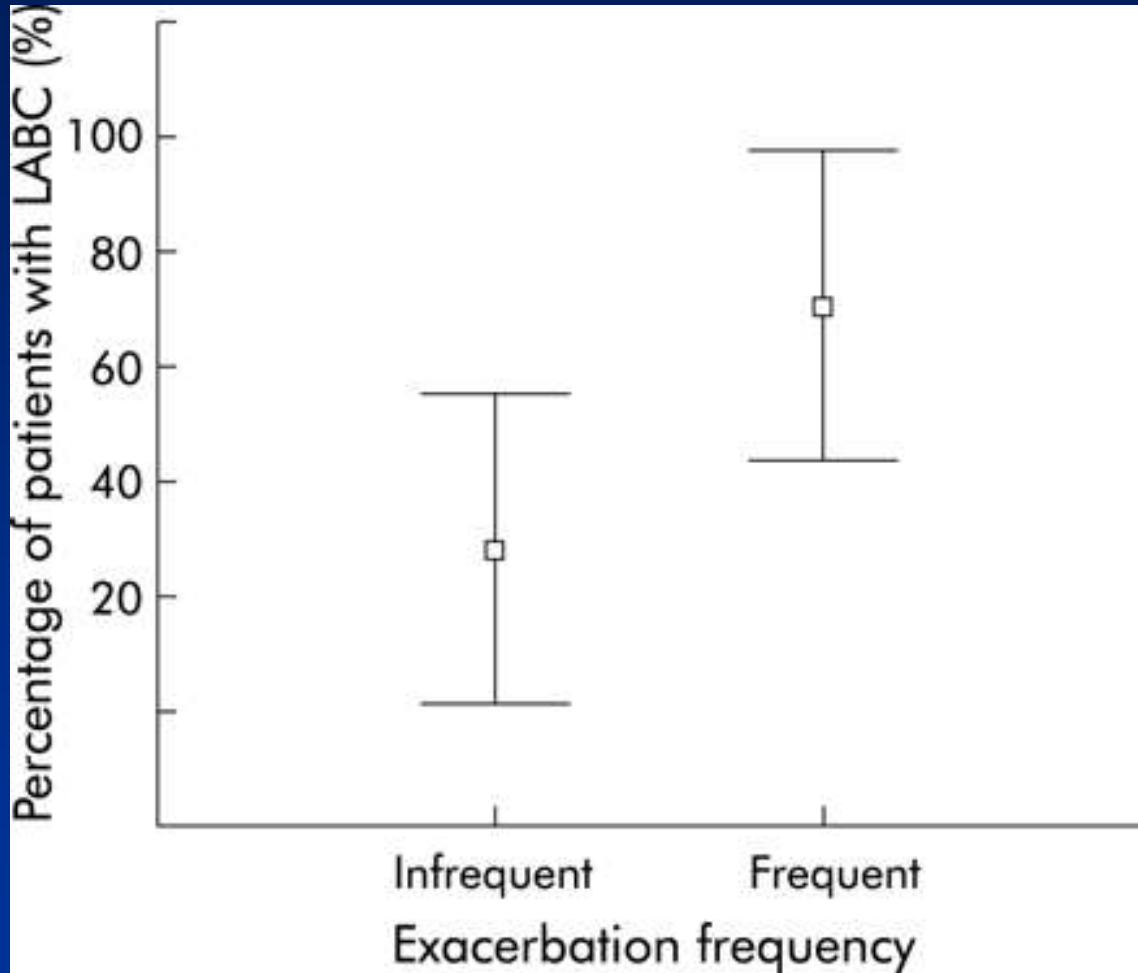
Bronchiectasis and colonization in COPD



Relationship between the extend of bronchiectasis and colonization by PPMs.

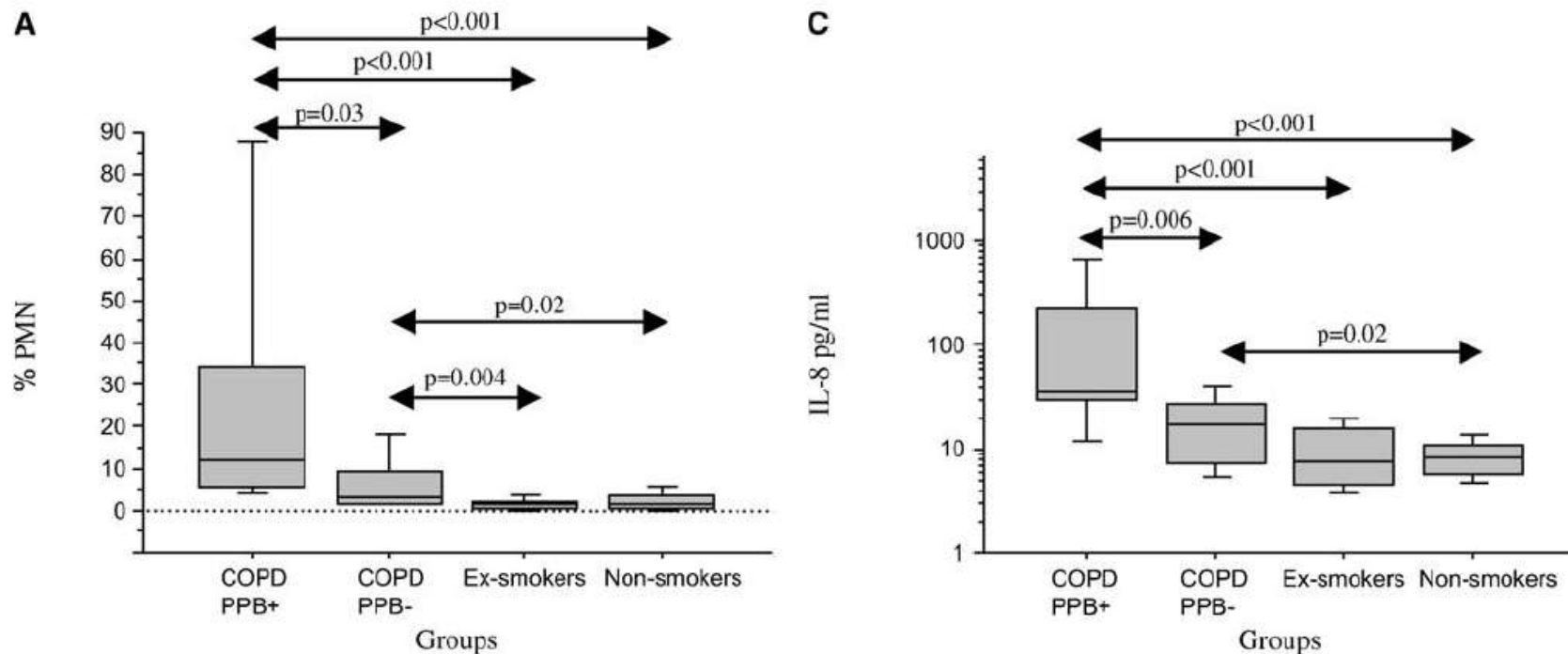
Time to recovery of symptoms:
BQ+ 12 days
BQ- 10 days
P=0.001

Colonización e infección



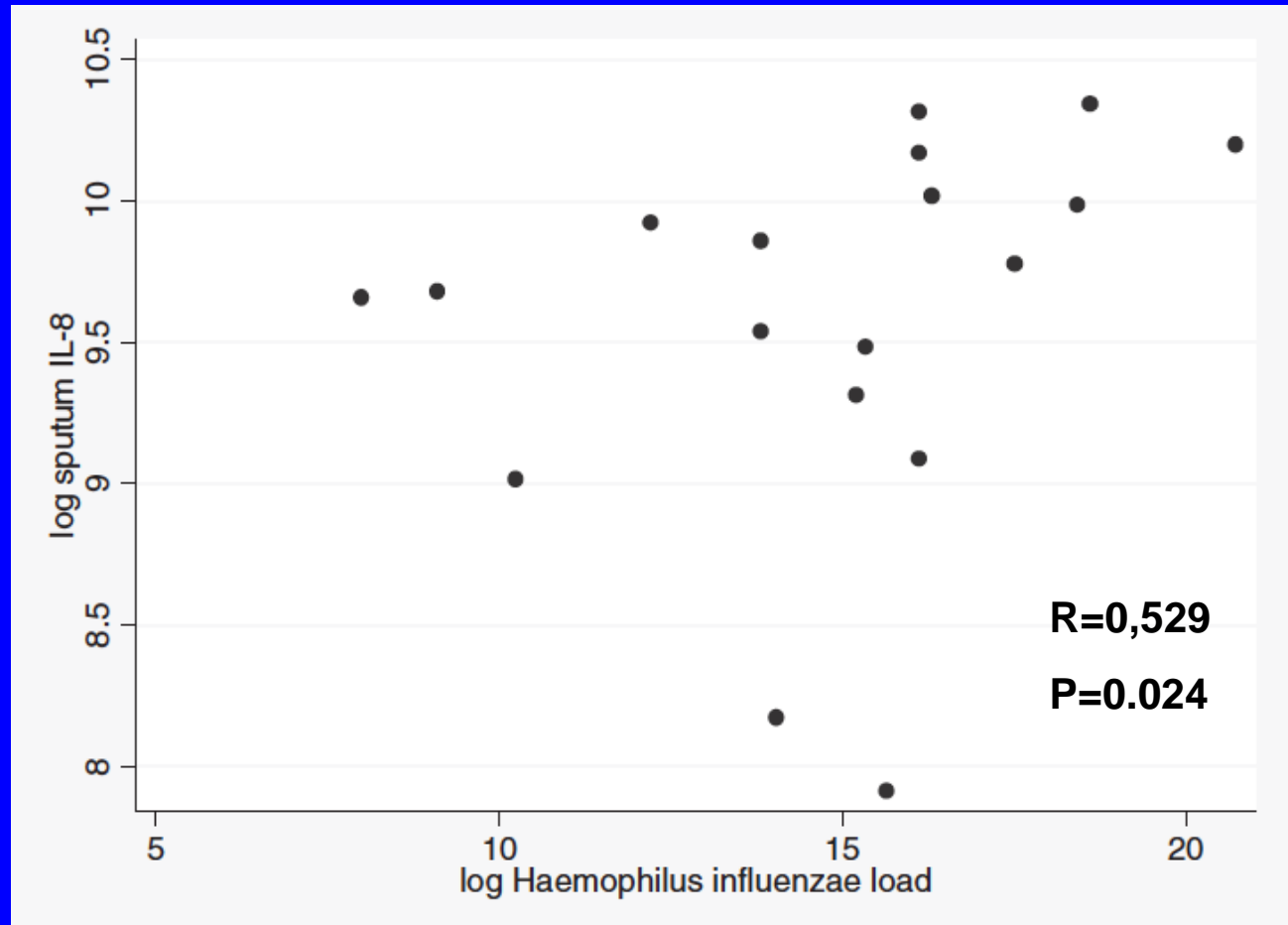
Relación entre colonización bacteriana y frecuencia de las agudizaciones.

