

Postgraduate Certificate (P.G.Cert.) in Advanced Ageing and Frailty Studies (30 ECTS, 1-year part-time)

Course Structure

Part Time (1y)

Course Director

Dr. Nollaig Bourke

Course Email

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Course Places

20

Overview

This is a 1 year part-time course directed towards health and social care professionals who wish to improve their knowledge and inform their clinical practice in the area of frailty and ageing.

This course will be delivered in a blended format of both online and in-person learning.

The course will expand students' knowledge and skills in the management of older adults experiencing frailty through a range of lectures, practical sessions, online group workshops and small group seminars. This will give students the opportunity to produce work which is highly relevant to the clinical environment and develop independent life-long learning skills.

www.tcd.ie/medicine/medical-gerontology/postgraduate/pgcert



Key Features

- This course offers students a comprehensive understanding of the ageing process and the theoretical underpinnings of frailty
- A significant proportion of ageing adults will experience frailty, a state of vulnerability and diminished physiological reserve caused by dysregulation across multiple physiological systems
- This course is taught by staff in the Discipline of Medical Gerontology, who have a wealth of expertise in ageing biology, clinical frailty assessment and management, and is a world-leading discipline in frailty research
- This is the only level 9 postgraduate certificate course offered on the Island of Ireland that focuses on the assessment and management of frailty
- This Postgraduate Certificate also delivers practical content related to how to assess and manage the frail older adult in a real-world clinical setting at St James's Hospital, guided by experts across a range of healthcare disciplines

Preferred Applicant Experience

This course is directed towards all health and social care professionals (doctors, nurses, pharmacists, allied healthcare professionals) or those working in a management or policy role in age related care, who wish to improve their knowledge and/or inform their clinical practice in the area of frailty.

This course will provide a comprehensive understanding of frailty that is wholly applicable for those working directly or in tandem with the clinical care of older adults.

Career Possibilities

Students who undertake this course will have the opportunity to pursue further postgraduate training in the Discipline of Medical Gerontology (PGDip, M.Sc.).