Impacto de la colonización



Determinaciones en BAL en pacientes exfumadores con EPOC con o sin colonización bronquial

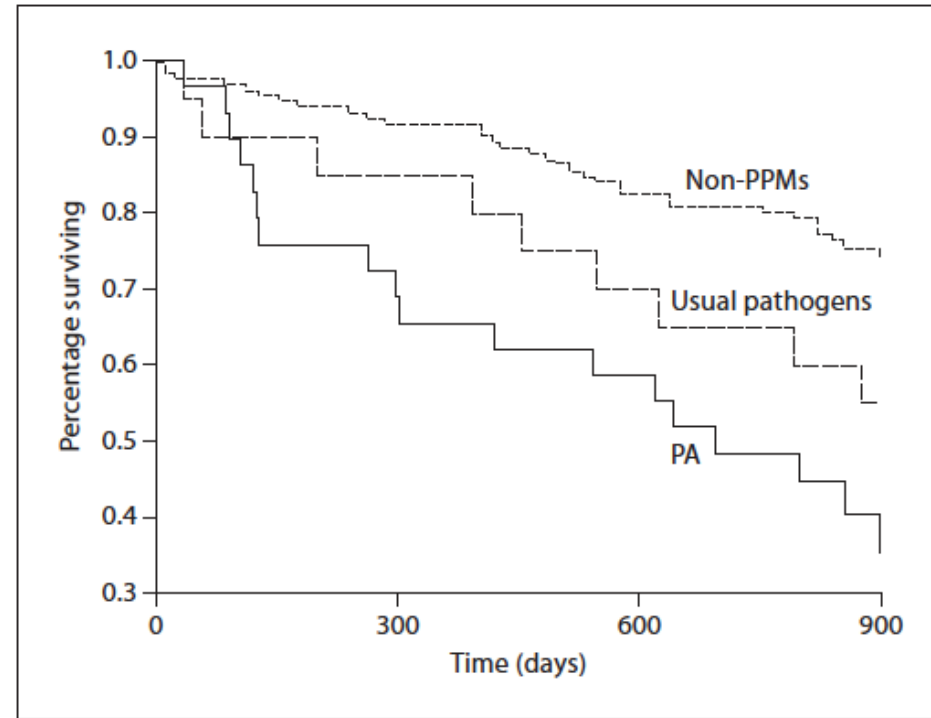
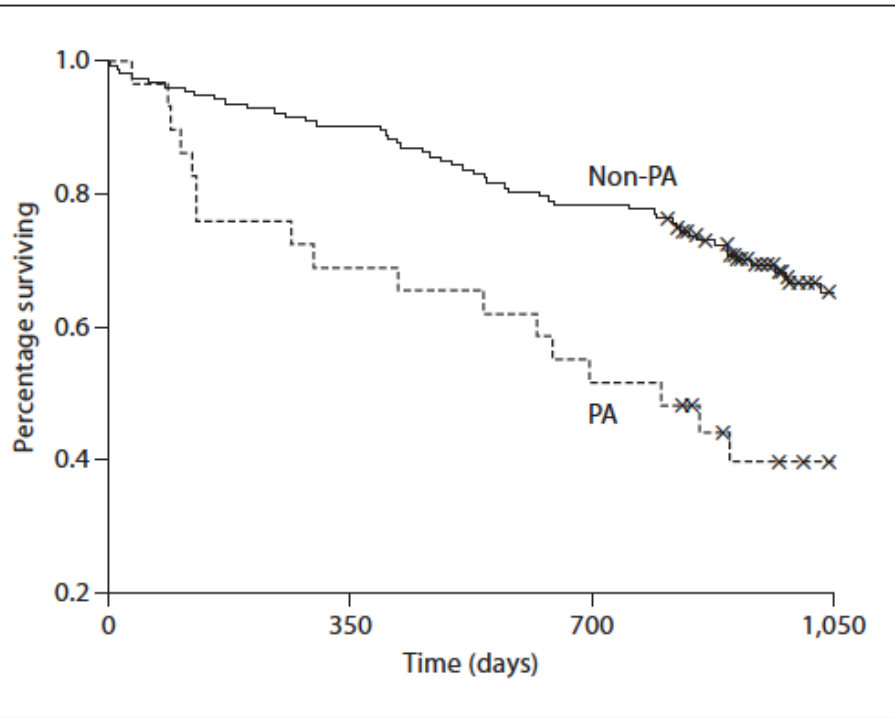
IBC e inflamación



Colonización y función pulmonar

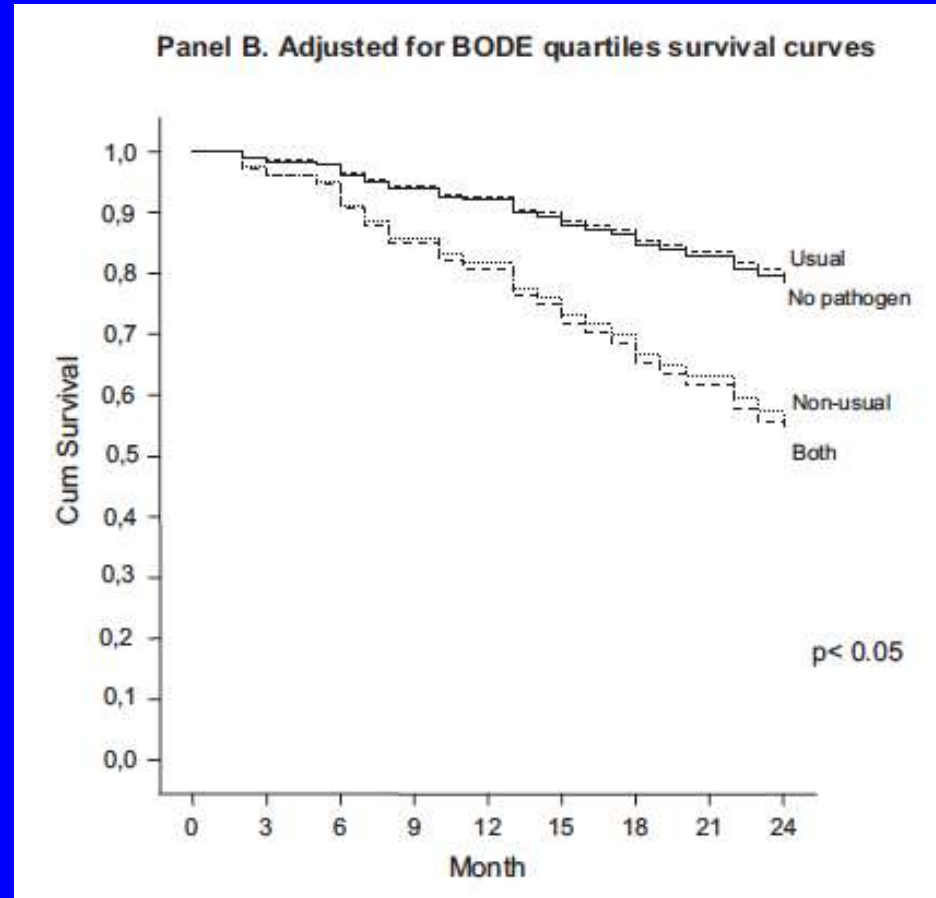
This neutrophilic inflammatory response, mainly found in patients colonised by *H. influenzae*, *P. aeruginosa* or enterobacteria (27 out of 40 neutrophilic samples, 67.5%), showed a statistically significant relationship with FEV₁ declines over the median decline during follow-up in our sample of moderate COPD patients (OR 2.67, 95% CI 1.07–6.62; p=0.03).

Pseudomonas en EPOC

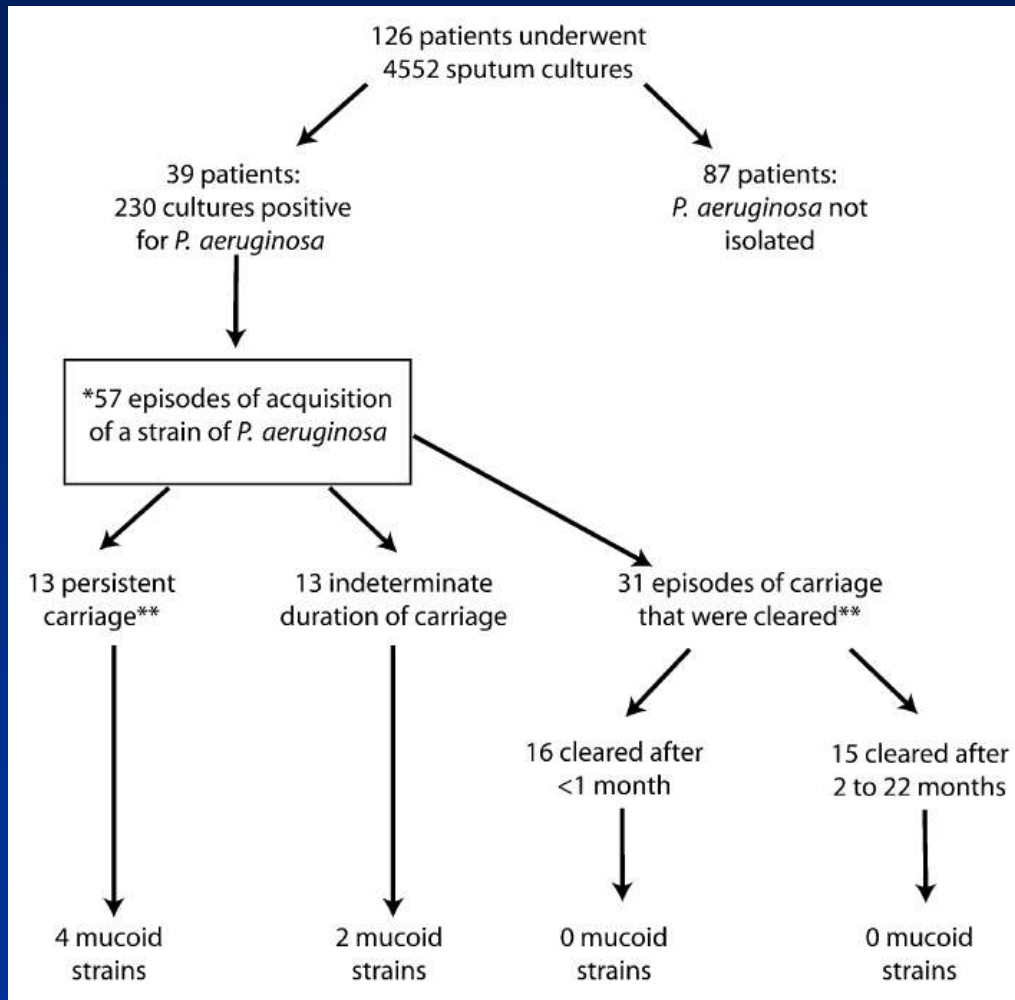


Infección y mortalidad en EPOC

Supervivencia a los 2 años en pacientes con EPOC y al menos 2 ingreso al año previo.

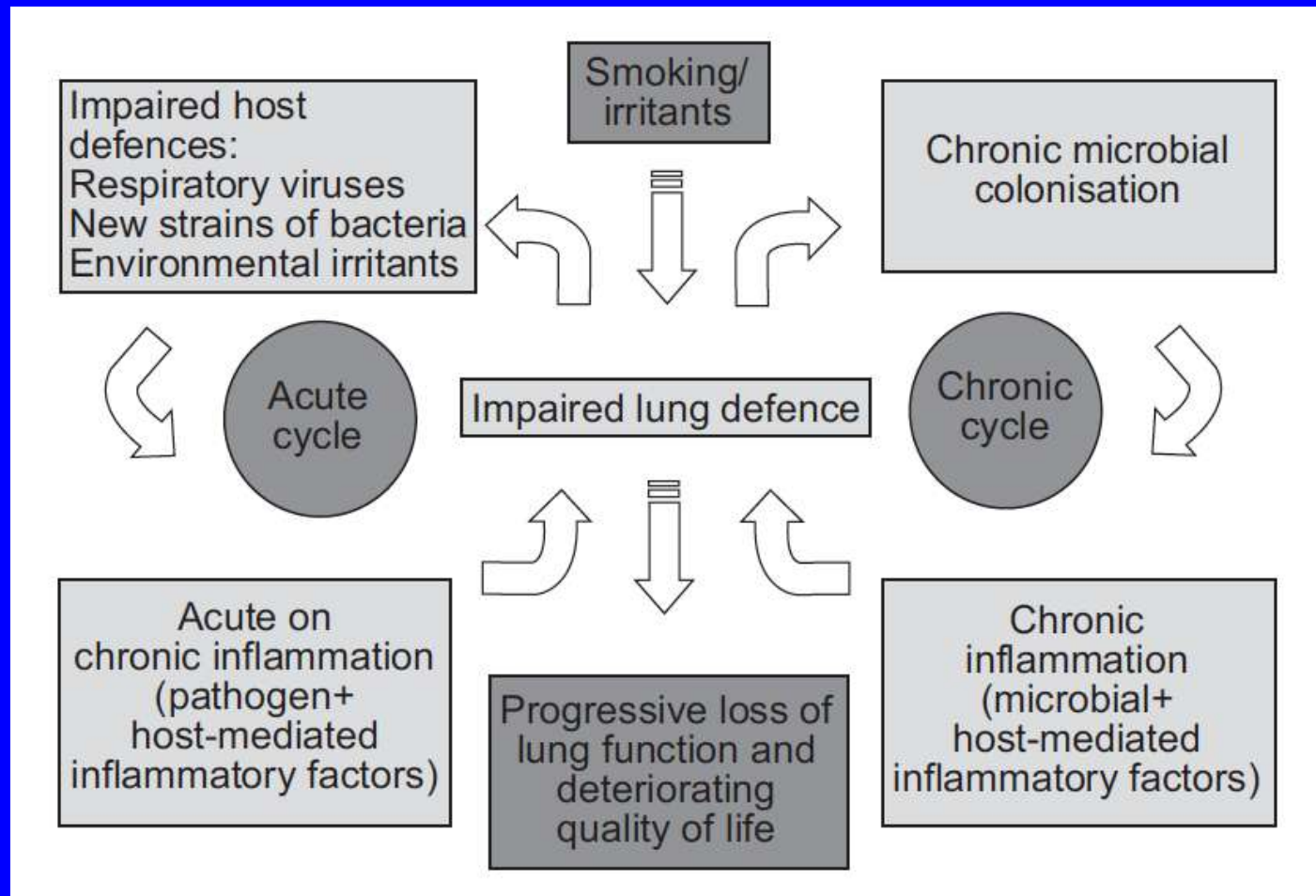


Pseudomonas aeruginosa in COPD



Flow chart of the distribution of sputum culture results among patients and the carriage pattern with regard to duration of carriage of strains of *P.aeruginosa* in adults with COPD

Two infectious cycles in COPD





Association of COPD candidate genes with computed tomography emphysema and airway phenotypes in severe COPD

**W.J. Kim^{*,#}, E. Hoffman[¶], J. Reilly⁺, C. Hersh^{*,§}, D. DeMeo^{*,§},
G. Washko[§] and E.K. Silverman^{*,§}**



CTLA4 gene polymorphisms are associated with chronic bronchitis

G. Zhu^{*}, A. Agusti^{#,¶,+}, A. Gulsvik[§], P. Bakke[§], H. Coxson^f, D.A. Lomas^{},
E.K. Silverman^{##}, S.G. Pillai^{*} and ICGN investigators^{¶¶}**

Hombre de 79 años

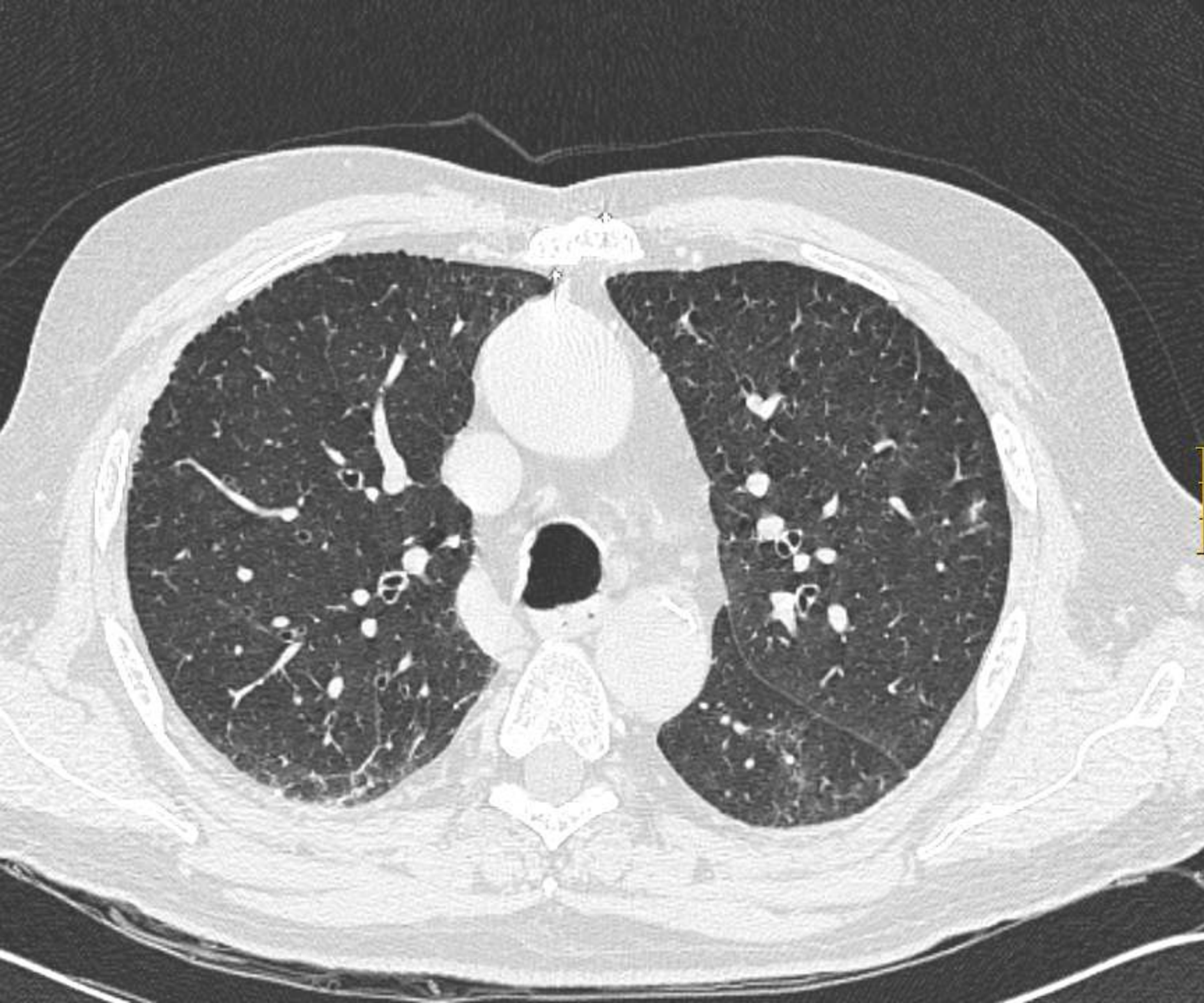
Ex fumador de 60 paquetes-año

Cardiopatía isquémica: Recambio valvular aórtico y by-pass coronario en 2006.

Tos + expectoración + disnea de esfuerzo. Ingresado por primera vez en 2003 por una agudización.

FVC= 2,41 (56%); FEV1= 1,37 (44%); FEV1/FVC= 57%;
KCO= 90%.





Dis

Too

WL

W:

Hombre de 79 años

Desde 2003 múltiples ingresos hospitalarios por agudizaciones o neumonías

Aislamientos en esputo:

M. catharralis

S. pneumoniae (pen R)

H. influenzae

Aspergillus niger

Pseudomonas stutzeri

Pseudomonas aeruginosa

Non-purulent

Purulent



Clear



Yellow



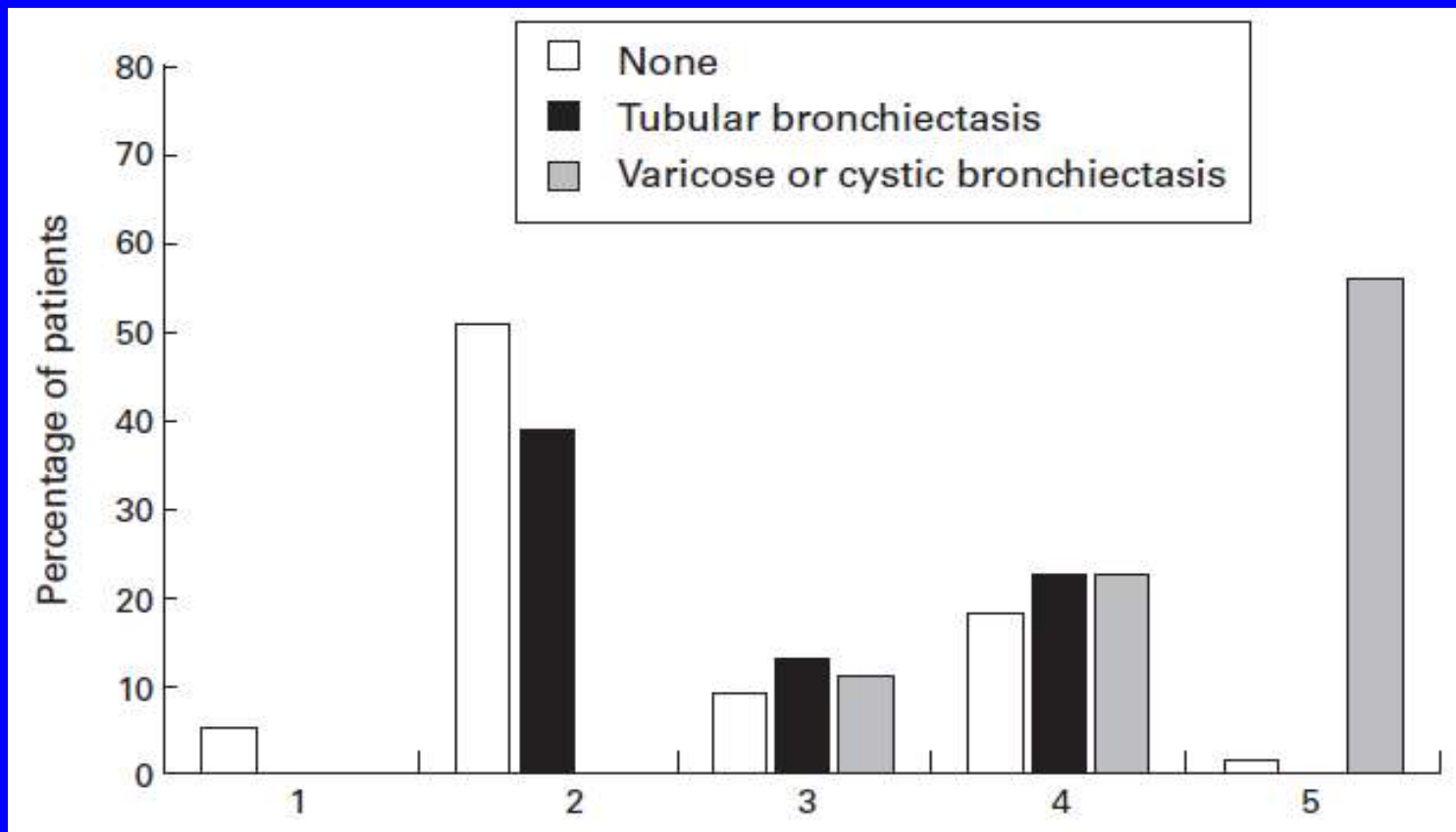
Green



Rust

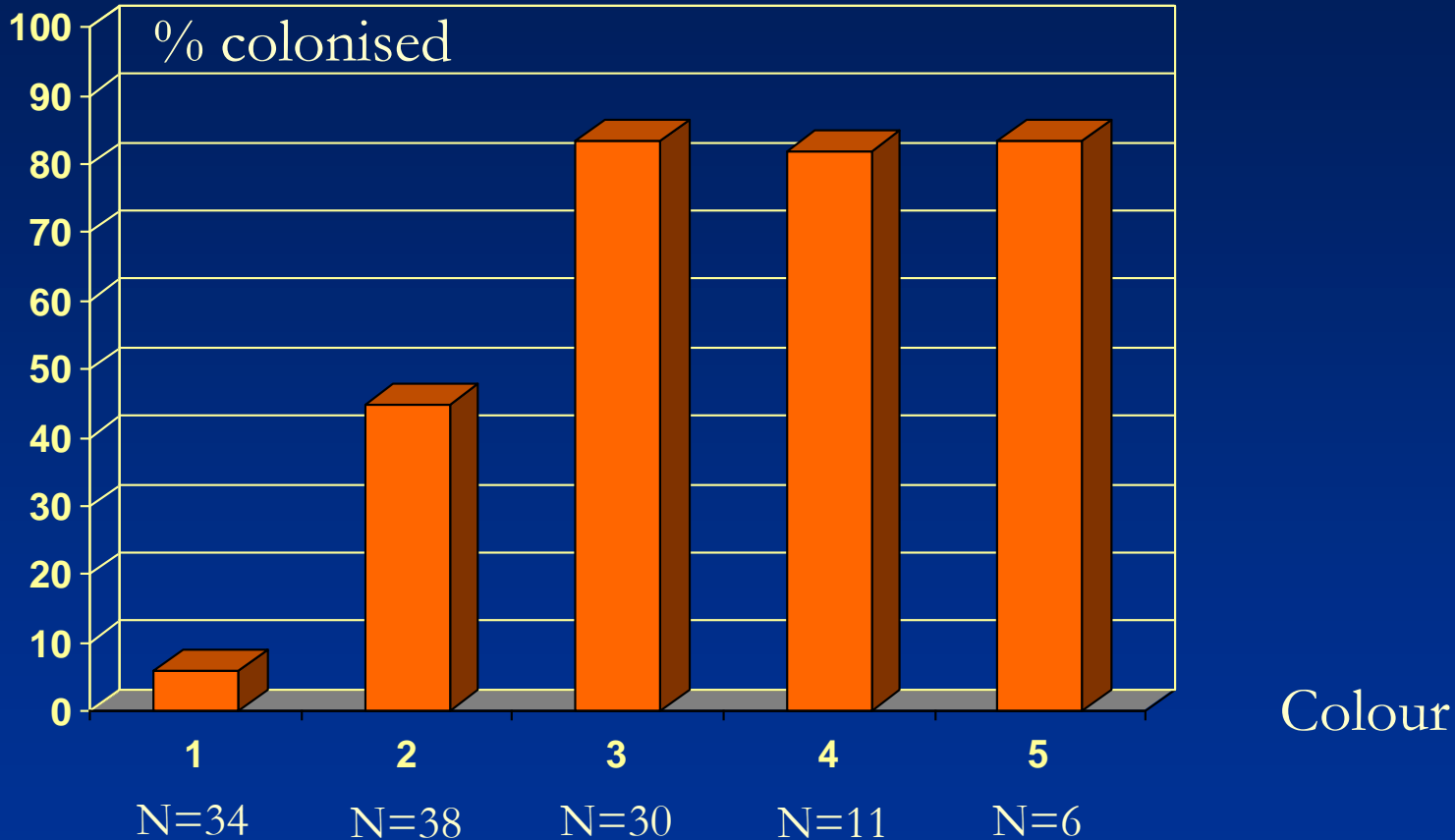
Courtesy of R. Wilson. Host Defence Unit. Royal Brompton Hospital London, UK

Bronchiectasis in COPD in Primary Care



Sputum colour: from 1 to 5

Colonisation and purulence



Mucoid= 61.4% Purulent/mucopurulent= 38.6%



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REVIEW

Chronic bronchial infection in COPD. Is there an infective phenotype?



Zinka Matkovic^{a,b}, Marc Miravittles^{a,*}

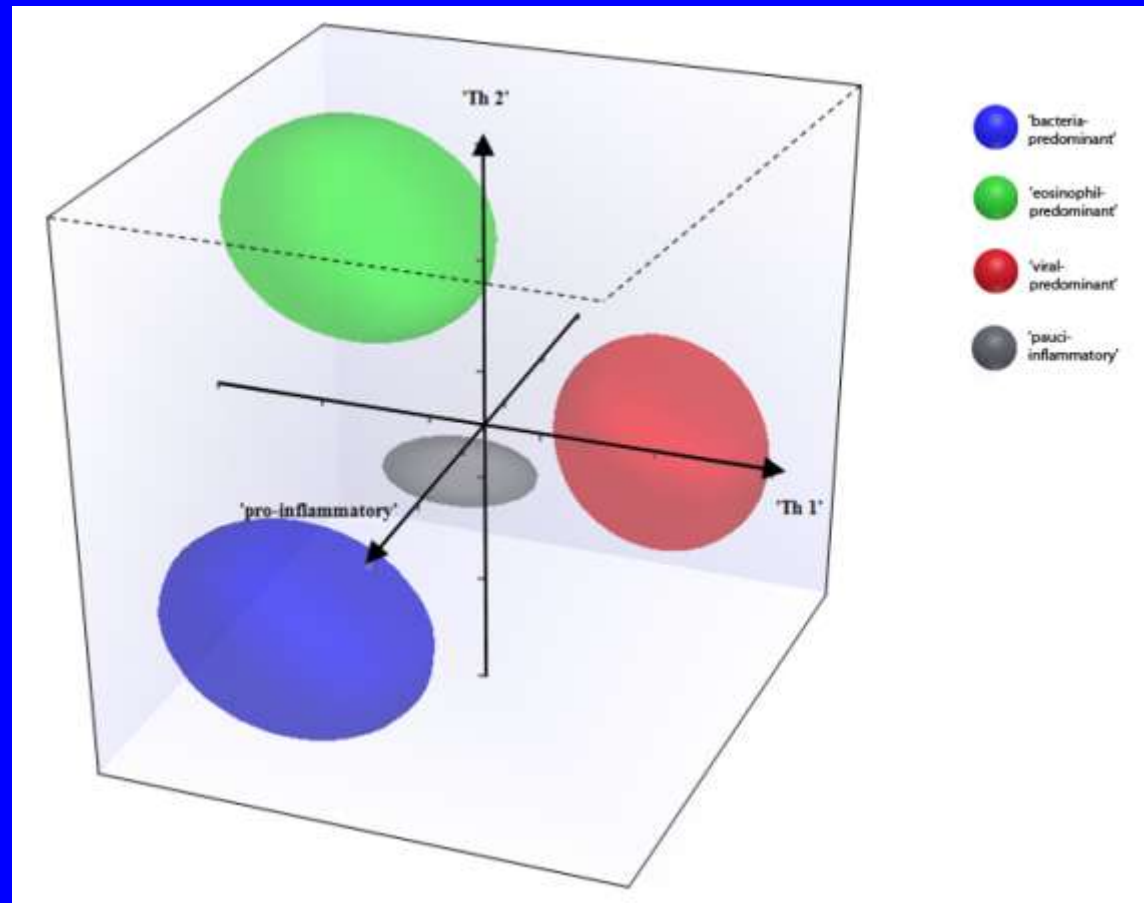
^a*Institut d'Investigacions Biomèdiques August Pi i Sunyer (IDIBAPS), Ciber de Enfermedades Respiratorias (CIBERES), Hospital Clínic, Barcelona, Spain*

^b*University Hospital Dubrava, Zagreb, Croatia*

Phenotypes of exacerbations

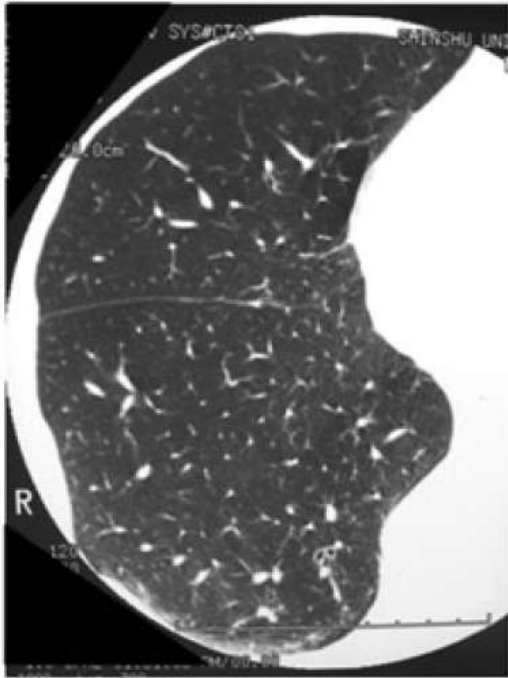
Study on 182 exacerbations from 86 patients:

Atopic 20%.
Colonised 28%.
Eosinophilic airway infl. 27%



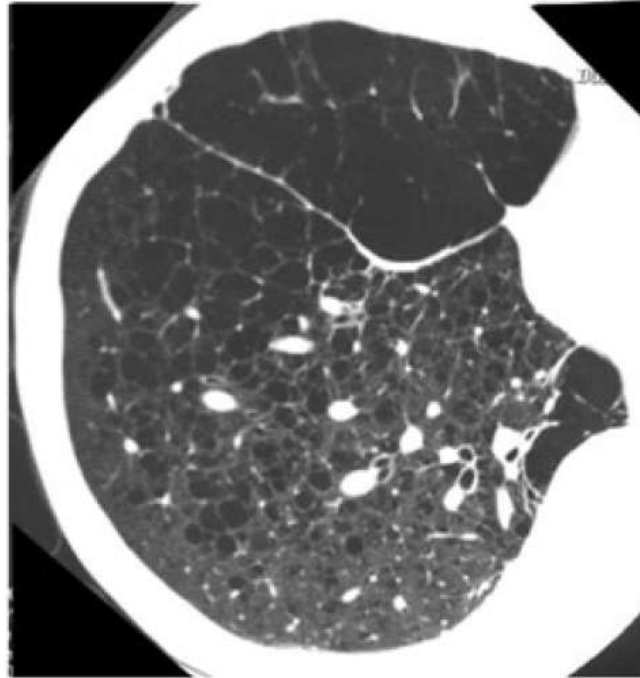
Fenotipos de la EPOC

(a) Phenotype A



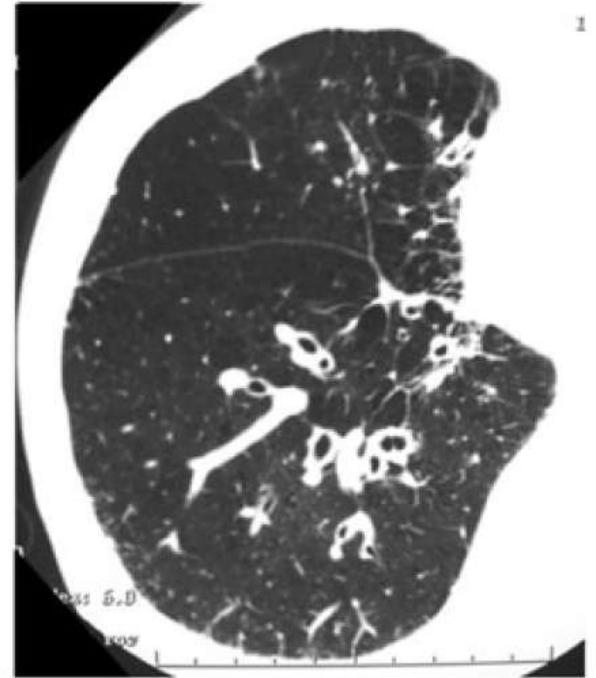
Age= 68.3
P-yr= 41.8
P. Eos= 167

(b) Phenotype E



Age= 68.1
P-yr= 54.7
P. Eos= 213

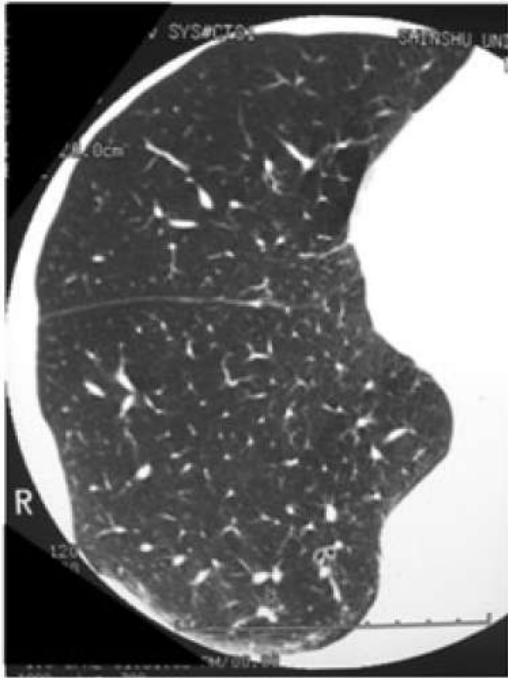
(c) Phenotype M



Age= 68.4
P-yr= 46.6
P. Eos= 265

Fenotipos de la EPOC

(a) Phenotype A

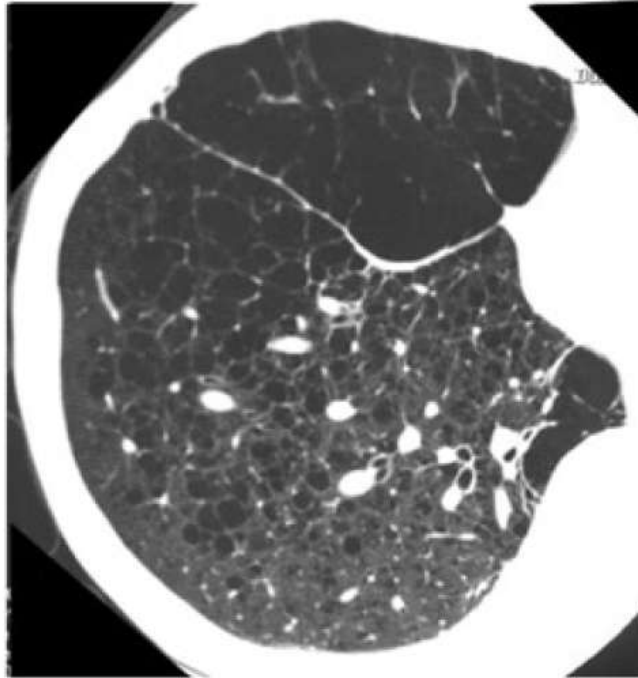


FEV1= 47.5%

Dlco= 78.2%

Ex/yr= 0.70

(b) Phenotype E

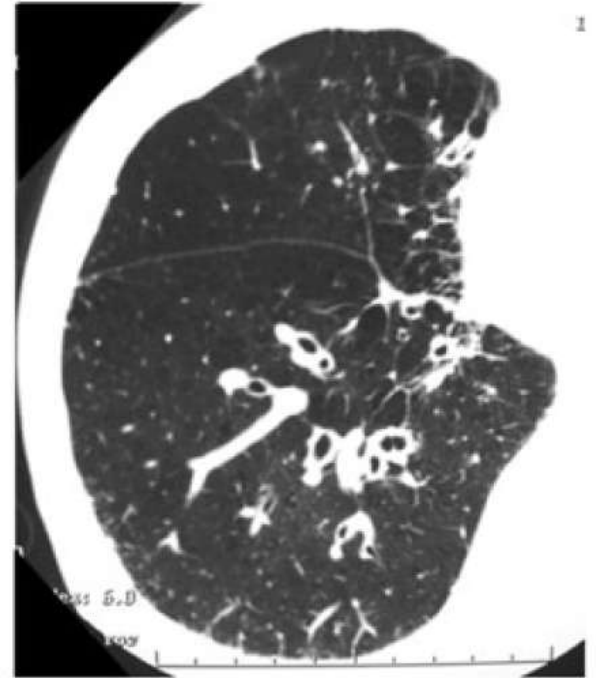


FEV1= 46.4%

Dlco= 49.3%

Ex/yr= 0.59

(c) Phenotype M



FEV1= 42.0%

Dlco= 61.6%

Ex/yr= 1.36

GesEPOC 2014

Fenotipo agudizador
(≥ 2 agudizaciones/año)

Fenotipo agudizador con enfisema

Fenotipo agudizador con bronquitis crónica

Fenotipo mixto EPOC-asma

Fenotipo no agudizador

Fenotipo no agudizador
(< 2 agudizaciones/año)

Fenotipo enfisema

Fenotipo bronquitis crónica

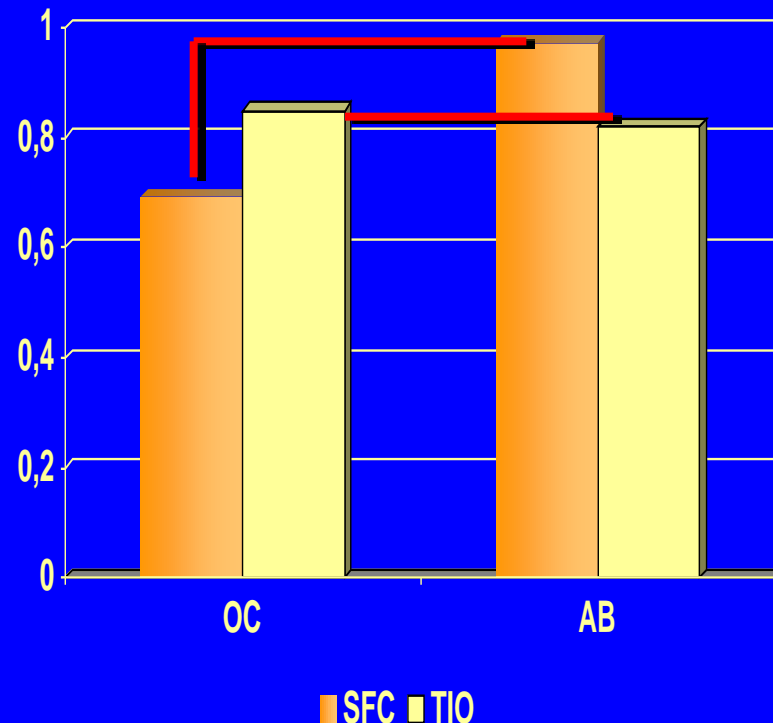
Prevención de agudizaciones

Ag/pc/año

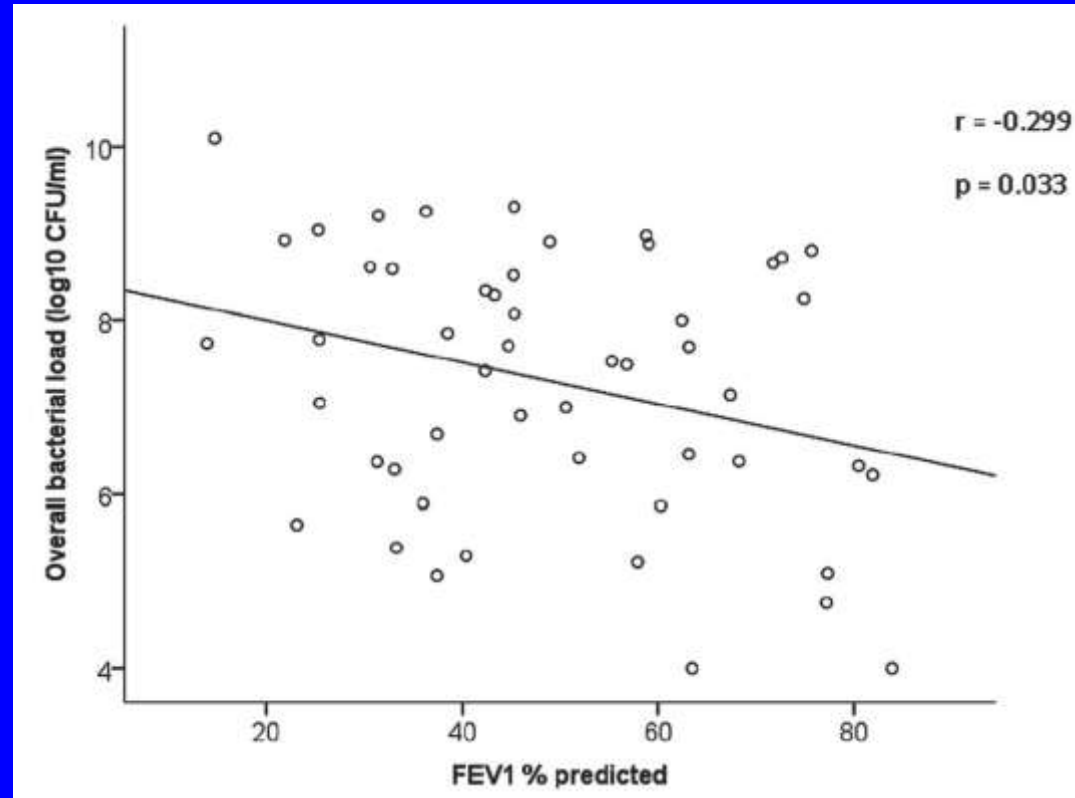
P=0.039

P=0.028

Prevención de agudizaciones con Salmeterol/Fluticasona (SFC) o Tiotropio (TIO).
OC: agudizaciones que requieren corticosteroides orales
AB: que requieren antibióticos



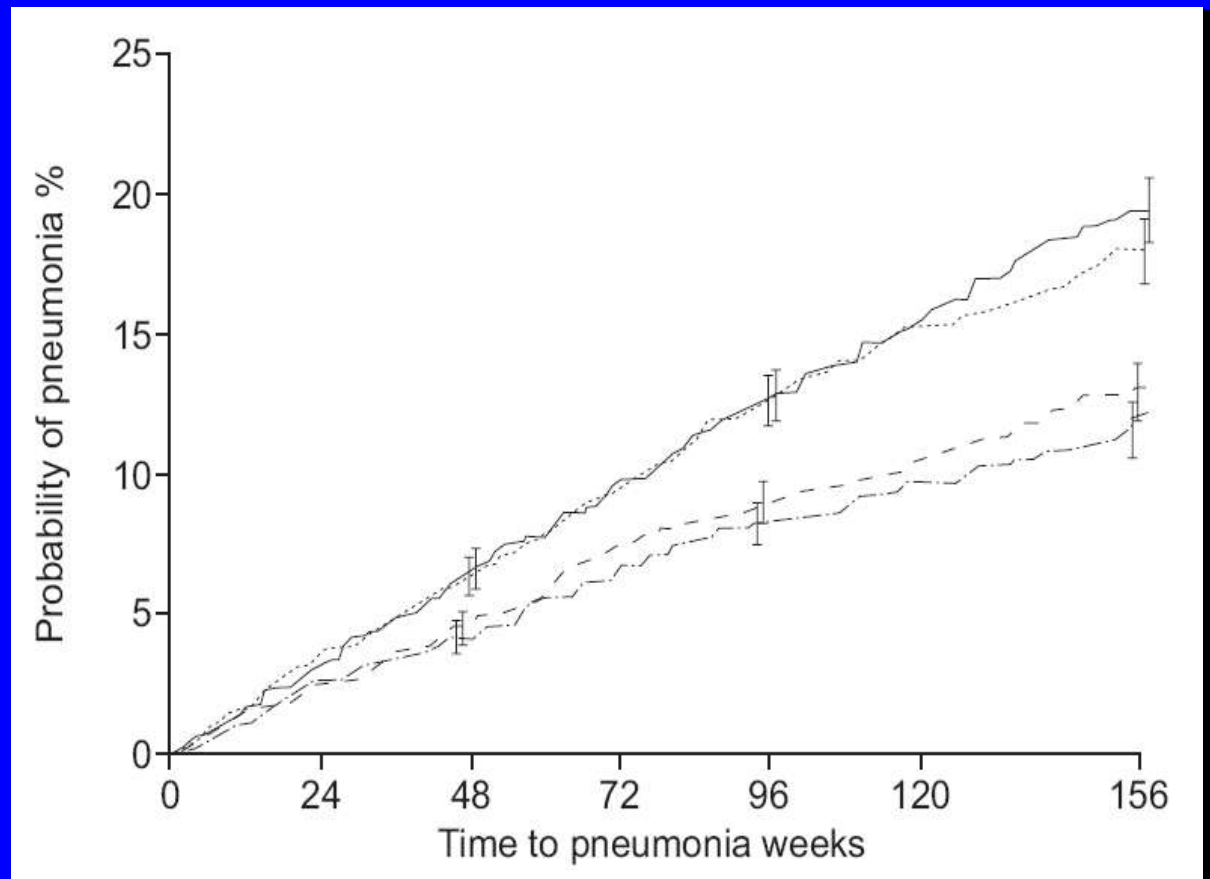
Bacterial load in COPD



Higher airway bacterial load was significantly correlated to higher ICS dosage ($r=0.382$; $p=0.008$) and corrected by age, smoking and FEV1 ($p=0.02$)

Fluticasone and CAP

Estimate of time to first pneumonia for patients taken placebo, FP, SAL and FP/SAL





ERJ Open

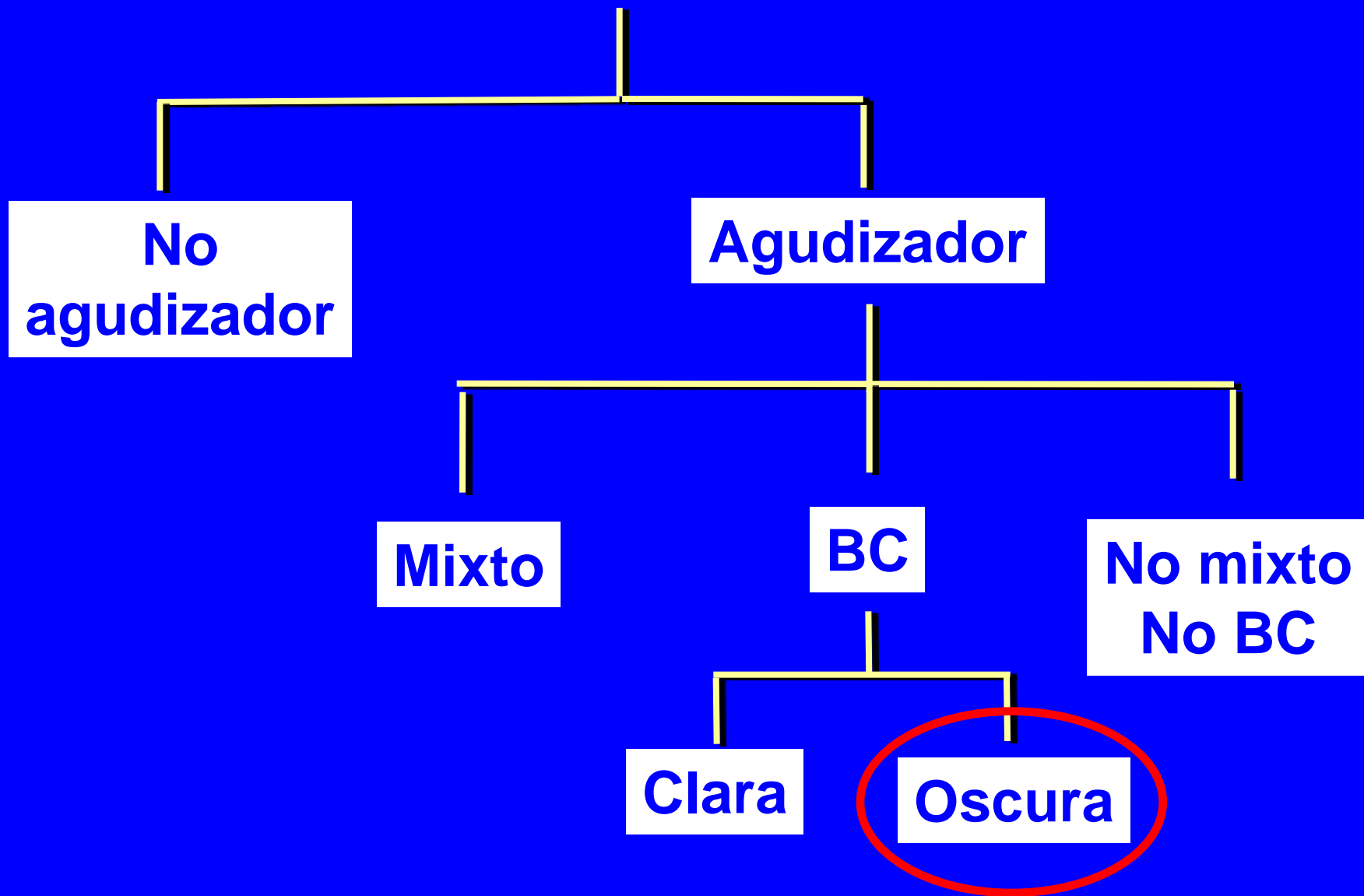
REVIEW

The role of bronchodilator treatment in the prevention of exacerbations of COPD

Jadwiga A. Wedzicha*, Marc Decramer[#] and Terence A.R. Seemungal[†]

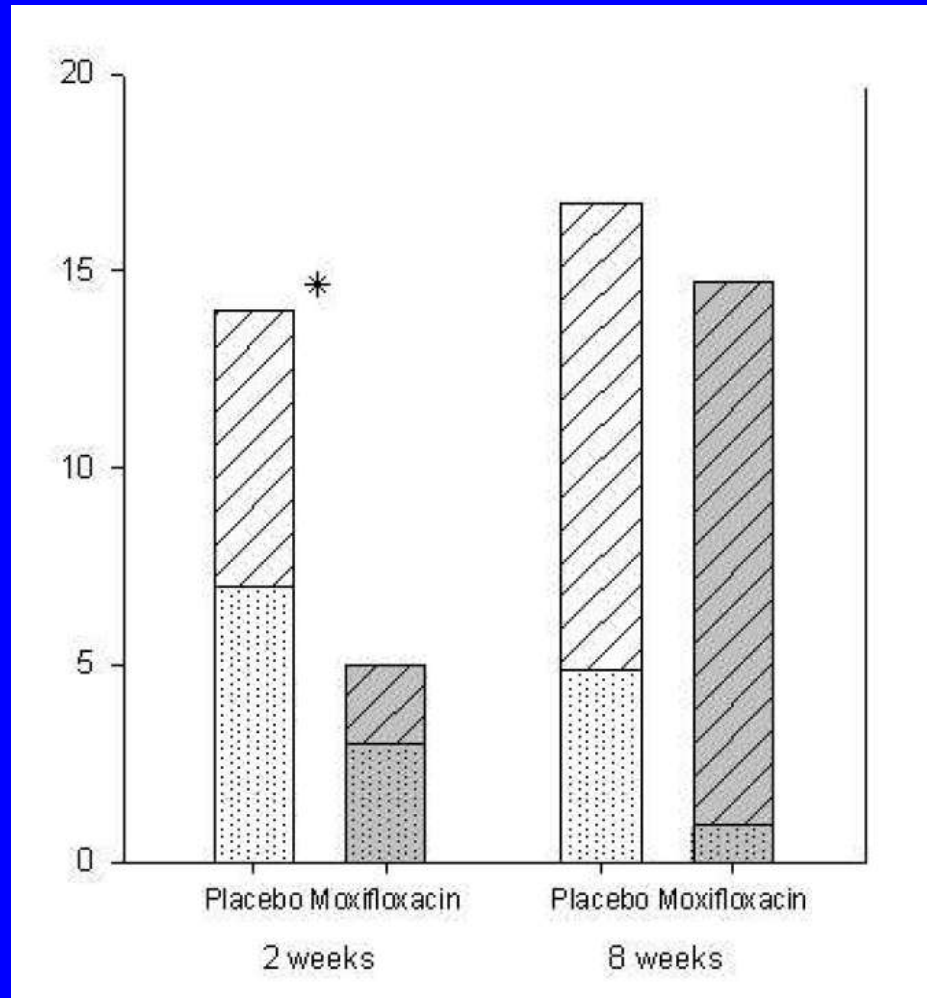
Bacteria-associated and sputum eosinophil-associated exacerbations rarely coexist and, because they are repeatable in patients with multiple exacerbations, they can be predicted from the stable state [38]; thus, it may be possible, and appropriate, to provide targeted tiotropium monotherapy in patients with bacteria-associated exacerbations, and combined bronchodilator/ICS therapy in patients with sputum eosinophil-dependent exacerbations.

EPOC



Treatment of chronic bronchial infection

Colonisation at 2 and
8 weeks.
Bottom: persistence
Upper: acquired
* $p < 0.01$



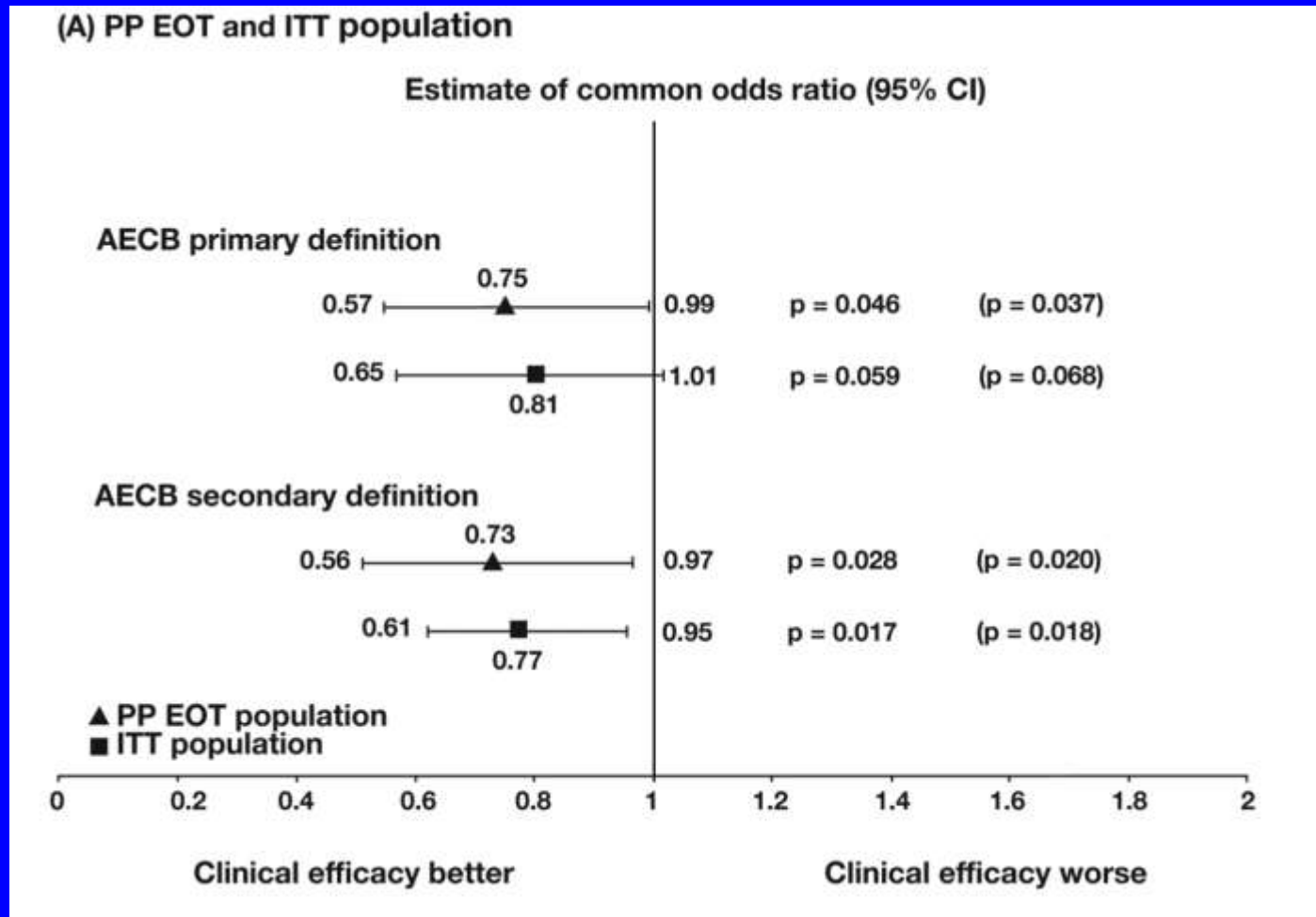
RESEARCH

Open Access

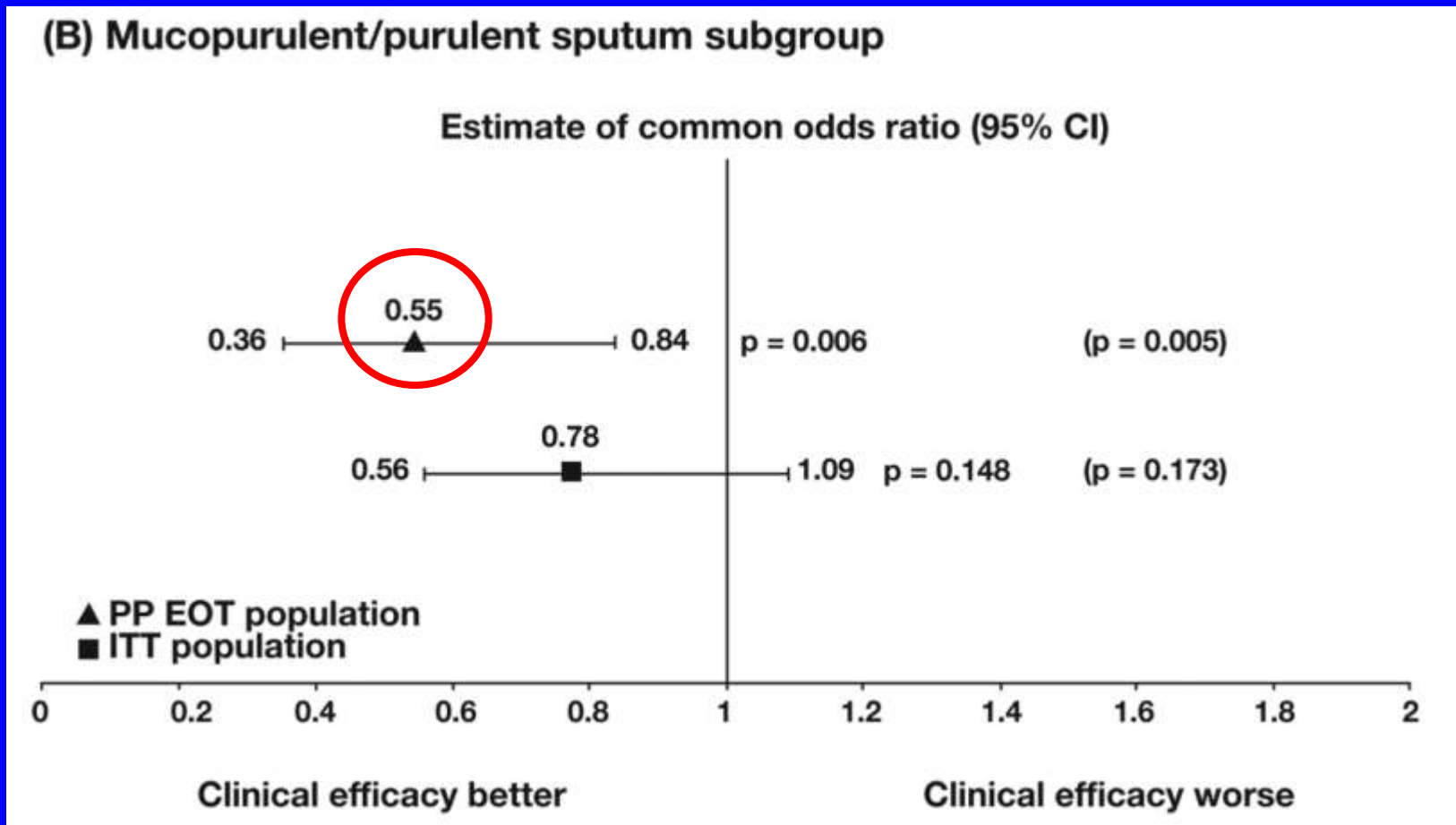
Pulsed moxifloxacin for the prevention of exacerbations of chronic obstructive pulmonary disease: a randomized controlled trial

Sanjay Sethi^{1*}, Paul W Jones², Marelize Schmitt Theron³, Marc Miravittles⁴, Ethan Rubinstein⁵, Jadwiga A Wedzicha⁶, Robert Wilson⁷, the PULSE Study group

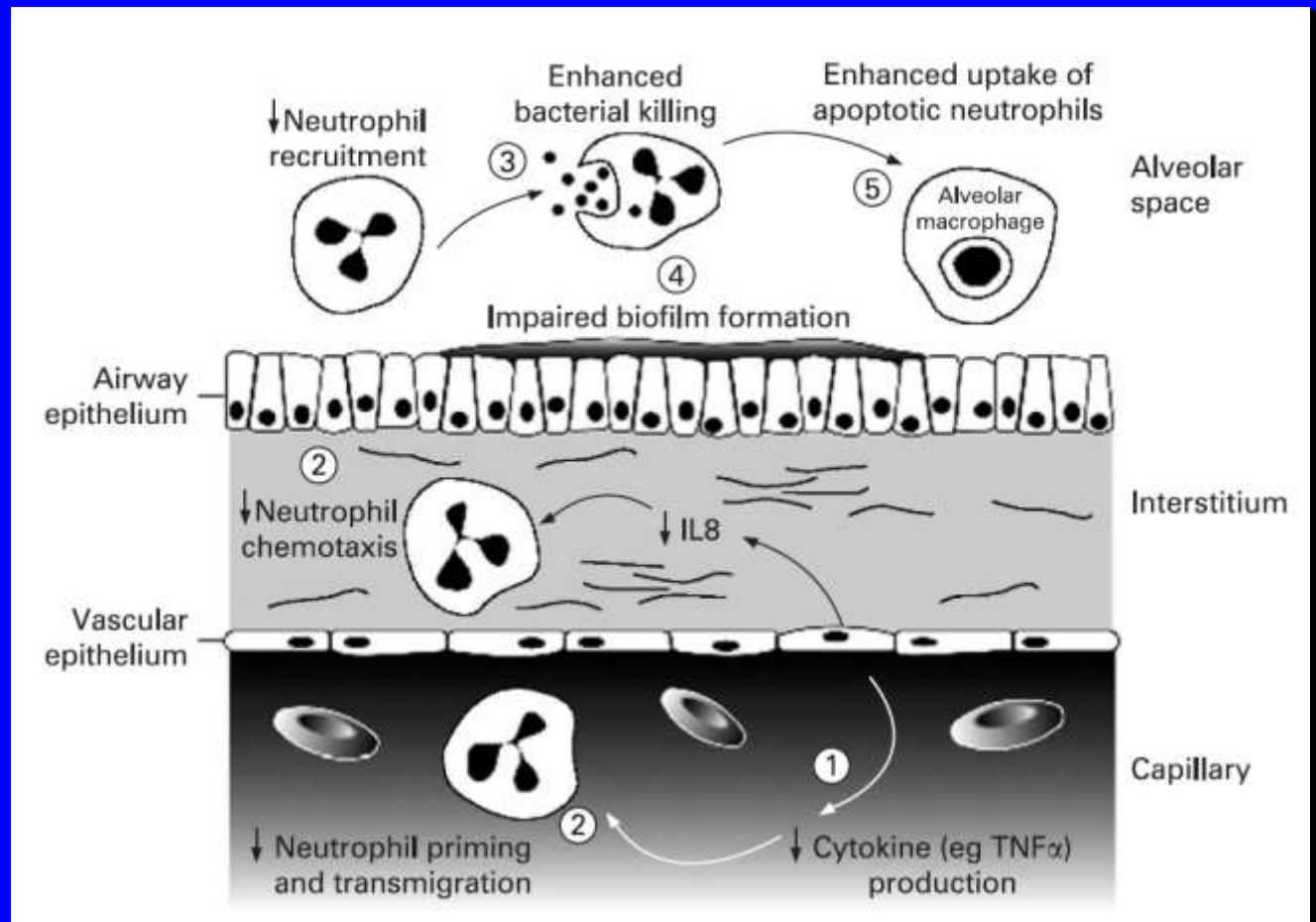
Clinical efficacy - Per protocol



Clinical efficacy Purulent/muco-purulent sputum



Azithromycin and COPD



Azithromycin and COPD

Variable	0–12 months		12–24 months		% Red	P
	without azithromycin		with azithromycin			
	Total	Mean ± SD	Total	Mean ± SD		
Overall (n = 20)						
Exacerbations (n)	136	6.8 ± 2.8	57	2.8 ± 2.5	58.9	0.000
Hospitalizations (n)	72	3.6 ± 1.9	28	1.4 ± 1.5	61.2	0.001
Hospital stay (days)	874	43.7 ± 21.4	500	25.0 ± 32.2	42.8	0.013
Common PPM group (n = 7)						
Exacerbations (n)	63	9.0 ± 2.3	19	2.7 ± 2.2	70	0.00
Hospitalizations (n)	29	4.1 ± 2.6	9	1.2 ± 1.4	70.8	0.04
Hospital stay (days)	309	44.1 ± 17.5	133	19 ± 25	57	0.05
<i>Pseudomonas aeruginosa</i> group (n = 9)						
Exacerbations (n)	42	4.6 ± 2.2	24	2.6 ± 2.0	43.5	0.04
Hospitalizations (n)	31	3.4 ± 1.6	17	1.8 ± 1.7	47.1	0.08
Hospital stay (days)	454	50.4 ± 23.9	306	34.0 ± 38.5	32.5	0.23

Abbreviations: AECOPD, acute exacerbation of chronic obstructive pulmonary disease; PPM, potentially pathogenic microorganisms; SD, standard deviation; % Red, percentage reduction.

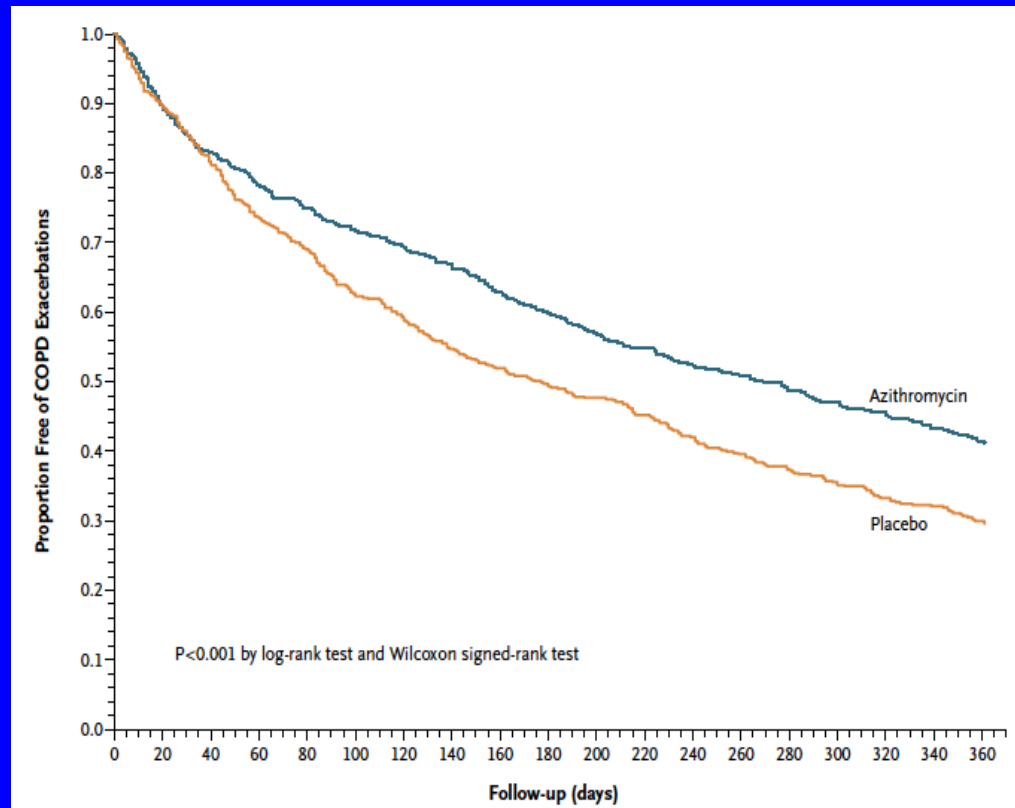
Azithromycin and COPD

RCT of AZT vs placebo in 1142 patients with COPD for one year in addition to their usual care.

Mean FEV1=40%.

Time to 1st 266 vs 174 days.

Reduction of 27% in exacerbations



Albert et al. NEJM 2011; 365: 689-698.

Utilización de antibióticos en fase estable: macrólidos

- Candidatos: Nivel de gravedad IV, agudizaciones frecuentes que precisaron múltiples tratamientos antibióticos o ingreso hospitalario en el año previo a pesar de tratamiento broncodilatador y antiinflamatorio óptimos.
- Especialmente si se detecta infección bronquial crónica por *P.aeruginosa*.
- Este tratamiento debe reservarse a centros de referencia con seguimiento clínico auditivo, de bioquímica hepática y microbiológico con estudio de sensibilidad a los antibióticos.

GesEPOC

Pharmacological treatment of COPD phenotypes according to severity levels (for severity stages I to IV)

Phenotype	Severity level			
	I	II	III	IV
Non-exacerbator	LAMA or LABA	LAMA or LABA	LAMA + LABA	LAMA + LABA + theophylline
	SABA or SAMA*	LAMA + LABA		
Mixed COPD-asthma	LABA + ICS	LABA + ICS	LAMA + LABA + ICS	LAMA + LABA + ICS (consider addition of theophylline or PDI4 if there are exacerbations and sputum)
Exacerbator with emphysema	LAMA or LABA	LABA+ ICS	LAMA + LABA + ICS	LAMA + LABA + ICS (consider addition of theophylline)
		LAMA + LABA		
		LAMA or LABA		
Exacerbator with CB	LAMA or LABA	LABA + ICS	LAMA + LABA + (ICS or PDI4)	LAMA + LABA + (ICS or PDI4)
		LAMA + LABA	(LAMA or LABA) + ICS + PDI4 (consider addition of carbocysteine)	LAMA + LABA + ICS + PDI4 (consider addition of carbocysteine)
		LAMA or LABA		Consider addition of theophylline
		(LAMA or LABA) + PDI4		Consider addition of antibiotic

Arch Bronconeumol 2014;50 (Supl 1):1-16

Hombre de 79 años

Tratamiento al alta TIO + SAL/FLU 500/50

Cambio a:

TIO + INDA + Roflumilast + NAC +
Azitromicina 500 3 días/semana



14EPOC2014

Symposium Enfermedad Pulmonar Obstruccion Crónica

Barcelona, 24 y 25 de Abril de 2014
Hotel Barceló Sants

Dirección
Josep Morera
Marc Miravittles

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